



# Garrett County, Maryland

## 2022 STATUS OF HEALTH

Presented to Garrett County Board of Health  
By: Robert Stephens – Health Officer  
5/26/2022



Robert Wood Johnson  
Foundation

**CULTURE  
OF HEALTH  
PRIZE**  
2017 WINNER

# DATA SOURCES

- **State Health Improvement Process, SHIP Rankings by Jurisdiction**
- **Census Data**
- **Vital Statistics for Garrett County and Maryland Behavioral Risk Factor Survey**
- **Youth Risk Behavior Survey**
- **Ready at Five Partnership**
- **Robert Wood Johnson County Health Rankings & Roadmaps**
- **Hyperlocal data collected on [mygarrettcountry.com](https://mygarrettcountry.com)**





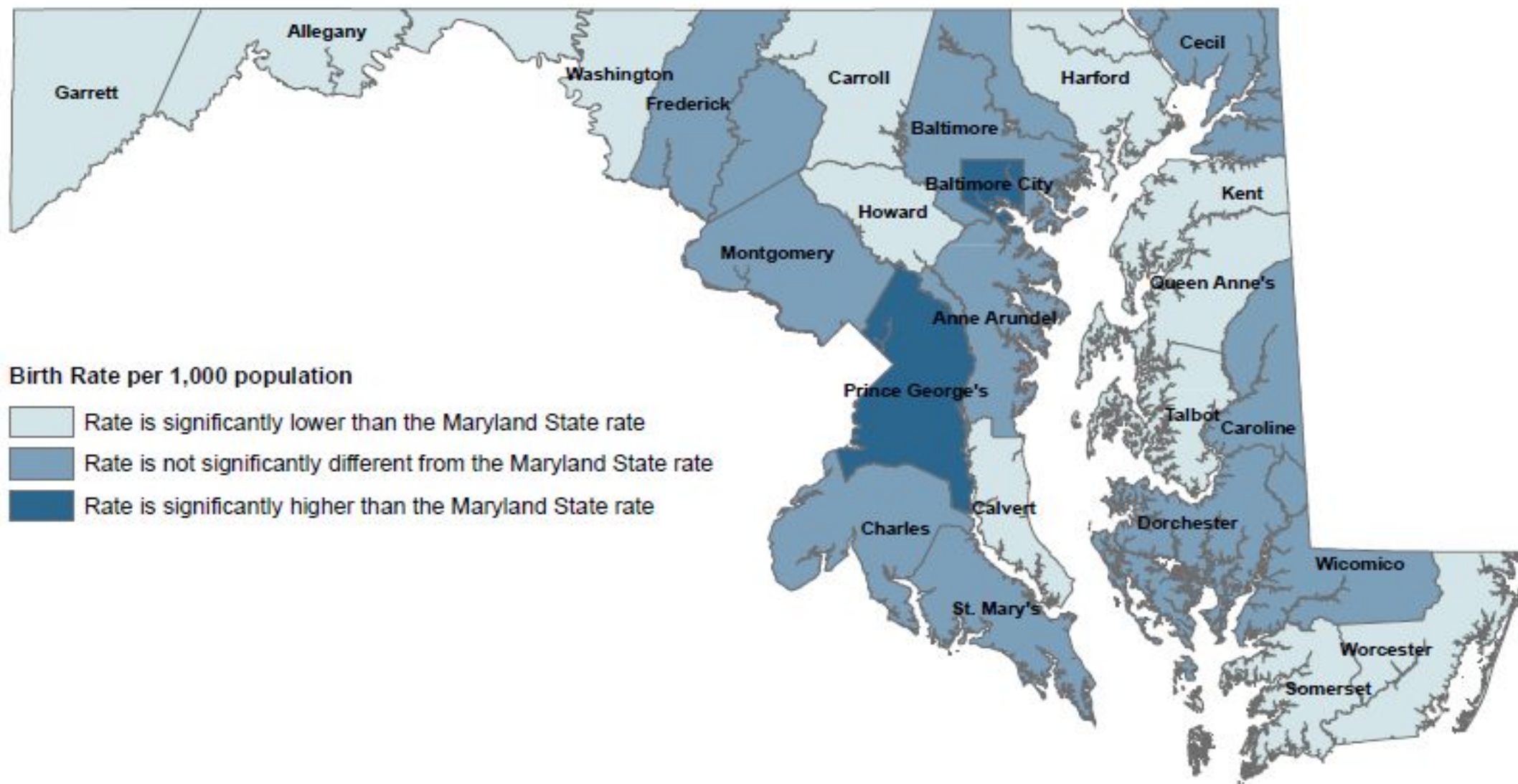
# Demographics

<b>Persons under 18 years of age:</b>	<b>Maryland 22.12%</b>	<b>Garrett County 18.4%</b>
<b>Persons 65 years old and over:</b>	<b>Maryland 15.9%</b>	<b>Garrett County 23.1%</b>
<b>Median Household Income:</b>	<b>Maryland \$87,063</b>	<b>Garrett County \$54,542</b>
<b>Persons in Poverty:</b>	<b>Maryland 9%</b>	<b>Garrett County 12.8%</b>
<b>Population Per Square Mile:</b>	<b>Maryland 594.8</b>	<b>Garrett County 46.5</b>

Source: U.S. Census Bureau - Quickfacts

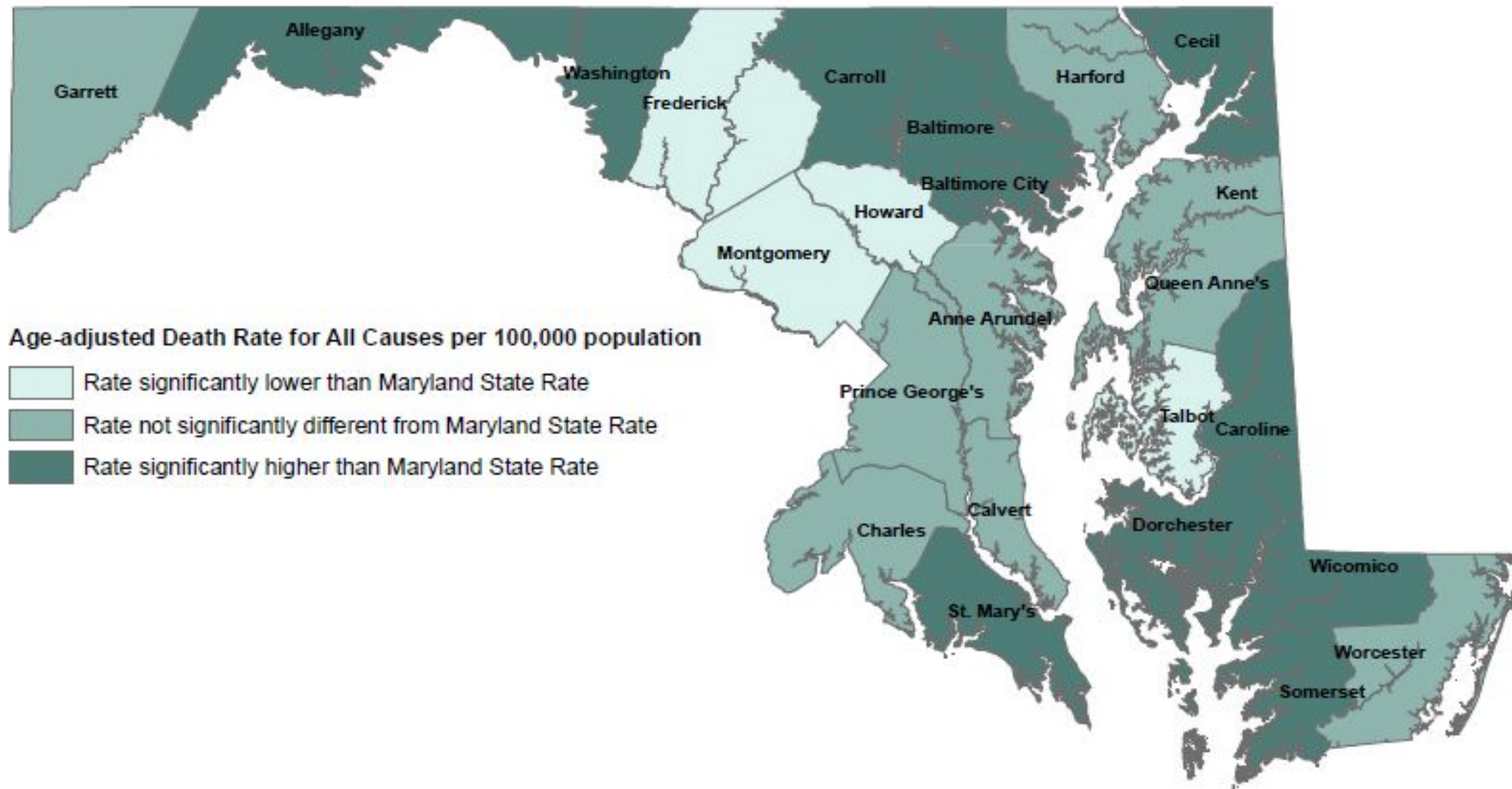
# Comparison of Jurisdiction Birth Rates\* with the Maryland State Rate, 2019

