

---

## ***A Convenient and Affordable Behavioral Health Resource***

*Comprehensive mental health and substance abuse services are provided by the Center. It serves people who live in Garrett County. Our clients are children, adolescents, adults, couples, and families with a wide range of problems. The staff consists of licensed and certified mental health and substance abuse professionals who are social workers, nurses, and professional counselors.*

***Garrett County  
Health Department's Mission:  
To promote, protect and improve  
the health of citizens and visitors  
of Garrett County***

### ***Our Core Values:***

- *Responsiveness*
- *Compassion*
- *Teamwork*
- *Leadership*
- *Respect*
- *Honesty*
- *Integrity*
- *Efficiency/Lean*
- *Proactivity*
- *Innovation*
- *Collaboration*
- *Accountability*
- *Excellence*



[www.garretthealth.org](http://www.garretthealth.org)

### ***Our Mission***

*To serve Garrett County by providing effective, efficient, and culturally respectful services to individuals and families with mental health and substance abuse challenges so that each client is empowered to reach maximum potential within their community.*

*The Garrett County Health Department, by law and policy, does not permit discrimination against anyone on the basis of race, color, age, national origin, sex, religion, or handicap.*



---

## **Garrett County Center for Behavioral Health**

### ***Mental Health & Substance Abuse Services***

---



**Garrett County Health  
Department  
1025 Memorial Drive  
Oakland, Maryland 21550**

301-334-7680 • 301-334-7681 Fax  
301-334-7670 • 301-334-7671 Fax  
Grantsville Office: 301-895-5355  
[www.garretthealth.org](http://www.garretthealth.org)

---

**A full range of mental health and substance abuse services are available to children, adults and families.**

### **Services for Adults**

- Intake and Diagnosis
- Individual Therapy
- Group Therapy
- Intensive Outpatient Treatment
- MOUD Services (Medication for Opioid Use Disorder)
- Anger Management
- Trauma Services
- Parenting Skills
- Medication Management
- Co-Occurring Treatment
- Geriatric Services and Home Visiting
- Walk in/Phone Crisis Services
- Information and Referral
- MVA Sanctioned DWI Treatment
- Inpatient Referrals
- Jail Based Treatment
- Pre-Court Evaluations
- Peer Recovery Support
- Crisis Services

### **Services for Children and Families**

- Diagnosis and Evaluation
- Head Start Observations/Interventions
- School Based Services
- Individual Therapy
- Child Psychiatry Services via Telehealth
- Family Intervention
- Educational Consultation

We provide services to children ages three and older.



*There is hope.*



### **After Hour Crisis Services**

In the event of an after hour crisis (after 5pm), please call 301-501-3515 to speak with the on call Crisis Counselor Monday-Friday. On weekends and state holidays a crisis counselor is available 24 hours a day by calling the same number.

988 is the Suicide & Crisis Lifeline.

You can also call 911 or go to the nearest emergency room. Other messages may be left on the voice mail of our main number. Calls will be returned on the next work day.

### **Intensive Outpatient Program**

IOP stands for intensive outpatient program. It is an intensive program for persons who have a chemical addiction and are in need of services more intensive than weekly counseling, yet are better served in the community. The IOP addictions program provides therapy for at least nine hours each week on at least four different days.

### **Our Fees**

Most of our services are covered by Medicaid or private insurance. A sliding fee scale is provided for qualified Maryland residents

---