



GARRETT COUNTY
HEALTH DEPARTMENT

GARRETT COUNTY, MARYLAND

CHILD & ADOLESCENT HEALTH DATA UPDATE



John Corbin

Garrett County Health Department
Communications, Data Science, & Informatics Administrator



GARRETT COUNTY

Community

HEALTH ASSESSMENT

Garrett County, Maryland

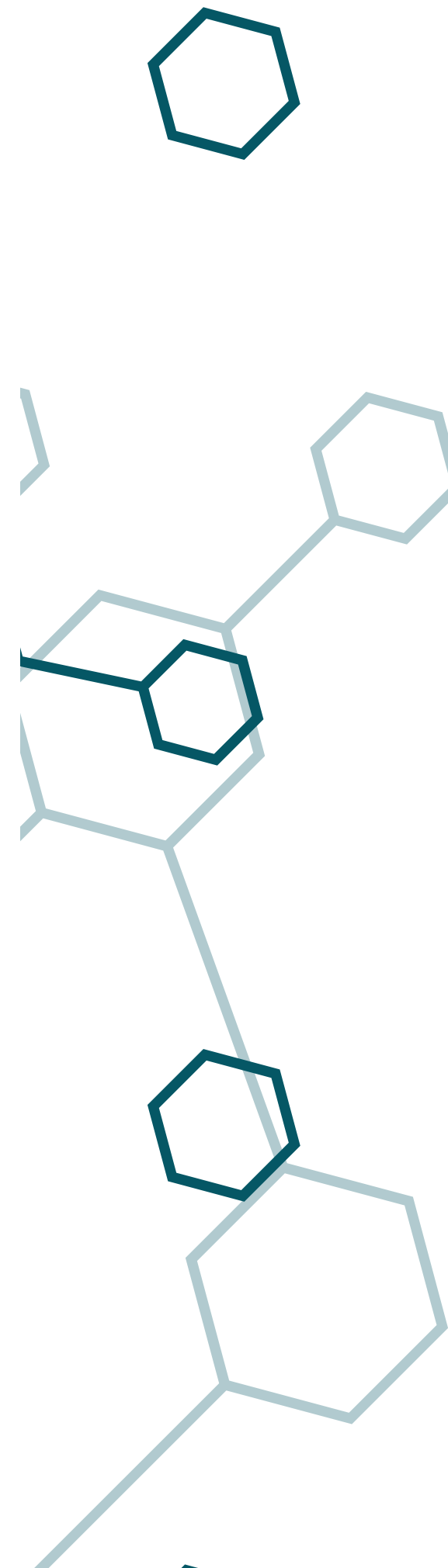
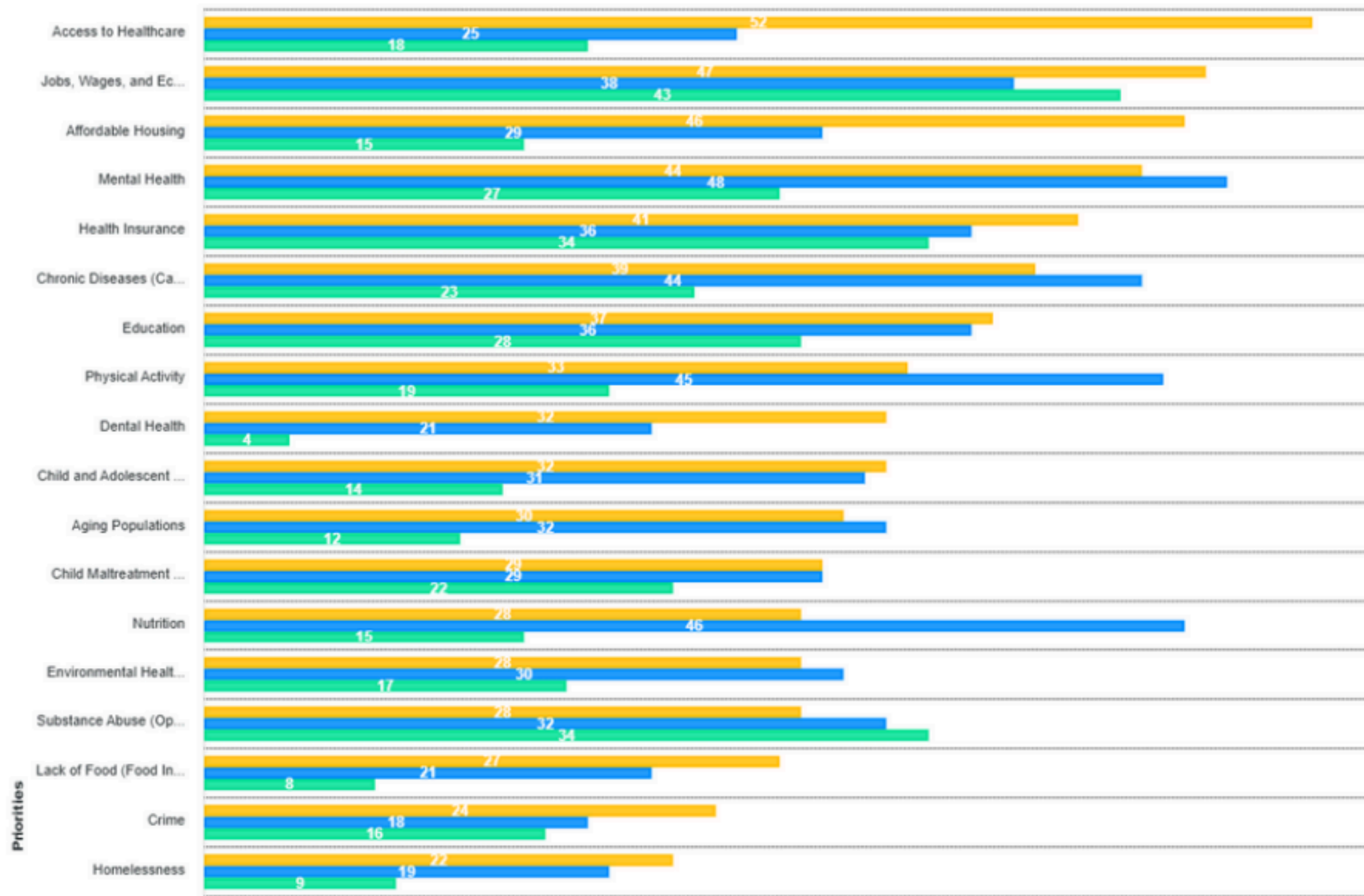
1025 Memorial Drive, Oakland, Maryland 21550 | 301-334-7777 | garretthealth.org

2025-2027 CHNA

The primary aim of the Community Health Needs Assessment is to derive the priorities, as set by community stakeholders, better understand the complexities of the top priorities identified, and aggregate available data to prepare strategies for the Community Health Improvement Plan.



