



**Garrett County**

**Local Behavioral Health Authority  
Local Management Board  
Coordinated Community Support Partnership**

# GARRETT COUNTY HEALTH DEPARTMENT

The Local Behavioral Health Authority (LBHA), Local Management Board, Local Care Team, and Coordinated Community Support Partnership Hub are all housed within one office at the Garrett County Health Department (GCHD) and are overseen by one director, Fred Polce, Jr.





# Local Behavioral Health Authority

- Serves as the management entity for publicly funded mental health and substance related disorder services.
- Works to integrate existing services and expand its currently available services.
- Assists individuals within the Public Behavioral Health System (PBHS) in receiving medication, transportation to services, housing, and employment.
- Works with partner agencies in the county to provide resources for individuals enrolled in the PBHS

# Local Management Board

- The Governor's Office for Children defines Result Areas with corresponding Indicators
- The LMB reviews data related to each Result and Indicator and compares Garrett County with other Maryland Counties and state averages
- The LMB, utilizing data (related to Results and Indicators, and other local data) and community feedback, prioritizes Result Areas and Indicators and makes funding decisions that aim to impact those areas in a positive way

The Local Management Board provides funding for the following community Programs:

- Healthy Families
- Learning Beyond the Classroom
- Community Education on ACEs/HOPE Curriculum
- Garrett Resource Guide Promotion
- Community Baby Showers
- Power Up Parent Conference
- Benefits Access Coordination
- Fiscal Mapping Activities

-The LMB also provides oversight for Partner After School Enrichment Activities provided through the United Way Grant.

# Local Care Team

The LMB serves as the neutral convener for the Local Care Team (LCT). The LCT is an inter-agency council designed to provide support to families of children struggling with emotional, educational, mental and/or legal issues through problem solving discussions.

## Partner Agencies:

- GCHD (Center for Behavioral Health)
- Maryland Coalition of Families
- Department of Juvenile Services
- Department of Social Services
- Developmental Disabilities Administration
- Garrett County Public Schools
- Local Behavioral Health Authority and Local Management Board
- Maryland Division of Rehabilitation Services

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# Coordinated Community Supports Partnership

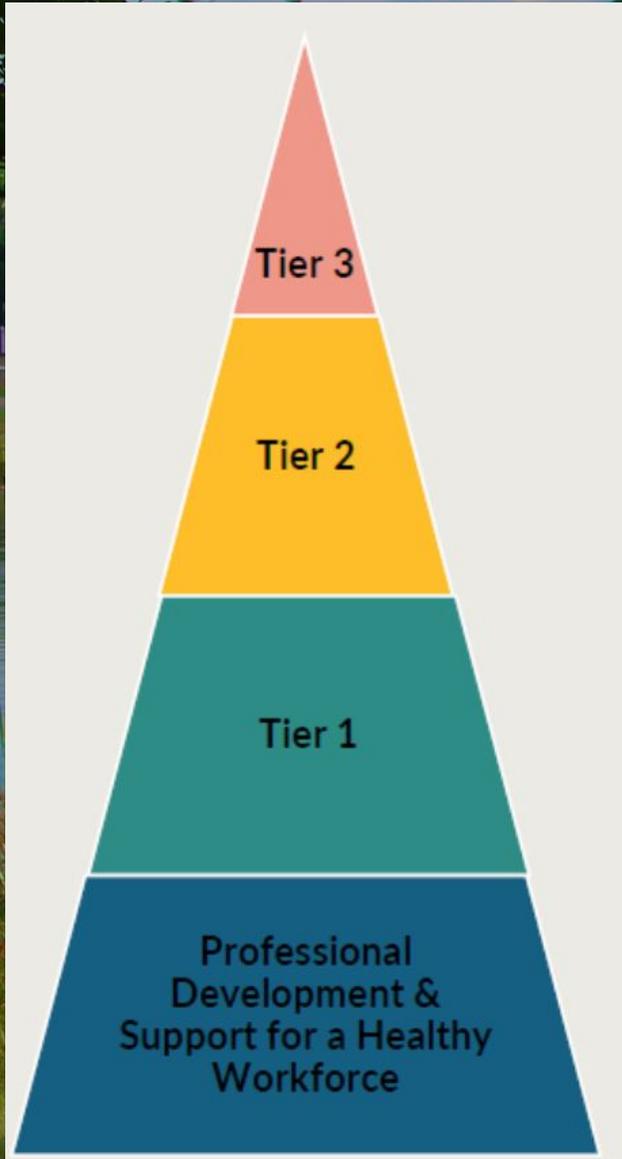
## The Hub

- Serves as a central point of connection, linking students and families with essential behavioral health services
- Streamlines access to care, ensuring that students receive the support through collaborative partnerships with local education agencies, service providers, and community organizations
- By focusing on a streamlined referral system, needs assessment, consistent communication, and data-driven evaluation, the Hub strives to improve student wellbeing, enhance family support, and build community capacity for behavioral health.
- The goal is to create a healthier and more supportive environment for all.

