

## What People Are Saying:

I'm so glad to have the company! - Participant

Information is always timely and presented in such a way as to be easily understood.

- Partner Agency Staff Person

I appreciate you trying to help me. - Participant

For more information about this program please call: 301-616-1893 or 301-334-7680







Program is funded by:

Garrett County Behavioral Health Authority

The Maryland Department of Health/

Behavioral Health Administration

# Garrett County Behavioral Health Center

# Older Adult Outreach Program



### Who is served by the outreach program?

Individuals aged 60 and over who are Garrett County residents. The outreach worker can meet with the individual and/or family members to provide behavioral health support, information, assistance with coordination of services, planning, and referral.



Geriatric Outreach Worker: Maryland licensed social worker trained/specializing in older adults' behavioral health and community resources.

#### **Outreach Services for Older Adults**

- Meeting with the older adult in the person's home.
- Meeting with the older adult and his or her family to assist with resources, providing support, offering mental health information and referral.
- Encouragement of social engagement.
- Coordination and collaboration with health care providers

- Providing phone contact if the older adult is not interested in a home visit.
- Spend time with the older adult in positive behavioral health activities such as reminiscence - encourage to enjoy living your life by sharing your memories or pictures.
- Outreach to area senior centers to provide education.



 Optional depression screening available.

This Program is voluntary and there is no fee for this service.