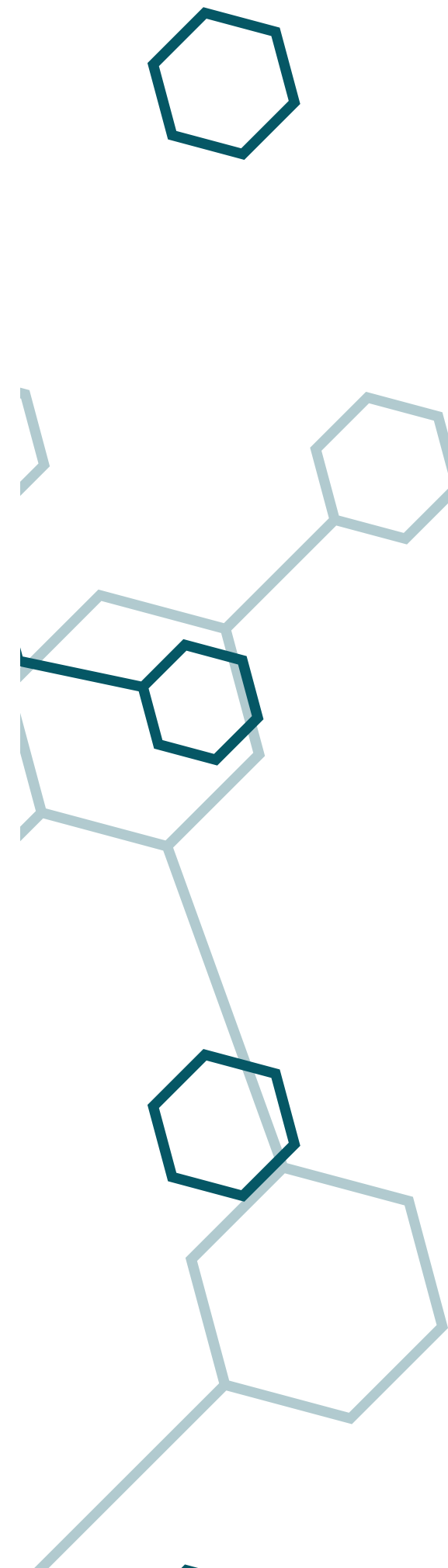
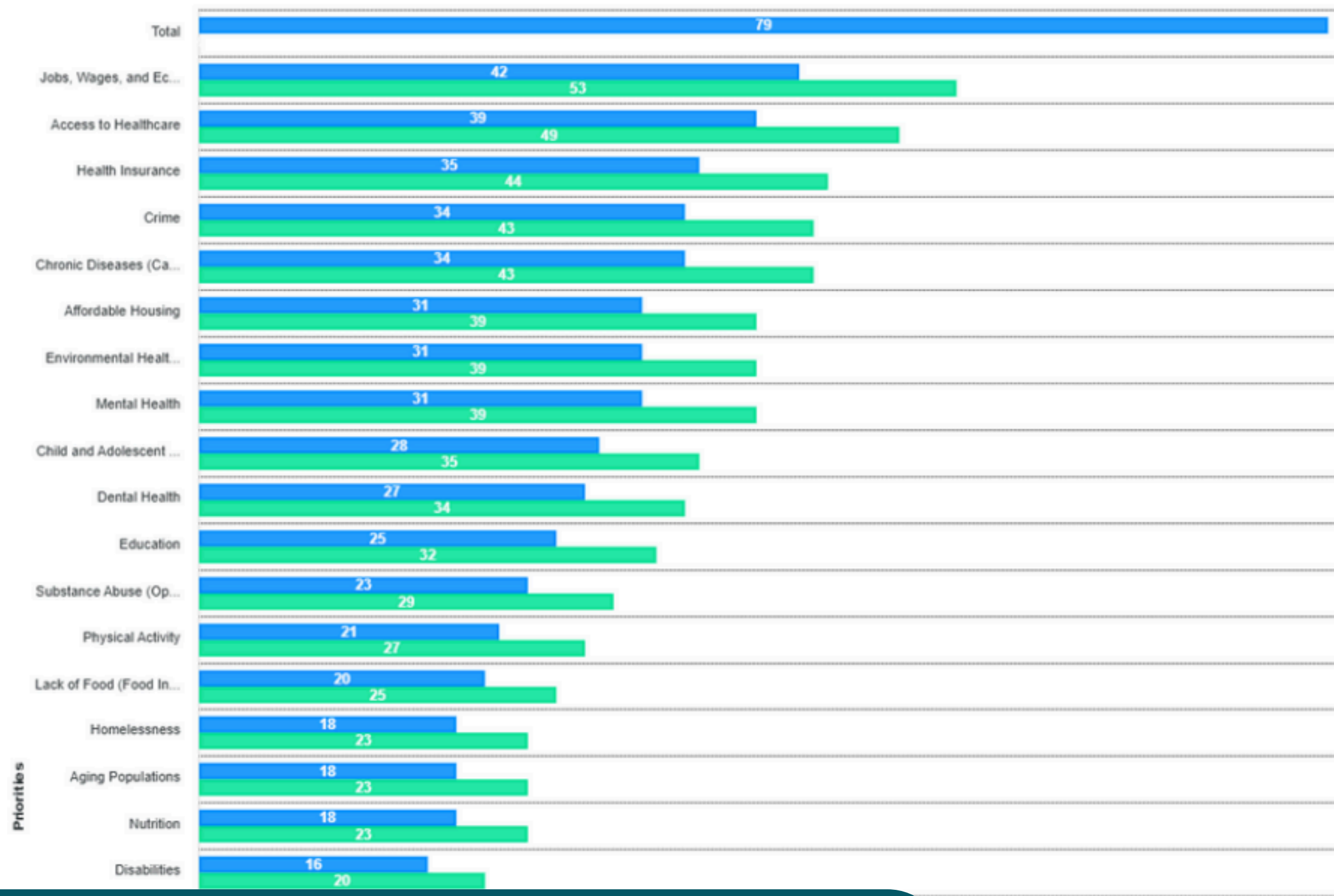
PRIORITIZATION COMPARISON



Source:
<https://mygarrettcountry.com/cha2027/> (CHNA Narrative)

COMMUNITY SNAPSHOT - 21538 (KITZMILLER)

2027 CHA - 21538 (Kitzmilller)

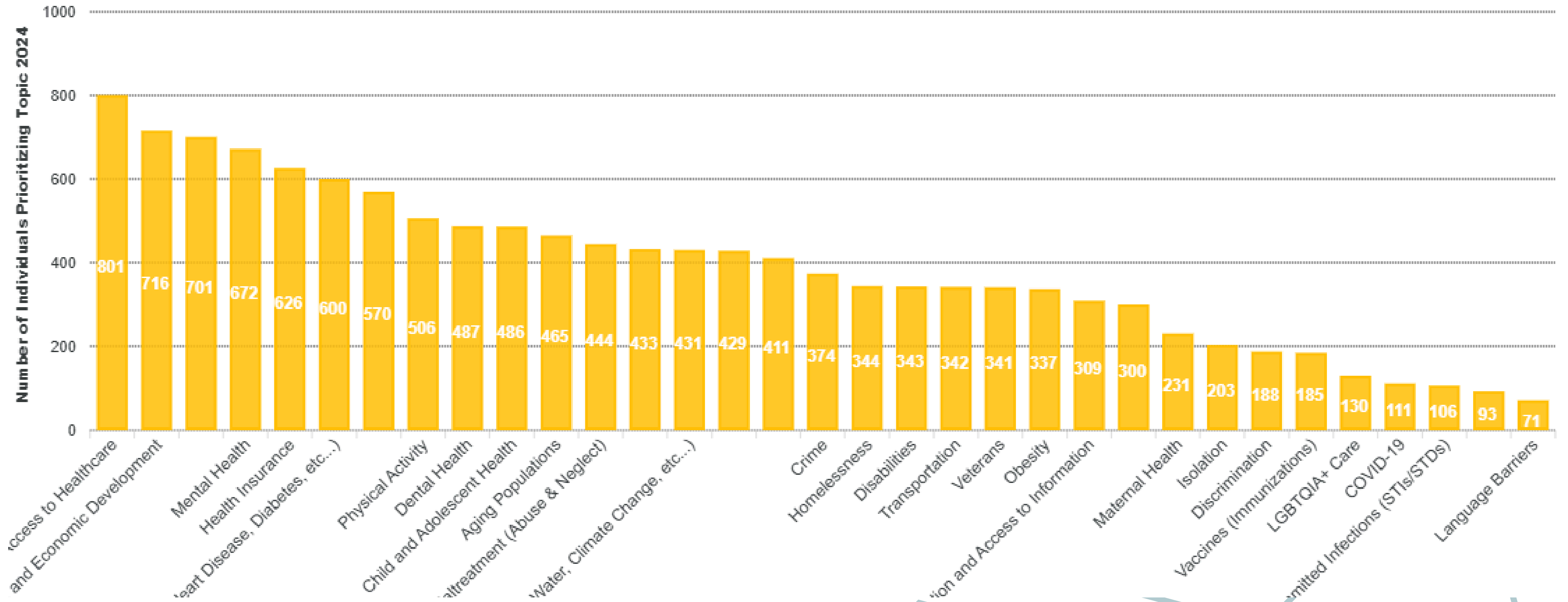


Source:

<https://mygarrettcountry.com/cha2027/> (CHNA Narrative)

2027 Prioritization Rankings

Number of Individuals Prioritizing Topic 2024



Source:
<https://charp.garrettcountyapps.com>

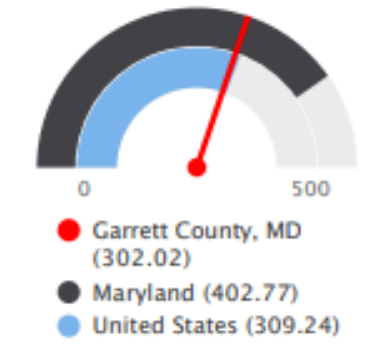
Access to Care - Mental Health Providers

This indicator reports the number of providers with a CMS National Provider Identifier (NPI) that specialize in mental health. Mental health providers include licensed clinical social workers and other credentialed professionals specializing in psychiatry, psychology, counseling, or child, adolescent, or adult mental health. The number of facilities that specialize in mental health are also listed (but are not included in the calculated rate). Data are from the latest Centers for Medicare and Medicaid Services (CMS) National Provider Identifier (NPI) downloadable file.

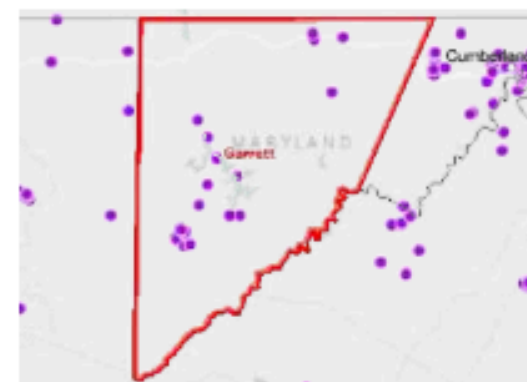
Within the report area there are 87 mental health providers with a CMS National Provider Identifier (NPI). This represents 302.02 providers per 100,000 total population.

Report Area	Total Population (2020)	Number of Facilities	Number of Providers	Providers, Rate per 100,000 Population
Garrett County, MD	28,806	27	87	302.02
MD 21520	2,060	0	1	51.77
MD 21521	1,171	0	0	13.56
MD 21523	271	0	0	67.77
MD 21531	2,176	0	1	25.13
MD 21532	13,328	3	11	83.53
MD 21536	4,029	1	5	130.50
MD 21538	622	0	0	67.77
MD 21539	2,536	0	1	34.20
MD 21541	1,626	1	1	62.50
MD 21550	13,499	22	72	531.55
MD 21561	2,571	0	4	140.55
MD 21562	2,857	0	2	54.58
Maryland	6,177,224	6,389	24,880	402.77
United States	334,735,155	139,308	1,035,137	309.24

Mental Health Care Providers, Rate per 100,000 Population



Note: This indicator is compared to the state average.
Data Source: Centers for Medicare and Medicaid Services, CMS - National Plan and Provider Enumeration System (NPPES), October 2024.



Mental Health Providers, CMS NPPES October 2024

- Mental Health Providers, CMS NPPES October 2024
- Garrett County, MD

Source:

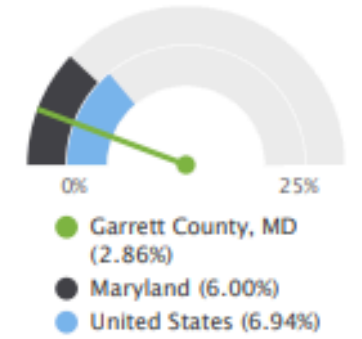
<https://mygarrettcounty.com/cha2027/> (Garrett County Zip Code-Level Report)

Young People Not in School and Not Working

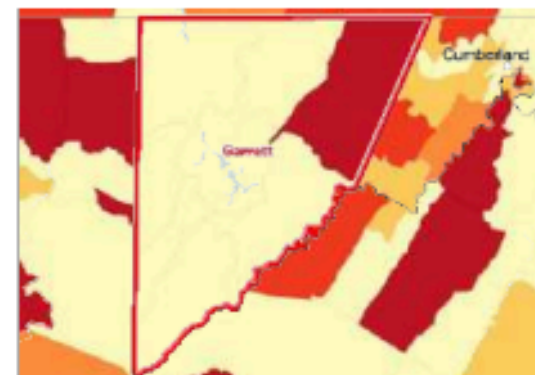
This indicator reports the percentage of youth age 16-19 who are not currently enrolled in school and who are not employed. The report area has a total population of 1,399 between the ages, of which 40 are not in school and not employed.

Report Area	Population Age 16-19	Population Age 16-19 Not in School and Not Employed	Population Age 16-19 Not in School and Not Employed, Percent
Garrett County, MD	1,399	40	2.86%
MD 21520	74	0	0.00%
MD 21521	36	9	25.00%
MD 21523	24	0	0.00%
MD 21531	66	0	0.00%
MD 21532	1,464	40	2.73%
MD 21536	417	12	2.88%
MD 21538	26	0	0.00%
MD 21539	91	15	16.48%
MD 21541	99	0	0.00%
MD 21550	598	3	0.50%
MD 21561	41	1	2.44%
MD 21562	190	12	6.32%
Maryland	315,342	18,908	6.00%
United States	17,571,402	1,220,306	6.94%

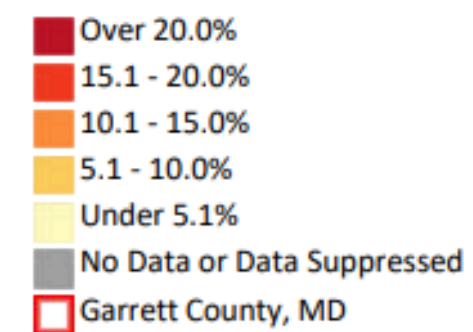
Population Age 16-19 Not in School and Not Employed, Percent



Note: This indicator is compared to the state average.
Data Source: US Census Bureau, American Community Survey, 2018-22.

