

## Services Currently Offered by School-Based or School-Linked Community Partners in Garrett County Public Schools (GCPS):

### Tier III Services

- Garrett County Center for Behavioral Health provides individual mental health and substance use disorder services within all public schools.
- Baltimore Crisis Response Inc. (BCRI) can assist, if called to schools, in deescalating student behavior once a student has been referred to BCRI services

### Tier II Services

- Garrett County Center for Behavioral Health attends IEP meetings and Pupil Support Meetings if the public school system believes there to be a behavioral issue related to academic achievement.
- Garrett County Department of Social Services would be involved in any reports of child abuse or neglect and may also be invited to the meetings addressing the academic needs of students should the family be involved with Social Services programming.
- Garrett County Center for Behavioral Health provides group discussion sessions enrolled in the Partners After School program.

### Tier I Services

- Garrett County Health Department, Health Education and Outreach Unit is involved with prevention messaging for tobacco, alcohol and other drugs at all grade levels in the GCPS
- Partners After School (4 locations at Broadford Elementary School, Yough Glades Elementary School, Friendsville Elementary School and Grantsville Elementary School)

## Identified Needs in Garrett County Public Schools (GCPS)

- There is a higher level of need related to increased reports of elementary level physical and verbal violence taking place during school instructional time
- Other services that could be prioritized for partnership by schools include Psychiatric Rehab Program for minors
- After school programming for High School Students

### The Maryland CHRC asked whether specific services were provided in each jurisdiction. Below is the analysis of these services:

- Adolescent Clubhouse: **not currently available in Garrett County**
- ED/Hospital Diversion Initiatives: **yes, currently available in Garrett County**
- Teen Diversion Program: **not currently available in Garrett County**
- Youth Mental Health Stabilization Services: **not currently available in Garrett County**
- Transitional Age Program: **yes, currently available in Garrett County**

**In completing a Needs Assessment, the Hub and GCPS worked to gather students and family input utilizing a Student/Family Survey. The results are included below:**

*There were limited responses from GCPS parents/guardians and students. The responses collected were mostly from parents/guardians.*

Behavioral Health Concerns Identified as Most Significant

- Mental health & lack of resources
- Vaping
- Substance use
- Bullying
- Student behavioral concerns

Behavioral Health Strategies Identified as Working Well

- Health class curriculum
- Students being allowed down time/creative time
- Social workers/counselors in school
- Community involvement

Recommendations for Improving Behavioral Health Education and Services

- Allowing students to self-regulate
- Teacher training (use of BCBA's and RBT's was specifically mentioned)
- Vape Detectors
- Therapy
- Group Sessions
- More involvement of counselors/RBT's in each student's day
- Art/Music Programs

Strategies to Better Engage and Meaningfully Involve Families in Student Behavioral Health

- Increase opportunities for families to learn how behaviors can affect their children
- More education/training
- More communication
- After-school group therapy