

Maryland 2025-2026 Respiratory Vaccine Recommendations

Age/Condition	Flu Vaccine	RSV Immunization	COVID-19 Vaccine
Infants and Children	All children six months and older ^{1 2 4} Some children 6 months to 8 years may require multiple doses	All infants <8 months and children 8-19 months with risk factors ^{1 2 4} Nirsevimab or Clesrovimab for infants less than eight months old; children 8-19 months should only receive Nirsevimab. Typically administered October-March, if no maternal RSV vaccine	All children 6-23 months and 2-18 years with risk factors, or by parental request ^{1 2}
During Pregnancy	At any point during pregnancy and to lactating individuals ^{2 3 4}	32-36 weeks gestation (Abrysvo ONLY) ^{2 3 4} Typically administered September-January	At any point during pregnancy and to lactating individuals ^{2 3}
Adults 18-50	All Adults 18-50 ^{2 4}	For pregnant individuals (see previous) ^{2 3 4}	All Adults 18-50: Especially important with risk factors or who have never received a vaccine
Adults 50+	All Adults 50+ ^{2 4} High dose, recombinant or adjuvanted flu vaccine preferred for 65+, if available	All adults 75+ and 50-74 with risk factors ^{2 4} One lifetime dose of RSV vaccine	All Adults 50+: Especially important with risk factors or who have never received a vaccine

Last updated 9/19/2025

¹ [American Academy of Pediatrics \(AAP\)](#)

² [American Academy of Family Physicians \(AAFP\)](#)

³ [American College of Obstetrics and Gynecologists \(ACOG\)](#)

⁴ [Centers for Disease Control and Prevention \(CDC\)](#)