GARRETT COUNTY HEALTH DEPARTMENT

FY 2018 Annual Report

GARRETT COUNTY HEALTH DEPARTMENT

A Message from the Garrett County Health Officer

Those of us who live, work, and play in Garrett County are truly fortunate. We have a beautiful environment, friendly neighbors, and a great community spirit. In spite of these assets there are many challenges that we face including an aging population, economic pressure, emerging epidemics, and environmental challenges. The Garrett County Health Department's mission is to promote, protect, and improve the health of our citizens and visitors. During the past year our dedicated staff has been focusing a great deal of attention on performance management and quality improvement in order to advance our overall community health outcomes. This work is challenging and also rewarding. Our program and administrative staff work tirelessly to address community needs through clinic and community-based programs, prevention campaigns, and enforcement of public health laws and regulations that protect and promote the health of our community.

During the past year, the Garret County Health Department has received a great deal of attention for MyGarrettCounty.com, our universal community planning tool. We are using MyGarrettCounty.com to increase our community engagement by providing a platform to engage our partners and constituents in addressing our health and wellness needs. We are also using it internally to monitor our progress and inform our decision making.

This annual report provides a snap shot of programs and services that are provided by the Garrett County Health Department, in collaboration with our partners and constituents, to achieve our mission as we strive to provide the 10 essential public health services identified by the National Centers for Disease Control and Prevention (CDC). We will continue to work to respond effectively through new and time tested approaches needed to address long standing and emergent problems.

Please browse our report and see for yourself the significant impact that your local health department has in this community. Also, please visit our website at garretthealth.org and our community planning tool at MyGarrettCounty.com to get more information, and engage other community members so that we may be able to continue to work together for a healthier tomorrow.

Bob Stephens, M.S.

Garrett County Health Officer

GARRETT COUNTY HEALTH DEPARTMENT

1025 Memorial Drive, Oakland, MD 21550

301-334-7777 -or- 301-895-3111

Visit us online at GarrettHealth.org!

Preventing the Spread of Disease

Immunizations

Provide vaccinations for the general public and health care professionals to eradicate the spread of disease and promote the safety/well-being of the population.

- **121** Adult Immunizations Provided
- **80** Child Immunizations Provided
- **1,024** Seasonal Influenza Vaccinations Provided to Adults and Children

HIV/AIDS

Provide prevention services, educational awareness, confidential testing, and case management to eligible individuals.

- **35** HIV Tests Completed
- **10** HIV Positive Individuals and Families Received Advocacy Services

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Communicable Disease Surveillance

Provide surveillance, investigation, and education regarding the spread and prevention of reportable communicable diseases.

- **365** Lab Reports Received
- **93** Reported Cases Entered into NEDSS (National Electronic Disease Surveillance System)
- **98** Reportable Cases Closed w/in 30 Days
- **5** Disease Reports Received from Other Reporting Sources

Rabies Control

Ensure preventative treatment for people exposed to rabies and test suspect animals.

- **803** Animals Vaccinated
- **30** Animal Bites Reported and Investigated
- **28** Animals Tested, 5 Confirmed Positive

Recreational Sanitation

Garrett County has 10 permitted beaches, 14 campgrounds, and 20 pools and spas that the Garrett County Health Department tests for water quality to prevent disease from April to June.

- **249** Beach Samples Collected
- **79** Campground and Park Water Pool Inspections
- **144** Deep Creek Lake Water Samples

How can I participate in health improvement processes?

Visit MyGarrettCounty.com!

Environmental Hazard Protections

Safety of Water and Sewage Systems

Review construction projects, test water quality, and complete soil evaluations along with percolation tests to ensure proper sewage disposal, in order to prevent disease caused by water contamination.

- **524** Residential Water Requests Completed
- **63** Certificates of Potability (COP's) Issued
- **61** Septic Permits Issued

Public Protection from Foodborne Illness and Disease

Inspect food service facilities to ensure that food is prepared under safe and healthy conditions.

- Conducted **480** Inspections
- Issued **132** Temporary Permits
- Conducted **171** Temporary Food Service Inspections
- **0** Reported Food Bourne Outbreaks
- Conducted **2** Food Safety Trainings

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Environmental Health

Investigate complaints and coordinate enforcement in conjunction with the Maryland Department of Environment.