# Asset Mapping

\*Data is specific to the CHRC Asset Map  
and current as of Nov.1, 2024 (SY 23-24)

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Treatment services and supports (Tier 3) to address mental health concerns are provided for students who are already experiencing significant distress and functional impairment.

*Examples include individual, group, or family therapy for students who have identified, and often diagnosed, social, emotional, and/or behavioral needs.*

Early intervention services and supports (Tier 2) to address mental health concerns are provided for students who have been identified through needs assessments, screening, referral, or other school teaming processes as experiencing mild distress or functional impairment or being at risk for a given problem or concern. When problems are identified early and supports put in place, positive youth development is promoted, and problems can be eliminated or reduced.

*Examples include small group interventions for students identified with similar needs (e.g., chronically absent students), brief individualized interventions (e.g., motivational interviewing, problem solving), mentoring, and/or low-intensity classroom-based supports such as a daily report card or daily teacher check-in.*

Mental health promotion services and supports (Tier 1) are mental health-related activities, including promotion of positive social, emotional, and behavioral skills and well-being, which are designed to meet the needs of all students regardless of whether they are at risk for mental health problems. These activities might also include efforts to support a positive school climate and staff well-being. These activities can be implemented school-wide, at the grade level, and/or at the classroom level.

*Examples include school-wide curricular lessons and grade-level or classroom presentations for all students regardless of whether they are at risk for mental health problems.*

Professional development and support for a healthy workforce involves building on and learning new skills and having access to resources related to effective practices and strategies to promote student well-being, educator and staff well-being, and positive school environments.

*Examples of topics may include motivational interviewing, mental health literacy, and mindfulness. Formats may include continuing education opportunities, graduate coursework, and workshops. and active discussions.*

## Service Providers in the Garrett County Hub

- Center for Behavioral Health

The Garrett County Center for Behavioral Health provides comprehensive Tier III (intensive) mental health services to all Garrett County Public Schools (GCPS) for Pre K-12th grade students.

- Health Education and Outreach (HEO)

The Garrett county Health Department's Health Education and Outreach (HEO) Unit focuses on Tier I (prevention) services through its Partners After School (PAS) program, in collaboration with the Health Departments Behavioral Health (BH) Unit.

- Mountain Laurel Medical Center (MLMC)

Mountain Laurel Medical Center (MLMC) offers comprehensive Tier II (moderate) and Tier III (intensive) behavioral health services to K-12 school aged children in Garrett County Public Schools. These services are provided at their Oakland and Grantsville office locations, with transportation assistance available. MLMC does not provide direct services inside school.

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# Needs Assessment

The Needs Assessment template from CHRC and NCSMH asked Hubs to consider:

- publicly available data
- input from students and families
- input from school district, including data from the SHAPE System

\*Data is specific to the CHRC Asset Map and is current as of Nov.1, 2024 (SY 23-24)

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## Schools in the District (SY 25-26)

- Total # of public schools in the district: 12
- # of Title I schools in the district: 8
- # of Community Schools in the district: 5
- Current Enrollment: 3,405

Data can be found at [Title I Schools](#) and [Current Enrollment](#)



**The behavioral health concerns that families identified as most pressing include:**

- Mental Health
- Vaping
- Substance Use (including parental/family substance misuse)
- Lack of resources for mental health
- Bullying
- Student behaviors/disruptions

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\*Data from Hub Pilot Needs Assessment

	% of <b>Middle School</b> Students Endorsed Total Surveyed: 450	% of <b>High School</b> Students Endorsed Total Surveyed: 617
<b>Rate of students who have been bullied on school property</b> (ever during the 12 months before the survey)	<b>42.5%</b>	<b>21.9%</b>
<b>Rate of students who felt sad or hopeless almost every day for more than 2 weeks</b> (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	<b>31%</b>	<b>37.7%</b>
<b>Rate of students who ever seriously thought about killing themselves/seriously considered attempting suicide</b> (during the 12 months before the survey)	<b>23.4%</b>	<b>21.5%</b>
<b>Rate of students who currently drank alcohol</b> (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	<b>9.1%</b>	<b>28.9%</b>
<b>Rate of youth who currently used marijuana</b> (one or more times during the 30 days before the survey)	<b>2.2%</b>	<b>19.5%</b>

\*Data from Hub Pilot Needs Assessment

# **Additional Needs Assessment used by LBHA/LMB/Hub 2025-2027 Community Health Assessment**

- Access to health care was at the top of the survey results
- Mental health ranked number 4