**GARRETT COUNTY**  
HEALTH DEPARTMENT

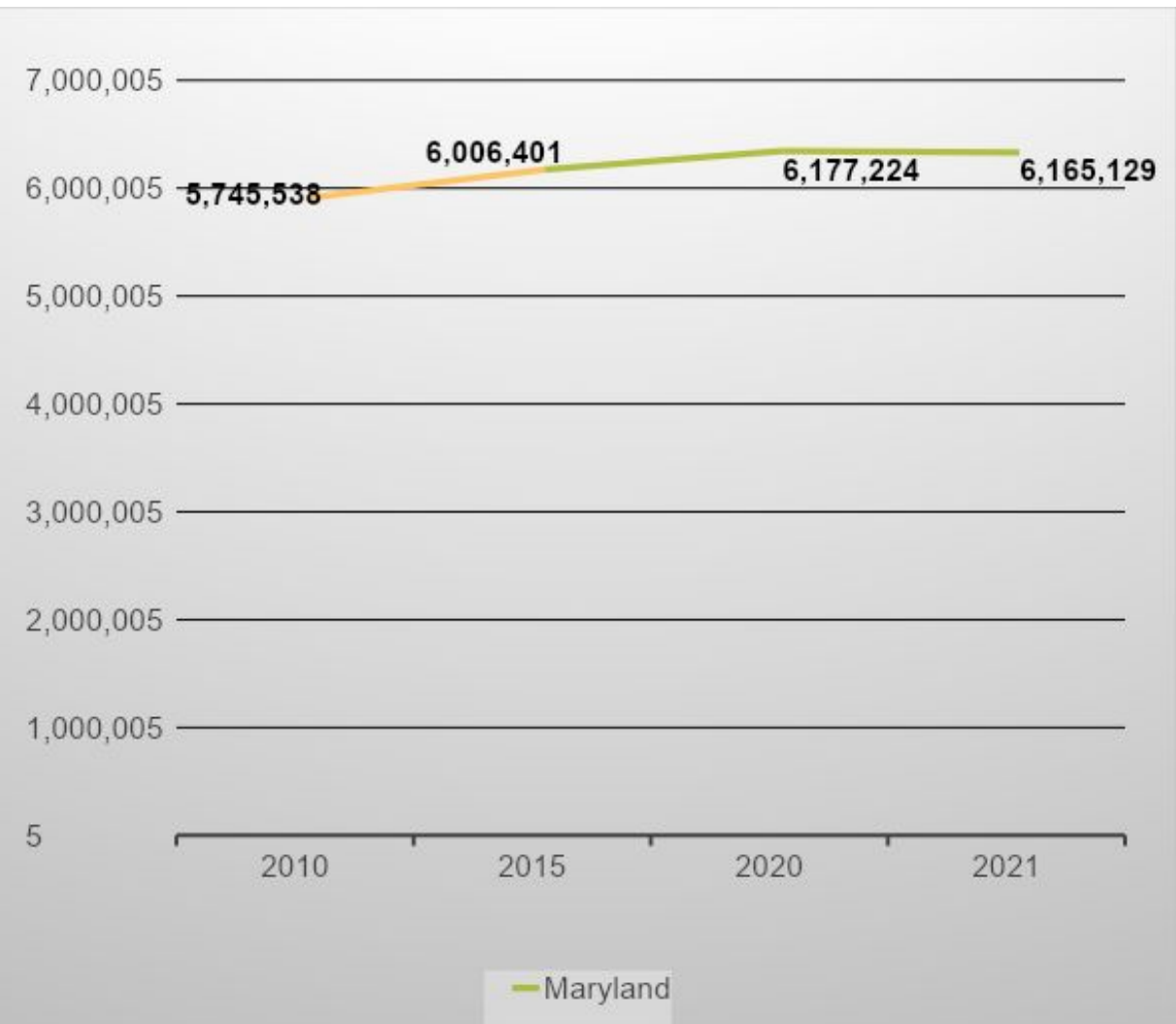