- **684** Burning Permits Issued
- **60** Perc Tests Completed

Transient Vacation Rental Units

Aid in the regulation and licensing of TVRU's within the Deep Creek Zoning District to facilitate orderly development and growth.

- **324** Transient Vacation Rental Unit Inspections Completed

Emergency Preparedness

Collaborate with partner agencies to respond to and provide public health services in disasters.

- Available 24/7 through GC Public Safety and Emergency Management Office
- Emergency Preparedness Staff Participated in Disaster Planning Meetings, Healthcare Coalition Meetings, EMS Council Meetings, and the Annual Statewide Emergency Preparedness Meeting
- Completed Facility Set-Up Drill, Through Put Drills, Operational Readiness Review, and Employee Notification Drills

Promoting Healthy Behaviors

Health Education & Outreach

Provide services to promote and encourage healthy behaviors to prevent alcohol/drug abuse, tobacco use, obesity, injuries, and teen pregnancy.

- **69** Children Served through After School Programs; **37** Adults and Children Served through Diet Consults; **51** Adults and Children Served through Smoking Cessation Classes; **85** Adults and Children Referred to Maryland Quitline; **64** Car Safety Seats Distributed
- **40** Mini-Grants Totaling **$82,000** Distributed to Assist in Prevention Efforts
- Assisted in **38** Alcohol and **116** Tobacco Compliance Checks Resulting in **11** Total Violations

Dental Outreach Program

- **1,318** Children Participated in a School Fluoride Rinse
- **1,924** Children Receiving Oral Health Education

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Improving Access to Services

Behavioral Health Authority

Provides oversight and direction of the public behavioral health system, assesses the mental health and addiction service needs of the community, promotes the development and monitors the quality of publicly funded mental health and addiction prevention, treatment, and recovery services, and assures access for those in need of quality behavioral health services.

- **6** Public Education and Training Activities
- **57** Homeless or Those At-Risk of Homelessness Placed in Permanent Housing
- **4** Community Outreach Presentations Completed to Reduce Stigma for Designated Vulnerable Populations

Early Care Programs System of Care

Through ongoing home visits from registered nurses and trained paraprofessionals, low-income, at-risk mothers receive the care and support they need to have a healthy pregnancy, provide competent care for their children, and become more economically self-sufficient.

- **2,003** Home Visits Completed
- **12** Childbirth Classes Held
- **18** Parent/Group Activities Held
- **11** Breastfeeding Classes Held

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Maryland Health Connection

The Maryland Health Connection Unit provides eligibility determination for free or low-cost health insurance coverage to eligible men, women, and children. Enrollment in coverage assists to ensure access to health care services. Eligibility is based on income and family size.

- **963** Child Applications Processed
- **788** Adult Applications Processed, Including **163** Pregnant and Postpartum Women
- **44,401** Verifications Processed to Determine Eligibility

Adult Evaluation Services

Offer evaluations to individuals ages 18 and older and recommend appropriate community resources as available, based on an individual's needs.

- **228** Individuals Served
- **21** Clients in Case Management

MEDBANK

Provide prescription access (if a specific medication is available through the drug company) for Garrett County residents with chronic medical conditions who are uninsured or underinsured and meet financial guidelines. This Program was maintained by the Garrett County Health Department following the shutdown of this service on the state level.

- **255** Referrals Served
- **78** Prescription Medications for Diabetes
- **59** Prescription Medications for COPD/Asthma
- **51** Prescription Medications for Depressive Disorder

Providing Community Services

Cancer Program

Provide screening, diagnosis, and treatment services for colorectal, breast, and cervical cancer to eligible county residents in collaboration with local physicians.

- **25** Women Enrolled for Breast and Cervical Cancer Screenings
- **123** Breast and Cervical Cancer Program Procedures and Services Completed
- **26** Clients Screened for Colorectal Cancer
- **29** Clients Screened for Skin Cancer
- **16** Clients Screened for Oral Cancer

Reproductive Health

Provide services in order to reduce unintended pregnancies and improve pregnancy outcomes by offering comprehensive, quality evaluations for males and females of reproductive age.

- **402** Unduplicated Clients
- **379** Visits

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WIC

Provide nutritional assistance and education, breastfeeding support, and clinical services.