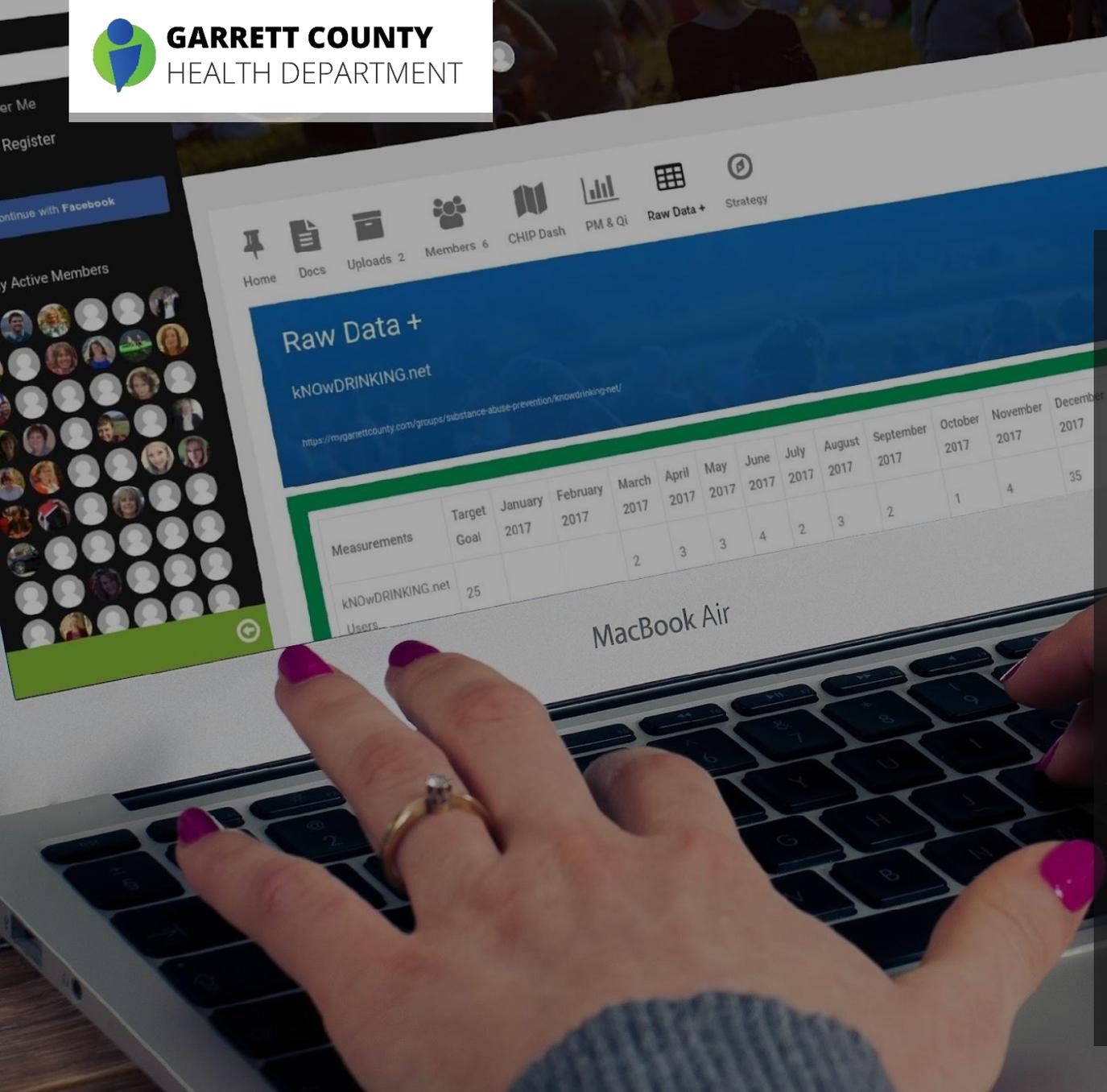
[2025-2027 Community Health Assessment](#)

# Update

## Mountain Laurel Medical Center (MLMC) Success Story:

Expanded access to behavioral health (BH) services for students. They removed the requirement for students to use MLMC as their primary care provider (PCP), which was a significant barrier in our rural community. This change allows more students to receive crucial BH support while keeping their established relationships with other PCPs. By addressing this critical need, MLMC has made vital resources more widely available.

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- The Garrett County Planning Tool, found at [mygarrettcountry.com](https://mygarrettcountry.com), is a nationally-recognized model practice and public health innovation developed by the Garrett County Health Department's Population Health, Innovation, and Informatics Unit under the direction of founder and Garrett County Chief Health Strategist Shelley Argabrite, with local Informatics Administrator, John Corbin.
- Our LBHA and LMB, includes [mygarrettcountry.com](https://mygarrettcountry.com) into all contracts that the vendor creates a group on mygarrettcountry.com to record performance measures and outcomes.
- Information is used to help create the community health assessment, Health Department annual report, and the GCLBHA Annual Strategic Plan.



Behavioral Health  
Provider Guide



Garrett County  
Resource Guide



MyGarrettCounty.com