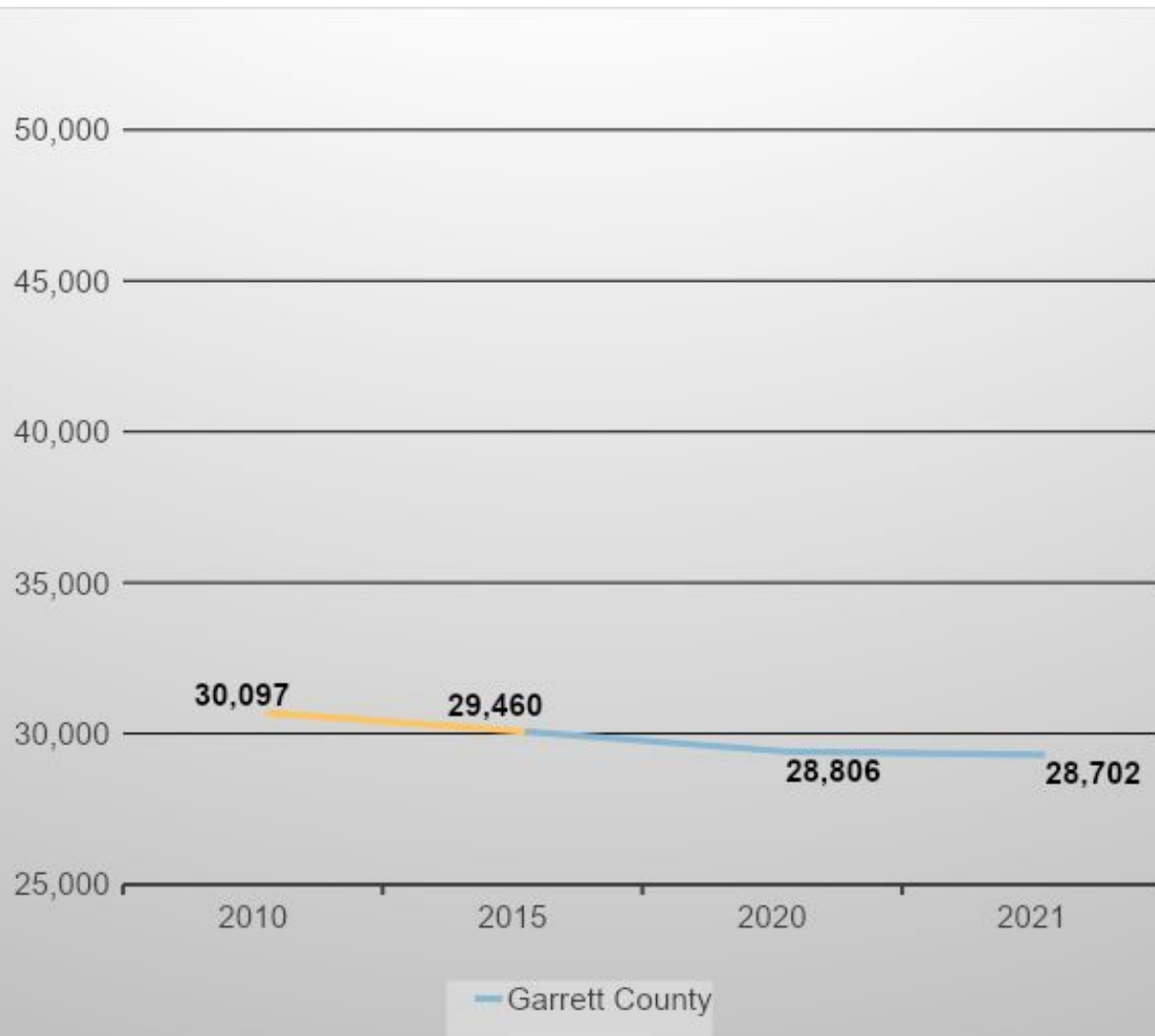