- **1,159** Unduplicated Clients
- **$482,631** in Supplemental Foods Redeemed
- **$58** Average Monthly Food Benefit Per Participant
- **7%** Increase in Breastfeeding Rates Year Over Year

Dental Clinic

Provide dental services to children and low income adults.

- **1,406** Medical Assisted and Uninsured Children Served
- **1,518** Medical Assisted and Uninsured Adults Served

Home Health

The exclusive Medicare-certified home health agency in Garrett County. This service is critically important for continuum of care in our community, and is reimbursed by Medicare, Medical Assistance, insurance, and self-pay.

- **2,614** Skilled Nursing Care, **4,532** Physical & Occupational Therapy Visits
- **605** Home Health Aide Services
- **1,139** Total Patients
- **63** Hospital Readmissions

Behavioral Health Services

Provide out-patient mental health and addiction treatment in three fixed locations and all public schools.

- **428** Mental Health Diagnostic Assessments
- **50** Medication Evaluations Completed
- **18,026** Scheduled Appointments
- **455** Intensive Outpatient Groups Held
- **305** Intake Assessments Completed
- **77** Medication Assisted Treatment Appointments
- **22** Forensic Case Management Services Provided
- **2,199** Recovery Serviced Provided
- **54** Crisis Services Provided
- **134** Tele-Psych Services Provided
- **6,656** School Counseling Services Provided

How do I know if I qualify for a program?

Call us at 301-334-7777 or 301-895-3111!

Administration and Oversight

Administration

- Issuance of Birth Certificates and Death Certificates for Deceased Individuals
- Personnel, Fiscal, and Inventory Management
- Procurement
- Supervisory Oversight
- Information Technology

Population Health, Innovation, & Informatics

We address the growing opportunity to use technology and successfully localize innovation by utilizing the Garrett County Planning Tool, founded and co-developed within this unit, to implement sustainable solutions across sectors for the improvement of population health outcomes.

- **20,739** Individuals Reached Through GarrettHealth.org Health Promotion Marketing Campaigns
- **22,448** Individuals Reached Through MyGarrettCounty.com Community Health Planning Tool
- **863,123** Impressions Delivered Through Social Media Marketing (Facebook & Twitter)
- **4** Community Health Plans and Reports Published (Community Health Improvement Plan, Public Health Accreditation Board Annual Update for Reaccreditation Report, Annual Report, Agency Strategic Plan)

- **384** Hyper Local Data Measures Collected Through the Planning Tool on MyGarrettCounty.com
- Received **$254,400** in Innovation and Award Funds
- Received **1** Promising Practice Award from the Nation Association of County and City Health Officials for the MyGarrettCounty.com Planning Tool Innovation
- Empowered **1,910** Community Stakeholders as Planning Partners on the MyGarrettCounty.com Planning Tool
- **126** Multisectoral Community Planning Action Groups on the MyGarrettCounty.com Planning Tool
- Launched **1** Innovative Hybrid Open Data Portal to Improve Community Access to Available Datasets

Local Management Board (LMB)

The Local Management Board provides leadership in facilitating change in the community care system to assist families in obtaining the services needed to become more functional. We improve outcomes for children and families by working with community partners to plan, coordinate, and monitor health and human services programs.

Health Department Funding Projection for FY 2019

About the GCHD

Garrett County Health Department

The Garrett County Health Department has a total workforce of 177 employees. This workforce consists of 100 merit classification employees, 42 special pay employees, and 35 third party contractual employees, making the Garrett County Health Department the 12th largest employer in the county. The total operating budget is approximately $14,000,000, which funds 66 different programs. The Garrett County Health Department is funded by state core dollars, local core dollars, state targeted grants, direct federal grants, pass through federal funding, and fee for service programs.

The Health Officer is appointed by the Secretary of Health upon recommendation of County Commissioners. The Garrett County Board of Health consists of Garrett County Board of Commissioners with the Health Officer as Secretary. The Health Officer administers delegated programs from the Secretaries of Health and Environment. The Garrett County Health Department also administers ordinances adopted by the Garrett County Board of Health.

*The photos used throughout this book are from Unsplash, Pexels, Pixabay, and the CDC. Photo of Health Officer Bob Stephens provided courtesy of the Robert Wood Johnson Foundation, Copyright 2017 Tracie Van Auken.

Public Health
Prevent. Promote. Protect.

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MARYLAND Department of Health

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