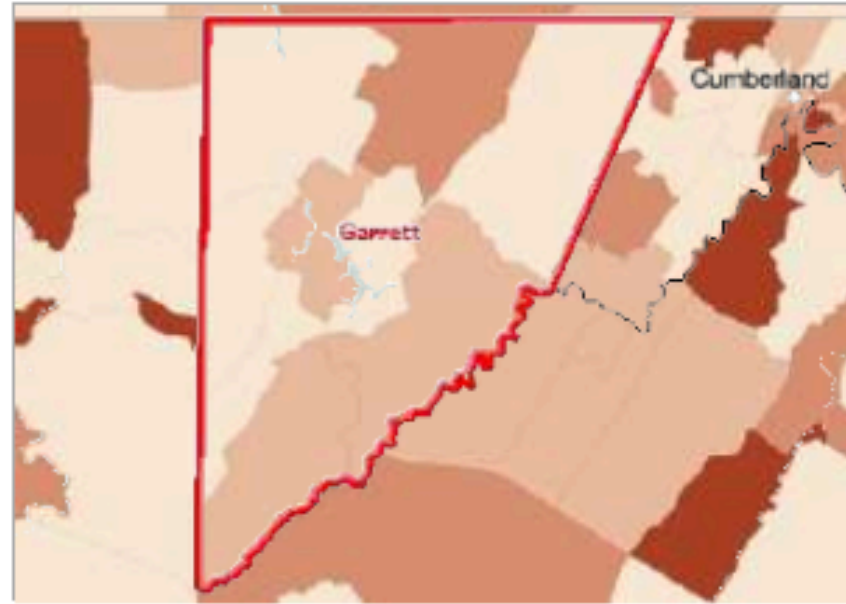


Youths Not Enrolled in School and Not Employed, Percent by Tract, ACS 2018-22



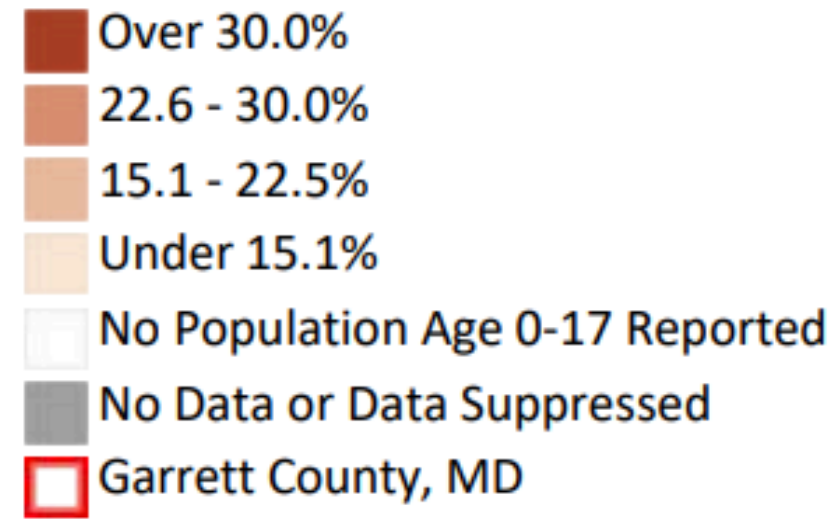
Source:

<https://mygarrettcountry.com/cha2027/> (Garrett County Zip Code-Level Report)



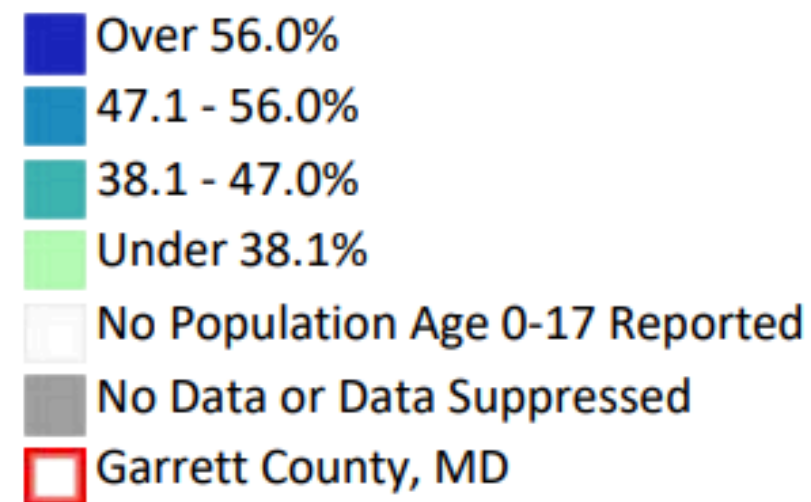
[View larger map](#)

Population Below the Poverty Level, Children (Age 0-17), Percent by Tract, ACS 2018-22



[View larger map](#)

Population Below 200% Poverty Level, Children (Age 0-17), Percent by Tract, ACS 2018-22

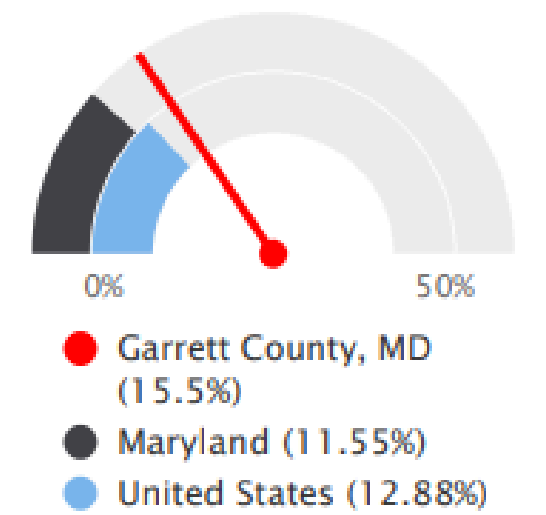


Source:

<https://mygarrettcounty.com/cha2027/> (Garrett County Zip Code-Level Report)

Report Area	Total Population	Food Insecure Population, Total	Food Insecurity Rate
Garrett County, MD	28,903	4,480	15.5%
MD 21520	2,066	320	15.5%
MD 21521	1,169	201	17.19%
MD 21523	271	42	15.5%
MD 21531	2,183	338	15.5%
MD 21532	13,309	2,278	17.12%
MD 21536	4,042	626	15.5%
MD 21538	624	96	15.5%
MD 21539	2,534	428	16.92%
MD 21541	1,631	252	15.5%
MD 21550	13,544	2,099	15.5%
MD 21561	2,579	399	15.5%
MD 21562	2,851	492	17.28%
Maryland	6,151,278	710,670	11.55%
United States	331,148,169	42,657,200	12.88%

Percentage of Total Population with Food Insecurity



Note: This indicator is compared to the state average.
Data Source: Feeding America. 2022.

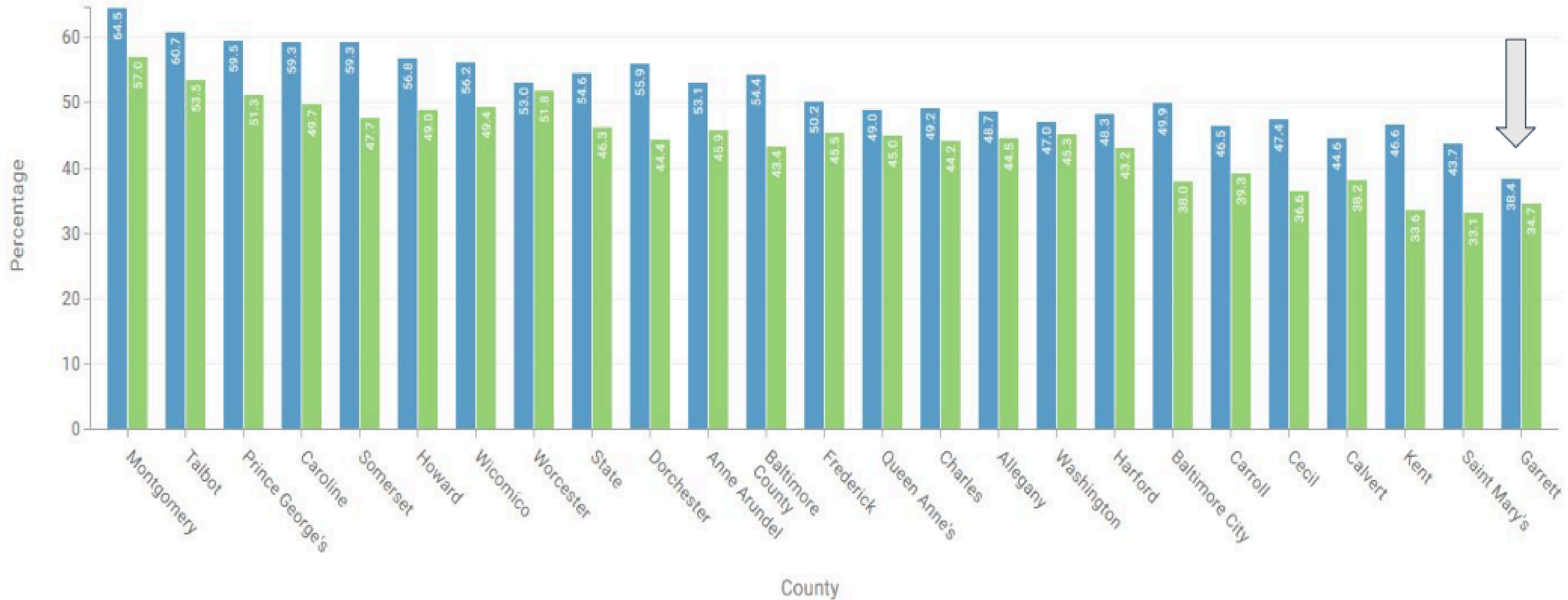
Source:

<https://mygarrettcountry.com/cha2027/> (Garrett County Zip Code-Level Report)

✓ **UPDATED FOR**
2024

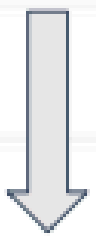
MD SHIP Adolescent Well Child Checks

2017 vs. 2020 Comparison - County Level Data - All Races/Ethnicities (GC Data Not Available in 2021 Dataset)



Edit

2017
2020



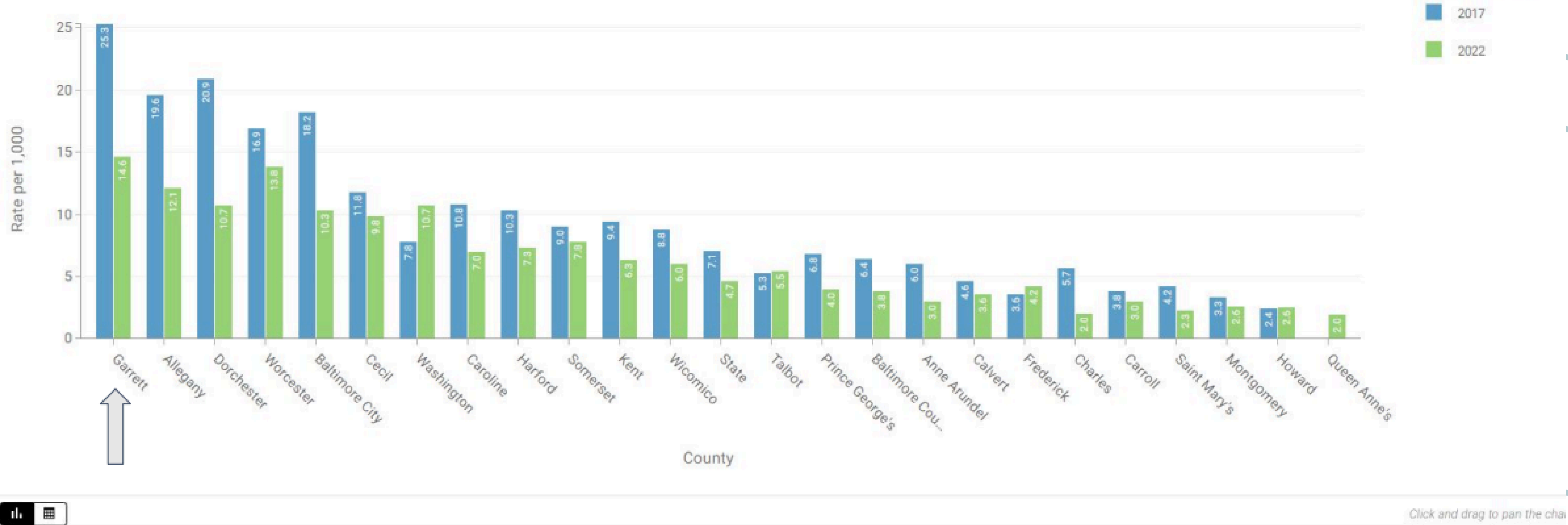
Source:
<https://garretthealth.org/wp-content/uploads/2024/05/2024-Status-of-Health.pptx.pdf>

[Wellness%20Checkup%20in%20the%20Last%20Year.pdf](#)

✓ **UPDATED FOR**
2024

MD SHIP Child Maltreatment

2017 vs. 2022 Comparison - County Level Data - All Races/Ethnicities



Methodology: <https://health.maryland.gov/pophealth/Documents/SHIP/SHIP%20Lite%20Data%20Details/Child%20Maltreatment%20Rate.pdf>

Source:

<https://garretthealth.org/wp-content/uploads/2024/05/2024-Status-of-Health.pptx.pdf>

Priority Area 3: Women's Health



Goal 1: Improve maternal health outcomes through improved maternal care before, during and after pregnancy

Target: Healthy People 2030.

Target: Developed with the MDH Maternal and Child Health Bureau

OBJECTIVE 3.1.1: By 2029, reduce the rate of **preterm births** from 10.7% to 9.4%.

OBJECTIVE 3.1.2: By 2029, reduce the **infant mortality rate** from 6.5 per 1,000 live births to 5.2 per 1,000 live births.

OBJECTIVE 3.1.3: By 2029, reduce the percentage of babies born with **low birth weight** from 8.5%.

Strategy: Expand the use of preterm birth risk prevention and risk stratification models and other tools to identify women at risk for preterm birth.



Strategy: Promote tobacco cessation among pregnant women.



Strategy: Promote cessation of other substance use, including marijuana, among pregnant women.



Strategy: Expand and increase the number of early child home visiting programs (e.g. Healthy Families of America, Family Connects Frederick County etc.)

