Community First Choice
Maryland's Community First Choice option provides community services and supports to enable older adults and people with disabilities to live in their own homes.

WHO SHOULD APPLY
Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and accessing the community.

ELIGIBILITY GUIDELINES

Medical and Technical Criteria
- Individuals must require an institutional level of care based on a uniform medical assessment.

Financial Criteria
- An individual's income and assets are reviewed to determine financial eligibility for community Medicaid.
- Medicaid coverage is for individuals determined to be categorically eligible or medically needy.
- Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI), Temporary Cash Assistance (TCA), or Foster Care.
- On January 1, 2014, Medicaid will cover more adults ages 19 to 64, whether they have children or not.
- A single person can make up to $15,856 per year and qualify for Medicaid.
- Medicaid coverage information can be found at https://mmcp.dhmh.maryland.gov

PERSONS INTERESTED SHOULD:
Contact Medicaid's Long Term Care and Waiver Services at:
410-767-1739 or 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.

Martin O'Malley, Governor
Anthony G. Brown, Lt. Governor
Joshua M. Sharfstein, M.D., Secretary
Maryland Department of Health Mental Hygiene
Office of Health Services
Medical Care Programs
Community Integration Programs
201 W. Preston Street, Suite 123
Baltimore, MD 21201
HOME AND COMMUNITY-BASED OPTIONS WAIVER
Maryland’s Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with physical disabilities to live in their own homes.

AVAILABLE WAIVER SERVICES
- Assisted Living
- Medical Day Care
- Family Training
- Case Management
- Senior Center Plus
- Dietitian and Nutritionist Services
- Behavioral Consultation

Waiver participants are also eligible to receive Medicaid services which may include:

Community First Choice Services
- Personal Assistance Services
- Personal Emergency Response Systems
- Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Supports Planning
- Transition Services
- Nurse Monitoring
- Home Delivered Meals

Other Services
- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment
- Payment of Medicare premiums, copayments, and deductibles

WHO SHOULD APPLY
Maryland residents aged 18 and over who need assistance with activities of daily living, such as bathing, grooming, dressing, and getting around.

ELIGIBILITY GUIDELINES

Medical and Technical Criteria
- Individuals must require a nursing facility level of care based on a uniform medical assessment.

Financial Criteria
- An individual’s income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed 300% of SSI benefits, and the countable assets may not exceed $2,000 or $2,500 (depending on eligibility category).
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

PERSONS INTERESTED SHOULD:
If you live in a nursing facility:
Contact Medicaid’s Long Term Care and Waiver Services at:
410-767-1739 or 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.

If you live in the community:
The waiver cannot accept new community applicants at this time. A Service Registry was developed for interested community individuals, please call the Waiver Services Registry at:

1-844-627-5465

Larry J. Hogan, Jr., Governor – Boyd K. Rutherford, Lt. Governor
Van T. Mitchell, Secretary
Maryland Department of Health Mental Hygiene
Office of Health Services
Medical Care Programs
Community Integration Programs
201 W. Preston Street, Suite 136
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410-767-7479