

March is

# COLORECTAL CANCER AWARENESS MONTH

## SIGNIFICANCE

Colorectal cancer is the second deadliest cancer in the United States, but it is highly preventable with regular screenings.

## SCREENING

Screening helps detect precancerous polyps, allowing for removal before they become cancer.

## GET INVOLVED

Guidelines generally recommend regular screenings beginning at age 45, though those with higher risk factors may need to start earlier.

## KNOW THE WARNING SIGNS

- Change in bowel habits
- Blood in stool or rectal bleeding
- Abdominal pain
- Unexplained weight loss



**GARRETT COUNTY**  
HEALTH DEPARTMENT

**Contact  
Autumn Friend  
at the Garrett  
County Health  
Department at  
301-334-7770  
to schedule  
your FREE  
screening!**

***Screening  
Saves Lives!***