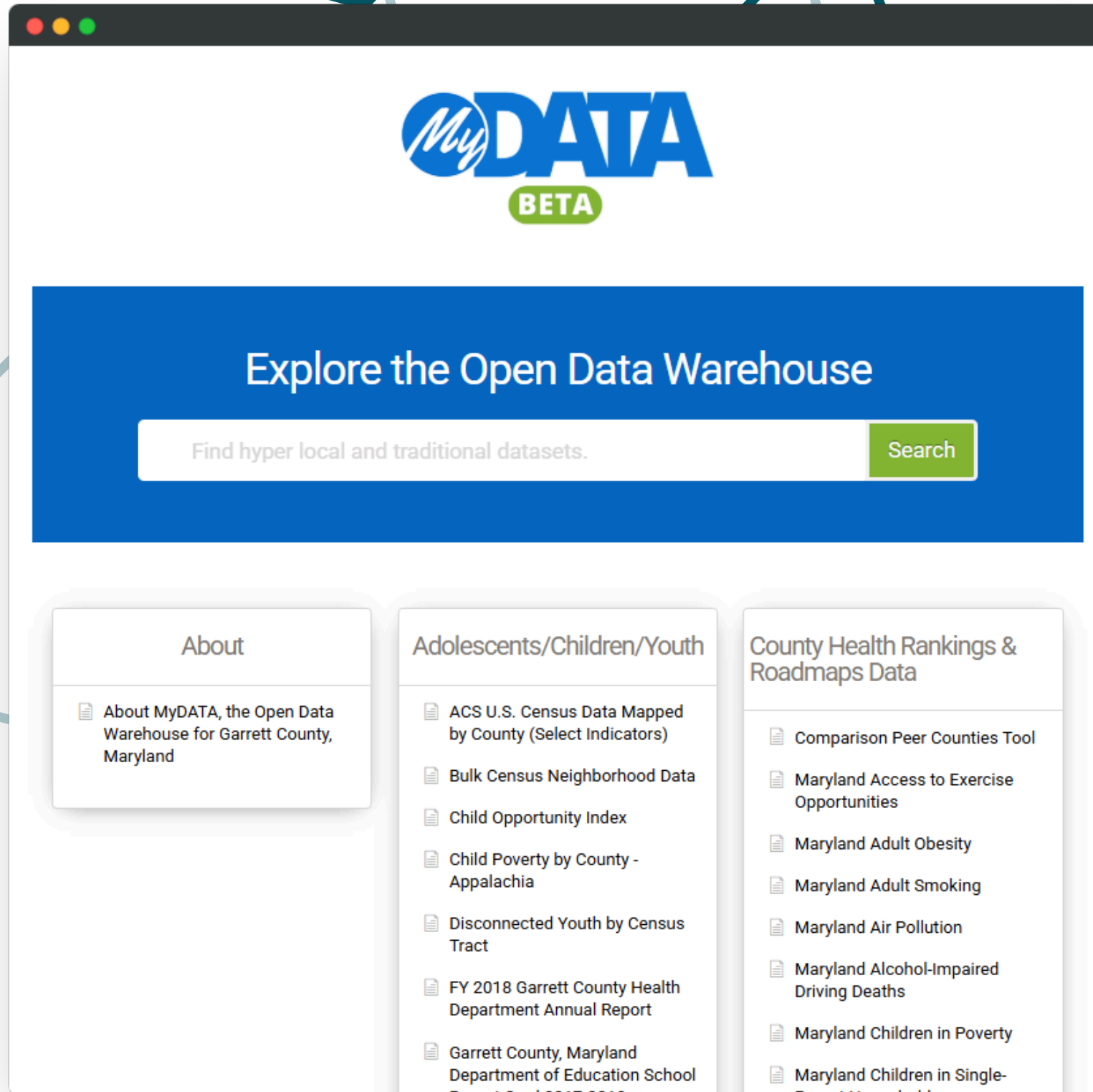


Health Equity Strategy	
Social Determinants of Health Strategy	
Policy and Systems Level Strategy	
Local Health Improvement Coalition Aligned Strategy	
Health Disparity Objective	

Data Source: Maryland Department of Health, Vital Statistics Administration

Source:

<https://health.maryland.gov/pha/Pages/Building-a-Healthier-Maryland.aspx>



My Garrett County

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Password

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Trending Groups

[Newest](#) [Active](#) [Popular](#) [Alphabetical](#) [My Groups](#)

- Administrative Care Coordination**
active 4 days, 17 hours ago
- Grant Development**
active 4 days, 21 hours ago
- Promote Healthy Eating and Physical Activity**
active 6 days, 23 hours ago
- Prevent and Reduce Prescription Drug Misuse and Illegal Drug Use**
active 6 days, 23 hours ago
- Overdose Fatality Review**
active 1 week, 3 days ago

[View All Action Groups](#)

Welcome to the Garrett County Planning Tool! - ...

Watch later | Share

Watch on

Community Articles	Planning Partners	Groups
511	3,733	191


Open Source Public Health Software built with ❤️ in Garrett County, Maryland. Sponsored by the GCHD.
 Transparency is important, read all of our policies here.

Awards & Press Articles | Podcasts | Promo Videos | Webinars

English

MyGarrettCounty.com
<https://mygarrettcounty.com>


Viewing 1 - 223 of 223 groups



Administrative Care Coordination
5 days ago

The Administration Care Coordination Unit (ACCU) is available to provide assistance to all individuals who have Maryland Medical Assistance, including those recipients in a managed care organization.


Public Group [Leave Group](#)



Grant Development
5 days ago


We will be sharing grant resources, foundations, state & fed opportunities.

Public Group [Leave Group](#)



Prevent and Reduce Prescription Drug Misuse and Illegal Drug Use
7 days ago

This group outlines and provides progress checks on the work of Health Education and Outreach to prevent and reduce prescription drug misuse and illegal drug use in



Promote Healthy Eating and Physical Activity
7 days ago

This group outlines and provides progress checks on the work of Health Education and Outreach to promote healthy eating and physical activity for overall better health in Garrett County.

Public Group [Leave Group](#)

Action Groups

<https://mygarrettcountry.com/groups/>

Garrett County

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Overdose Response Training

Public Group 12 days ago

The Overdose Response Training (ORT) Group is focused on maximizing the resources for reduction and/or prevention of fatal opioid overdose in our community. Administration of naloxone in the setting of an opioid overdose that results in inadequate breathing is considered a harm reduction strategy. Naloxone administration is part of a much larger comprehensive program addressing the opioid epidemic also including education, prevention, and treatment. Classes teaching indications and technique for naloxone administration are held at the Garrett County Health Department (Oakland and Grantsville locations) and at sites outside of the Health Department upon request and availability.

Leave Group

GROUP ADMINS

John Corbin
Log Out

My Action Groups

All Action Groups

- 2022 Community Health Assessment (CHA)
- 2019 Community Health Assessment (CHA)
- 2016 Community Health Assessment (CHA)

Help Home Strategy Raw Data + Performance QI CHIP Dash Funding Location Docs

Uploads 49 Members 40 Send Invites Email Options Manage

RSS Show: — Everything —

What's new in Overdose Response Training, John?

English

Overdose Response

<https://mygarrettcountry.com/groups/overdose-response-training>

Goal:

Reduce and/or prevent opioid overdose deaths in Garrett County.

Strategy Description:

Reduce and/or prevent opioid overdose deaths in Garrett County through distributing naloxone in the community and educating the community on administration and follow-up steps. To accomplish this the group will. Advertise the Overdose Response Training (ORT) classes to the community. Provide classes in a variety of locations and on demand. Distribute naloxone after the completion of training. Work with other organisations to distribute naloxone in high risk settings.

Level of Change:

Programs

Primary Focus Area:

Behavioral Health: including Substance Abuse and Mental Health

Data Category Tag:

GCHD Behavioral Health

Overdose Response

<https://mygarrettcountry.com/groups/overdose-response-training/strategy/>

Measurements	July 2024	August 2024	September 2024	October 2024	November 2024	December 2024	January 2025	February 2025
1) # of Training's		1	1	4	0	0	0	1
2) Units dispensed (2 doses per unit)		184	81	75	23	30	19	68
3) # of new participants		111	49	40	10	6	10	23
4) # of recertified participants		0	0	0	0	0	0	0
5) # of additional Medication received following original training		0	0	0	0	0	0	0
6) Number of								

