GARRETT COUNTY HEALTH DEPARTMENT

2015 Annual Report

GARRETT COUNTY HEALTH DEPARTMENT

A Message from the Garrett County Health Officer

Garrett County is a unique place nestled in the mountains of Western Maryland, where natural beauty abounds with plenty of space to enjoy. Our vision is to make Garrett County a healthier place to live, work, and play! The role of Public Health is one of necessity and is intertwined in the fabric of our community. Though Garrett County is a wonderful place to live, given the rural nature of the area, access to care continues to be a primary concern. At the Garrett County Health Department, we not only provide traditional population based public health programs, but are also an essential community provider for many direct specialty services. By doing so, we provide assurance that these services are available for our residents.

"The Garrett County Health Department's mission is to promote, protect, and improve the health of citizens and visitors of Garrett County."

We strive to provide the 10 essential CDC public health services important to any community. We continually work to respond rapidly to changing conditions or to take new approaches to solving long standing problems. We invite you to browse our report and see for yourself the significant impact that your local health department has in this community.

Rodney Glotfelty, L.E.H.S. M.P.H.
Garrett County Health Officer

Preventing the Spread of Disease

Immunizations

Provide vaccinations for the general public and health care professionals to eradicate the spread of disease and promote the safety/well-being of the population.

- 779 Adult Immunizations Provided
- 329 Child Immunizations Provided
- 837 Seasonal Influenza Vaccinations Provided to Adults and Children

HIV/AIDS

Provide prevention services, educational awareness, confidential testing, and case management to eligible individuals.

- 185 HIV Tests Completed
- 11 HIV Positive Individuals and Families Received Advocacy Services

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Visit us online at GarrettHealth.org!

Communicable Disease Surveillance

Provide surveillance, investigation and education, regarding the spread and prevention of reportable communicable diseases.

Rabies Control

Ensure preventative treatment for people exposed to rabies and test suspect animals.

- 1,145 Animals Vaccinated
- 35 Animal Bites Reported and Investigated
- 44 Animals Tested, 15 Confirmed Positive

Recreational Sanitation

Complete water quality tests for beaches, swimming pools, and public recreational facilities to prevent disease.

- Seasonal Water Quality Testing Conducted at 10 Bathing Beaches and 1 Lake
- 20 Swimming Pools and 12 Campgrounds Inspected

Where can I find information about Garrett County services?

Visit GarrettGuide.org!

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Environmental Hazard Protections

Safety of Water and Sewage Systems

Review construction projects, test water quality, and complete soil evaluations along with percolation tests to ensure proper sewage disposal, in order to prevent disease caused by water contamination.

- 99 Well Construction Permits Issued
- 1,355 Total Water Samples Collected
- 844 Water Sample Collection Visits Completed
- 67 Certificates of Potability (COP's) Issued
- 525 Bacterial and 438 Chemical Individual Water Samples Collected
- 346 Bacterial and 15 Chemical Samples Collected from Mobile Home Parks
- 318 Bacterial and 74 Chemical Samples Collected from Non-Transient Community Water Systems
- 67 Soil Evaluation Tests Completed
- 116 Septic Permits Issued
- 19 Best-Available Technology Nitrogen Reduction Systems Installed

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Public Protection from Foodborne Illness and Disease

Inspect food service facilities to ensure that food is prepared under safe and healthy conditions.

- Permanently Licensed 299 Food Service Facilities
- Conducted 506 Inspections
- Issued 125 Temporary Permits

Air Quality

Investigate complaints and coordinate enforcement in conjunction with the Maryland Department of Environment.

- 889 Burning Permits Issued

Transient Vacation Rental Units

Aid in the regulation and licensing of TVRU's within the Deep Creek Zoning District to facilitate orderly development and growth.

- 728 Licensed Transient Vacation Rental Units
- 359 Transient Vacation Rental Unit Inspections Completed

Bioterrorism/Emergency Preparedness

Collaborate with partner agencies to respond to and provide public health services in disasters.

- Available 24/7 through GC Public Safety and Emergency Management Office
- Health Department Staff Participated in 4 Quarterly County Meetings, Monday Conference Calls, 6 Healthcare Council Meetings, 1 Regional Meeting, and 1 Annual Meeting/Year
- Completed 1 Facility Set-Up Drill, 1 Through Put Drill, 1 Operational Readiness Review, 4 Satellite Phone Drills, and 4 Employee Notification Drills

Promoting Healthy Behaviors

Health Education & Outreach

Provide services to promote and encourage healthy behaviors to prevent alcohol/drug abuse, tobacco use, obesity, injuries, and teen pregnancy.

- 6,829 Adults and Children Educated on Prevention Topics
- 482 Adults and Children Served through After School Programs, Diet Consultations, Bike Helmets, Smoke Detectors, Smoking Cessation Classes or Car Safety Seats
- 42 Mini-Grants Totaling Over $95,000 Distributed to Assist in Prevention Efforts
- Facilitated Adoption of 32 Policy and Organizational Changes to Promote Health
- Assisted in 158 Alcohol and Tobacco Compliance Checks Resulting in Only 9 Violations

Dental Outreach Program

- Evaluations Completed at Head Start and Kindergarten Registration
- 953 Children Participated in a School Fluoride Rinse

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Improving Access to Services

Mental Health Core Service Agency

Provide oversight of the Public Mental Health System, assess mental health service needs of the community, promote development and monitor quality of public mental health services, and assure access.

Early Care System of Care

Through ongoing home visits from registered nurses and trained paraprofessionals, low-income, at-risk mothers receive the care and support they need to have a healthy pregnancy, provide competent care for their children, and become more economically self-sufficient while preparing for a medical home.

