Status of Health

January 2010

Garrett County Demographics

Total Population –	2000	29,846
	2008	29,698

Males	14,646	(49.3%)
Females	15,052	(50.7%)

White	29,211	(98.3%)
Black or African American	286	(.9%)
American Indian & Alaska Native	24	(.--%)
Asian & Other Pacific Islander	72	(.2%)
Hispanics	205	(.6%)

Source: Maryland Vital Statistics Administration

Demographics (cont.)

People of All Ages in Poverty	(13%)
Percentage of Persons below 200% of Fed. Poverty Index	(45.5%)
Persons under 18 years of age	(22%)
Persons 65 years old and over	(16.6%)
Median Household Income 2008	$45,084
Median Household Income 2008 (MD)	$70,005

Sources: *U.S. Census Bureau , Population Estimates Program*

Percent of total population in poverty, Maryland 2007

Source: Bureau of the Census, Small Area Income and Poverty Estimates

Garrett County Population Age-group (Projections)

Maternity and Child Health Data

Number of Garrett County Births

Average Number of Births

1990 – 1999 = 380

2000– 2008 = 316

Births to Adolescents

Ages 15-17

*Total births per 1,000 women ages 15-17

Percentage of Births to Women Receiving Late or No Prenatal Care

Percentage of Births Delivered by C-Section

Infant Mortality Rate

Per 1,000 Live Births

WIC Participation

Average Monthly Participation		Unduplicated Participant Count
1999	1,005	1,033
2000	1,017	1,344
2001	998	1,305
2002	938	Not Available
2003	936	Not Available
2004	994	1,378
2005	935	1,451
2006	904	1,391
2007	964	1,451
2008	1016	1,337
2009	1018	2,157

Mortality Data

Comparison of County Age-adjusted Death Rates* for All Causes with the Maryland State Average, 2006-2008.

Comparison of County Age-adjusted Death Rates* for All Causes with the Maryland State Average, 2002-2004.

Comparison of County Age-adjusted Death Rate for All Causes for MD, 2006-2008

Causes of Death, 2008
Garrett County

Age-adjusted Death Rates Per 100,000 Population
Diseases of the Heart –2006-2008

Comparison of County Age-adjusted Death Rates* for Heart Disease with the Maryland State Average, 2006-2008.

Comparison of County Age-adjusted Death Rates* for Heart Disease with the Maryland State Average, 2002-2004.

*Rates are shown on Table 50.

Comparison of County Age-adjusted Death Rates* for Malignant Neoplasms with the Maryland State Average, 2006-2008.

Comparison of County Age-adjusted Death Rates* for Malignant Neoplasms with the Maryland State Average, 2002-2004.

*Rates are shown on Table 50.

Age-adjusted Death Rates Per 100,000 Population Malignant Neoplasms, 2006-2008

Accident Related Death Rate 2004-2006

Source: DHMH, Vital Statistics

ADULT HEALTH SURVEY DATA

Behavioral Risk Factor Survey Scale

2005

Hypertension

Are you currently taking meds. for high blood pressure?

Source: 2005 BRFSS

Cholesterol

Have you ever had your blood cholesterol checked?

Source: 2005 BRFSS

Cholesterol

Had blood cholesterol checked in past 5 years?

Source: 2005 BRFSS

Immunization

During the past 12 months have you had a flu shot?

2005 BRFSS

Immunization

During the past 12 months have you had a flu shot?

Source: 2005 BRFSS

Immunization

Have you ever pneumonia shot

Source: 2005 BRFSS

Immunization

Have you ever had a pneumonia shot?

Source: 2005 BRFSS

Tobacco

Four Level Smoker Status

Source: 2005 BRFSS

Tobacco

Four Level Smoker Status

Source: 2005 BRFSS

Tobacco

Adults who are current smokers

Source: 2005 BRFSS

Alcohol Consumption: During the last 30 days have you had at least 1 alcoholic drink

Source: 2005 BRFSS

Binge Drinking: Percent of adults having 5 or more drinks on one occasion in the past month.

Source: BRFSS - 2006

Heavy Drinkers: Adult men having >2 drinks/day and women having > 1 drink/day

Source: BRFSS - 2006

Heavy Drinkers: Adult men having >2 drinks/day and women having > 1 drink/day

Source: BRFSS - 2005

Oral Health

How long has it been since you visited a dentist?

Source: 2005 BRFSS

Indoor Air Quality

During the last 12 months, how many days have you used a wood, coal or kerosene heater inside your home?

Source: 2005 BRFSS

Fruit & Vegetable Consumption in Western MD

Source: 2005 BRFSS

Percentage Reporting Any Exercise in the Last Month

Source: 2005 BRFSS

Youth Survey Data

Percent of students who **ever used** any form of alcohol

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Percent of students who used any form of alcohol in the **last 30 days**

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Percent of students consuming **five or more** servings of alcohol on the same occasion in the **last 30 days**

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Percent of students consuming **five or more** servings of alcohol on the same occasion in the **last 30 days**

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Percent of students who **ever used** any drug other than alcohol or tobacco

Source: Maryland State Dept of Education Maryland Adolescent Survey

Percent of students using any drug other than alcohol or tobacco in last 30 days

1992 question not asked

Source: Maryland State Dept of Education Maryland Adolescent Survey

Percent of students using Marijuana (pot, grass) or hashish in last 30 days

1992 question not asked

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Percent of students using Heroin in the last 30 days

1992 question not asked

Source: Maryland State Dept of Education
Maryland Adolescent Survey

Addictions Treatment Data

Number of Admissions to Maryland Treatment Programs (Garrett County)

Maryland Alcohol and Drug Abuse Administration

Opiate Admissions to Treatment Programs (Garrett County)

*Other include but is not limited to prescription opiate abuse

Maryland Alcohol and Drug Abuse Administration

Outlook and Outcomes

FY 2009 ADAA Funded

Admissions by *Primary* Problem

Source: SAMIS

Status of Health Data

- State Generated Data - Vital Statistics
- Local Data
- U.S. Census Data
- Community Surveys and Focus Groups
- Behavioral Risk Factor Survey
- Youth Behavioral Risk Survey
- Maryland Adolescent Survey
- MHCC
- Maryland Youth Tobacco Survey
- Cancer Registry