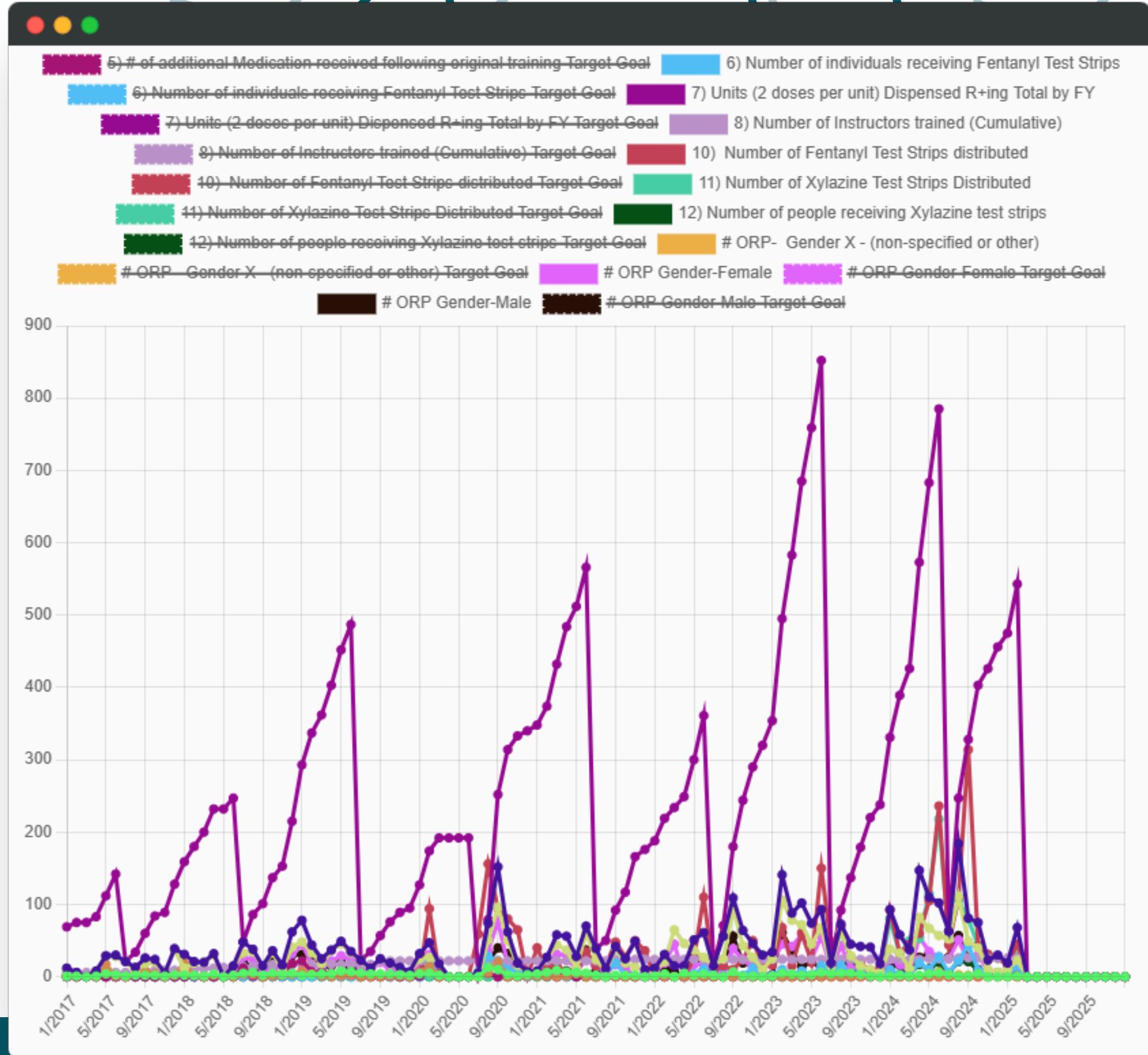
Showing 1 to 14 of 14 entries

Data Narrative

Goals may be set by month or by year. Running total = Measure begins at zero each fiscal year. (eg. 6. Units dispensed running total)
 Cumulative = Measure will continue to climb from year to year. (eg. 7. Number of trainers trained)

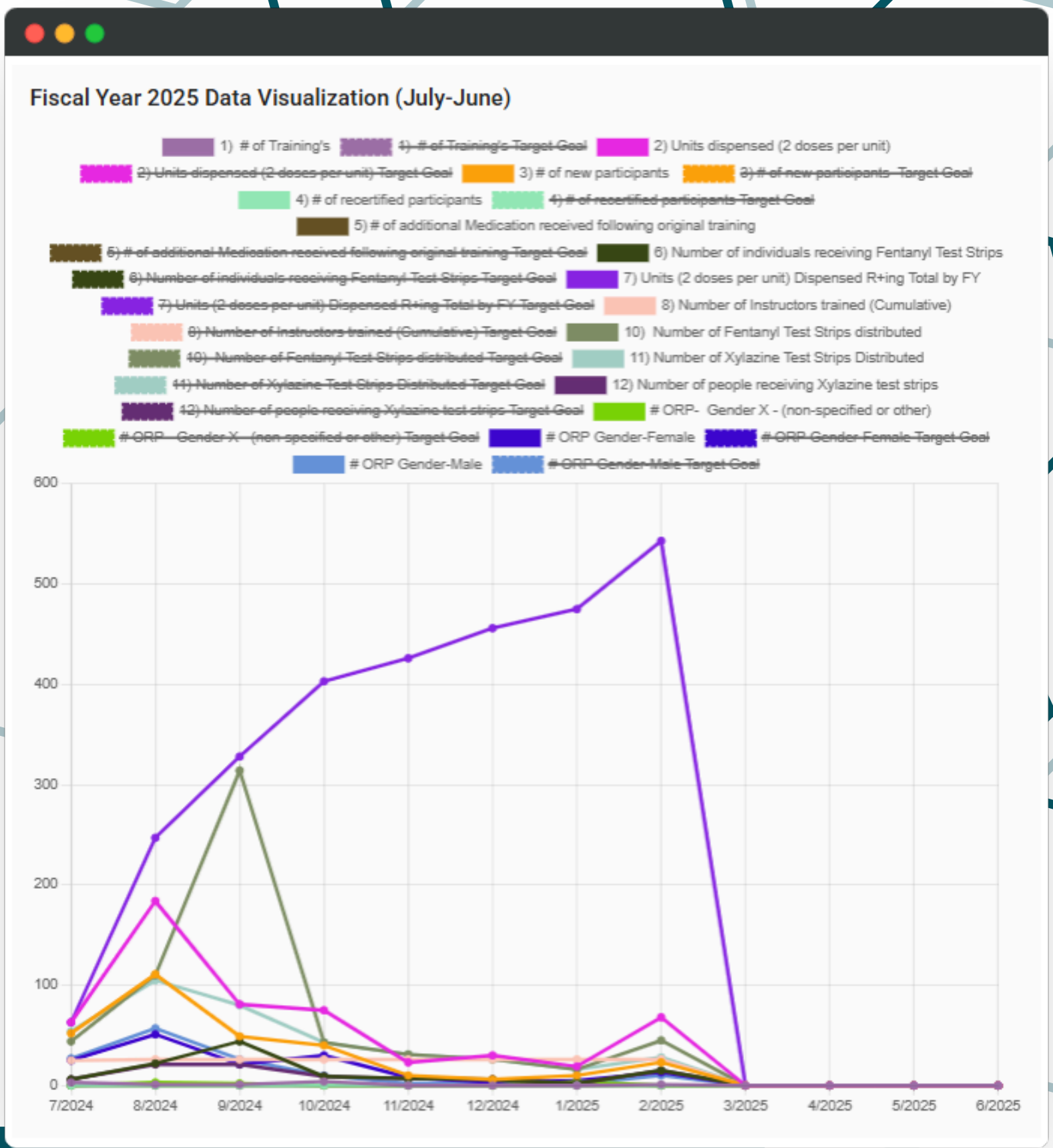
Overdose Response

<https://mygarrettcounty.com/groups/overdose-response-training/raw-data/>



Overdose Response

<https://mygarrettcounty.com/groups/overdose-response-training/raw-data/>



Overdose Response

<https://mygarrettcounty.com/groups/overdose-response-training/raw-data/>

Improvement Strategies and Objectives:

Strategy #1: Increase the number of people accessing crisis services by promoting the services through various resources. .

Objective #1: Increase the number of people accessing crisis services to 10 per month.

