

Garrett County Health & Wellness Fair

Meeting Agenda

Friday, March 7th, 2025

Location: **In Person Attendance Preferred** - Health Department Conference Room
Or Virtual through Google Meet 10:00 am-11:00 am

Google Meet joining info

Video call link: <https://meet.google.com/iyi-ujhy-jyv>

Or dial: (US) +1 919-533-7976 PIN: 614 692 103#

Confirmed Details:

Date/Location/Time: Saturday, April 5th at GC CARC from 8:30am-12:30pm

Demonstrations: Nomad Jiu Jitsu Gym, CARC, Jazzercise

Screenings/Activities:

- GRMC – BP and Skin Cancer
- Wellspring – BP and Blood Glucose
- Mother Maiden – Seated Massages
- Mon Health – Inflatable colon, BP and Blood glucose
- Healthy Together – SNAP and WIC Enrollment
- AHEC West – Insurance Enrollment
- CARC – BMI Scale
- Face Painting (Kids Zone) – Makayla Maule-Durst

Vendors/Sponsors: See attached

Approval of February 21st, 2025 Decision Notes

- **Registration/Sponsorship Update**
 - Included list of vendors/sponsors that have completed so far
 - Packet says registration is due by March 8th, do we do last call?
- **Demonstrations/Vendors**
 - Demonstrations
 - What is the schedule?
 - Screenings
 - Any new?
- **Marketing**
 - Website, Facebook, Press Release, and Billboard are now live
- **Other**
 - Tote Bags
 - Will the Food Bank be supplying granola bars/healthy snacks in addition to the water?
 - Vendor Passport will remain the same but additional entries (raffle tickets) will be given for completing health screenings

Next Meeting: TBD