- Cost-Benefit of Program: $5-$7 Return on Investment
- Childbirth Classes Offered 12 Times/Year
- Breastfeeding Classes Offered 11 Times/Year
- Socializations Offered from Birth to 5 Years
- Early Care Programs are a Gateway to Healthy Behaviors and Additional Services such as Immunizations

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Adult Evaluation Services

Offer evaluations to individuals ages 18 and older and recommend appropriate community resources as available, based on an individual's needs.

- 1,446 Individuals Served

MEDBANK

Provide prescription assess (if a specific medication is available through the drug company) for Garrett County residents with chronic medical conditions who are uninsured or underinsured and meet financial guidelines.

- This Program was Recently Rebooted by the Garrett County Health Department Following the Dismantlement of this Service on the State Level
- Data Will Be Available for this Program Beginning in CY 2016

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Providing Full Life Services

Cancer Program

Provide screening, diagnosis, and treatment services for colorectal, breast, and cervical cancer to eligible county residents in collaboration with local physicians.

- 27 Colonoscopies Performed
- 31 Skin Biopsies Performed
- 92 Women Enrolled for Breast and Cervical Cancer Screenings
- 215 Procedures Completed in 2015

Reproductive Health

Provide services in order to reduce unintended pregnancies and improve pregnancy outcomes by offering comprehensive, quality evaluations for males and females of reproductive age.

- 1,002 Encounters Completed
- 575 Clients Treated

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WIC

Provide nutritional assistance and education, breastfeeding support, and clinical services.

- 804-908 Clients/Month, 1,242 Unduplicated Client, Comprising 70-80% of All Garrett County Births
- Status Screening
- Nutritional Education
- Breast Feeding Education, Promotion, and Support
- Supplemental Foods (Contributing Approximately $650,000 to the Local Economy Yearly in Food Expenditures)

Dental Clinic

Provide dental services to children and low income adults.

- 1,399 Children Served
- 1,322 Adults Served
- 93 High-Risk, Adult Uninsured Patients in Severe Need of Treatment Seen in 2015

Home Health

Only Medicare-certified home health agency in Garrett County. This service is critically important for continuum of care in our community, and is reimbursed by Medicare, Medical Assistance, insurance, and self-pay.

- Skilled Nursing Care
- Physical, Speech, and Occupational Therapy
- Home Health Aide, Nutritional, and Medical Social Services
- 9,545 Total Home Visits

Tele-Health

Advanced technology allows nurses to monitor and interact remotely with patients to assist in their medical care and treatment.

- Served 46 Clients through September of 2015
- Currently Searching for an Alternative Vendor to Resume Service, Following the Closing of the Previous Vendor's Operations

Behavioral Health Services

Provide out-patient mental health and addiction treatment in three fixed locations and all public schools.

- 1,251 Mental Health Clients
- 30,384 Mental Health Services
- 63 Patients in Mental Health Case Management
- 2,019 Psychiatrist Visits
- 486 Substance Abuse Clients
- 11,946 Substance Abuse Services
- 249 Substance Abuse Consults
- 48 Pre-Court Assessments

How do I know if I qualify for a program?

Call us at 301-334-7777 or 301-895-3111!

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Administration and Oversight

Administration

- Issuance of 946 Birth Certificates and 2,290 Death Certificates for 369 Deceased Individuals
- Personnel, Fiscal, and Inventory Management
- Procurement
- Community Health Assessment and Planning
- Supervisory Oversight
- Information Technology

Local Management Board (LMB)

The Local Management Board provides leadership in facilitating change in the community care system to assist families in obtaining the services needed to become more functional. We improve outcomes for children and families by working with community partners to plan, coordinate and monitor health and human services programs.

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2015 Service Data

Water Samples Collected 2006-2015

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Septic Data 2006-2015

Food Inspection Data 2006-2015

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Rabies Data 2006-2015

Animals Vaccinated

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Inspections by Environmental Health Program

Immunizations for CY 2015

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CPEST Data for CY 2015

BCCP Data for CY 2015

Family Planning Data for CY 2015

AERS DATA FOR CY 2015

- STEPS assessment: evaluation process used to determine the level of care a client may need
- STEPS facility: STEPS that determines the level of care for a nursing facility placement
- PASSAR assessment: evaluation used to determine the level of care for someone who is mentally ill or mentally incapacitated secondary to a medical condition
- CFC assessment: RN completes a detailed history to determine if the client is safe to remain in the community
- Nurse monitoring (NSG): RN periodically evaluates the care provided in the home provided by an agency to ensure quality

WIC Participants for CY 2015

WIC Participation vs Enrollment CY 2015

Breastfeeding Percentage by Participation

Unduplicated Behavioral Health Clients

MH CM = Mental Health Case Management | SRD = Substance Related Disorders

Unduplicated Behavioral Health Services

MH CM = Mental Health Case Management | SRD = Substance Related Disorders

Behavioral Health Service Area by Percentage

About the GCHD

Garrett County Health Department

The Garrett County Health Department has a total workforce of 160, comprised of merit, special pay, and 3rd party contractual employees, and is the 15th largest employer in the county. The total operating budget is approximately $12,000,000, which funds 72 individual programs. The Garrett County Health Department is funded by state core dollars, local core dollars, state targeted grants, direct federal grants, pass through federal funding, and fees for service programs.

The Health Officer is appointed by the Secretary of Health upon recommendation of County Commissioners. The Garrett County Board of Health consists of Garrett County Board of Commissioners with the Health Officer as Executive Secretary and Secretary. The Health Officer administers delegated programs from Secretaries of Health and Environment. The Garrett County Health Department administers ordinances adopted by the Garrett County Board of Health.

Public Health
Prevent. Promote. Protect.

*The photos used throughout this book are from Unsplash, Pexels, Pixabay, and the CDC.

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