Objective Time-Frame Target Measure: Crisis Services

Objective Time-Frame Target Goal: 15

Objective Time-Frame Target Date: 2022-06-30

Measure	Target	Status	Desired	Contributor	January	February	March	April	May	June	July	August	September	October	November
	Goal		Trend		2025	2025	2025	2025	2025	2025	2025	2025	2025	2025	2025
Crisis Services	15	Active	Increase	Jennifer/Jansen	24	26									

View the full data for this objective (including larger text size) at: <https://mygarrettcountry.com/groups/behavioral-health/raw-data>.

Measure	Target	Status	Desired	Contributor	January	February	March	April	May	June	July	August	September	October	November
	Goal		Trend		2024	2024	2024	2024	2024	2024	2024	2024	2024	2024	2024
Crisis Services	15	Active	Increase	Jennifer/Jansen	26	19	27	5	29	18	23	33	35	28	19

PLAN

Predict what will happen when this test is carried out:

BH will average 10 crisis contacts per month.

List the tasks needed to set-up this change: (Please include the person responsible, when the task is to be completed, and where the task is to be completed for each task.)

Advertisements Marketing Crisis information added to Brochures.

Related Improvement Measure:

[Crisis Services](#)

DO

Describe what happened when you ran the test:

For this project, we have monitored the number of monthly crisis contacts beginning this fiscal year (July 1, 2021). Since that time the monthly crisis contacts have been the following: July-11, August-8, September-7, October-28, November-33, December-19, January-16, February-24, March-25, April-20, May-22 and June-25.

STUDY

Describe the measured results, and how they compared to the predictions:

As a result, the changes implemented (advertisement and marketing) appear to have had a positive overall impact. We continued to monitor the number of crisis contacts on a monthly basis through June 2022.

ACT

Describe what modifications in the plan will be made for the next cycle from what you learned:

At the end of this project, as a result of changes implemented, crisis contacts increased. So the tasks we added were successful in helping us reach the 10 crisis contacts per month. We have continued to have at least 10 per month. So we feel we have achieved the desired outcome. Therefore this CQI project will end on June 30, 2022.



Current Grant Start Date:

2020-11-03

Current Grant End Date:

2022-06-30

Current Funding Status (Primary/Largest Source):

Funded by State Grant

Additional Funding Notes and Previous Funding:

Community Health Resources Commission "Local Health Improvement Coalition" 2. The Maryland Department of Health's Center for Chronic Disease Prevention and Control (CCDPC) "Supporting Local Health Departments/Local Health Improvement Coalitions' Diabetes Strategies" 1. \$41,666 Nov 1, 2020- Oct 29, 2021 2. \$70,000 April 2021, June 30 2022

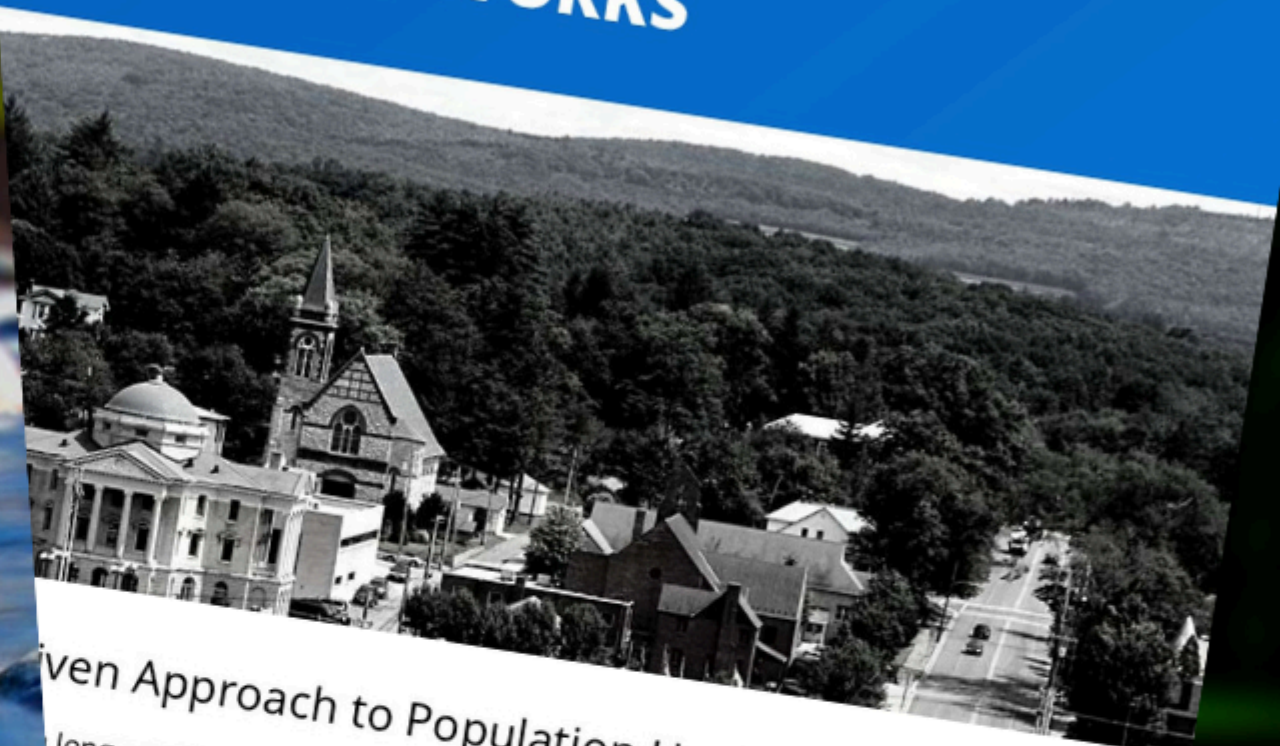
2021-2024

GARRETT COUNTY

Community

HEALTH IMPROVEMENT PLAN

HOW IT WORKS



Even Approach to Population Health

long established record of excellence in collaboration, the innovative and improvement planning processes found at mygarrettcounty.com, and strates our commitment toward measuring the improvements in local r community.

the need to increase representation, improve stakeholder engagement, urish. This journey began through analysis of the Garrett County 2016 ntified four broad focus areas for our community, based on the data stance related disorders and mental health), chronic diseases physical activity, nutrition, and tobacco use), access to care and d adolescent health (later revised to incorporate comprehensive). While these focus areas initially guided our framework for nunity-driven insights, especially within the domain of the social ial risk factors), emerged through open and transparent digital tters of importance that are actively addressed with measurab th Improvement Plan.

Local Resource Hubs

- Abused Persons (10)
- Addiction Treatment (11)
- Adoption (2)
- Aging Populations (75)
- Agriculture (6)
- AIDS (2)
- Alcoholism (12)
- Alzheimer's (10)
- American Red Cross (1)
- Animal Assistance (2)
- Arts (15)
- Breastfeeding (2)
- Business (19)
- Cancer (7)
- Chamber of Commerce (2)

Search... Enter a location Select category

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Dental Care

Oral Health Public Health Wellness Programs

301-334-7660
240-442-7814
301-334-7661
gchd.dental@maryland.gov
http://garretthealth.org/dental-care/

Garrett County Health Department Clinics This GCHD Dental Clinic provides dental services to chil...



Garrett County Center for Behavioral Health-Mental Health Services

Youth Services Counseling Resources for AddictionHappens.org Mental Health Services

301-334-7680
301-334-7681



English

Reach out @
john.corbin@maryland.gov

8 AM- READY. SET. DRINK!

10 AM- YOU'VE GOT IT

12 PM- KEEP DRINKING

2 PM- HALFWAY THERE!

4 PM- NO EXCUSES

6 PM- A LITTLE BIT MORE

8 PM- YOU MADE IT!

ACTION