### Community First Choice

Maryland's Community First Choice option provides community services and supports to enable older adults and people with disabilities to live in their own homes.

## AVAILABLE COMMUNITY FIRST CHOICE SERVICES

- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Technology
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals

# CFC Participants are also eligible to receive other Medicaid services which may include:

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies
- Durable Medical Equipment

#### WHO SHOULD APPLY

Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

#### **ELIGIBILITY GUIDELINES**

#### Medical and Technical Criteria

- Individuals must reside in the community.
- Individuals must meet the level of care required to qualify for services in an institution.

#### Financial Criteria

- Individuals must qualify for Medicaid in the community
- Individuals can apply for Medicaid at anytime
- Individuals who receive Supplemental Security Income (SSI) are automatically eligible for Medicaid and do not need to apply
- Medicaid coverage information can be found at https://mmcp.health.maryland.gov

#### PERSONS INTERESTED SHOULD:

Contact Maryland Access Point at: 1-844-627-5465



Larry Hogan, Governor – Boyd Rutherford, Lt. Governor Maryland Department of Health Office of Health Services Community Integration Programs 201 W. Preston Street, Room 136 Baltimore, MD 21201 410-767-1739

### HOME AND COMMUNITY-BASED OPTIONS WAIVER

Maryland's Home and Community-Based Options Waiver provides community services and supports to enable older adults and people with physical disabilities to live in their own homes.

#### **AVAILABLE WAIVER SERVICES**

- Assisted Living
- Medical Day Care
- Family Training
- Case Management
- Senior Center Plus
- Dietitian and Nutritionist Services
- Behavioral Consultation

## Waiver participants are also eligible to receive Medicaid services which may include:

#### **Community First Choice Services**

- Personal Assistance Services
- Supports Planning
- Nurse Monitoring
- Personal Emergency Response Systems
- Assistive Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Transition Services
- Home Delivered Meals

#### Other Services

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies and Durable Medical Equipment

#### WHO SHOULD APPLY

Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and getting around.

#### **ELIGIBILITY GUIDELINES**

Medical and Technical Criteria

- Individuals must be age 18 or older
- Individuals must meet the level of care required to qualify for nursing facility services.

#### Financial Criteria

- An individual's income and assets are reviewed to determine financial eligibility for Medical Assistance.
- The monthly income of an individual may not exceed 300% of SSI benefits, and the countable assets may not exceed \$2,000 or \$2,500 (depending on eligibility category).
- Only the income and assets of the individual (and assets of any spouse) are considered in determining financial eligibility.

#### PERSONS INTERESTED SHOULD:

If you live in a nursing facility:

Contact Maryland Access Point at: 1-844-627-5465

If you live in the community:

The waiver cannot accept new community applicants at this time. A Service Registry was developed for interested community individuals. For more information, please call Maryland Access Point at:

1-844-627-5465



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#### **MDH Non-Discrimination Statement**

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#### **English**

Help is available in your language: 1-410-767-1739. These services are available for free.

#### Español/Spanish

Hay ayuda disponible en su idioma: 1-410-767-1739. Estos servicios están disponibles gratis.

#### 中文/Chinese

用您的语言为您提供帮助:1-410-767-1739.。 这些服务都是免费的

#### Русский/Russian

Помощь доступна на вашем языке: 1-410-767-1739). Эти услуги предоставляются бесплатно.