

# Garrett County Health & Wellness Fair

## Meeting Agenda

Friday, February 21<sup>st</sup>, 2025

Location: **In Person Attendance Preferred** - Health Department Conference Room  
Or Virtual through Google Meet 10:00 am-11:00 am

### Google Meet joining info

**Video call link:** <https://meet.google.com/iyi-ujhy-jyv>

**Or dial:** (US) +1 919-533-7976 PIN: 614 692 103#

### Confirmed Details:

Date/Location/Time: Saturday, April 5<sup>th</sup> at GC CARC from 8:30am-12:30pm

Demonstrations: Nomad Jiu Jitsu Gym, CARC

Screenings:

- GRMC – BP and Skin Cancer
- Wellspring – BP and Blood Glucose
- Mother Maiden – Seated Massages
- Mon Health – Inflatable colon, BP and Blood glucose

Vendors/Sponsors: See attached

\*GROUP PHOTO FOR PRESS RELEASE\*

### **Approval of January 24, 2025 Decision Notes**

- **Registration/Sponsorship Update**
  - Links/registration information have been sent out
  - Included list of vendors/sponsors that have completed so far
  - Do we advertise call for vendors on Health Fair Facebook Page?
- **Demonstrations/Vendors**
  - Demonstrations
    - Did we hear from Jazzercise?
  - Screenings
    - Any new?
- **Marketing**
  - Update from meeting on 2/19/25
  - Stephanie has access to post on GCHF Facebook page now
- **Committee Structure/Bylaws**
  - Sub-committee participants
- **Other**
  - Grocery gift cards/other door prizes?
  - Kid Zone Face Painting

**Next Meeting: TBD**