# Comparison of Jurisdiction Age-adjusted Death Rates\* for All Causes with the Maryland State Rate, 2017-2019

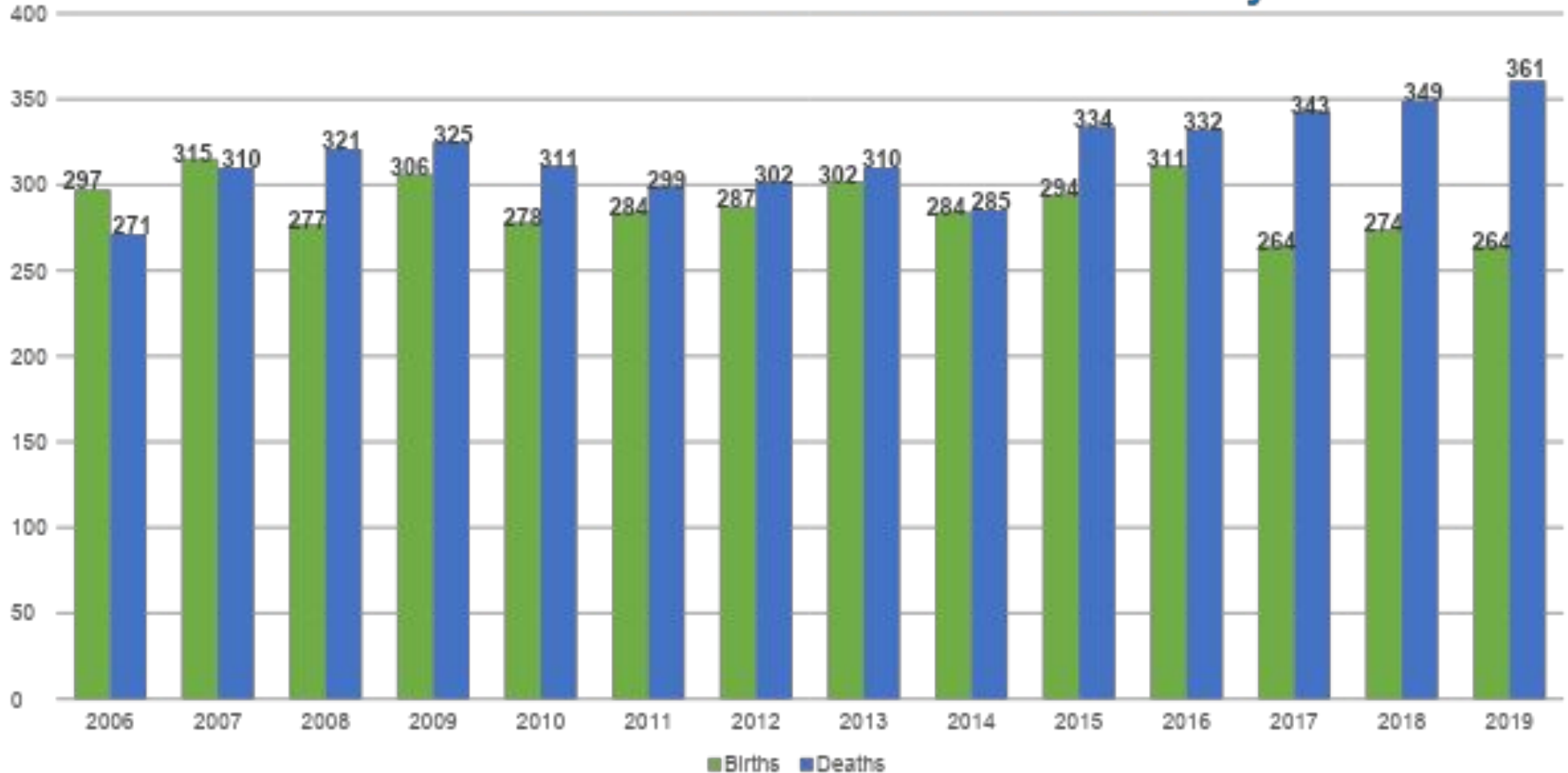


# Population Decline

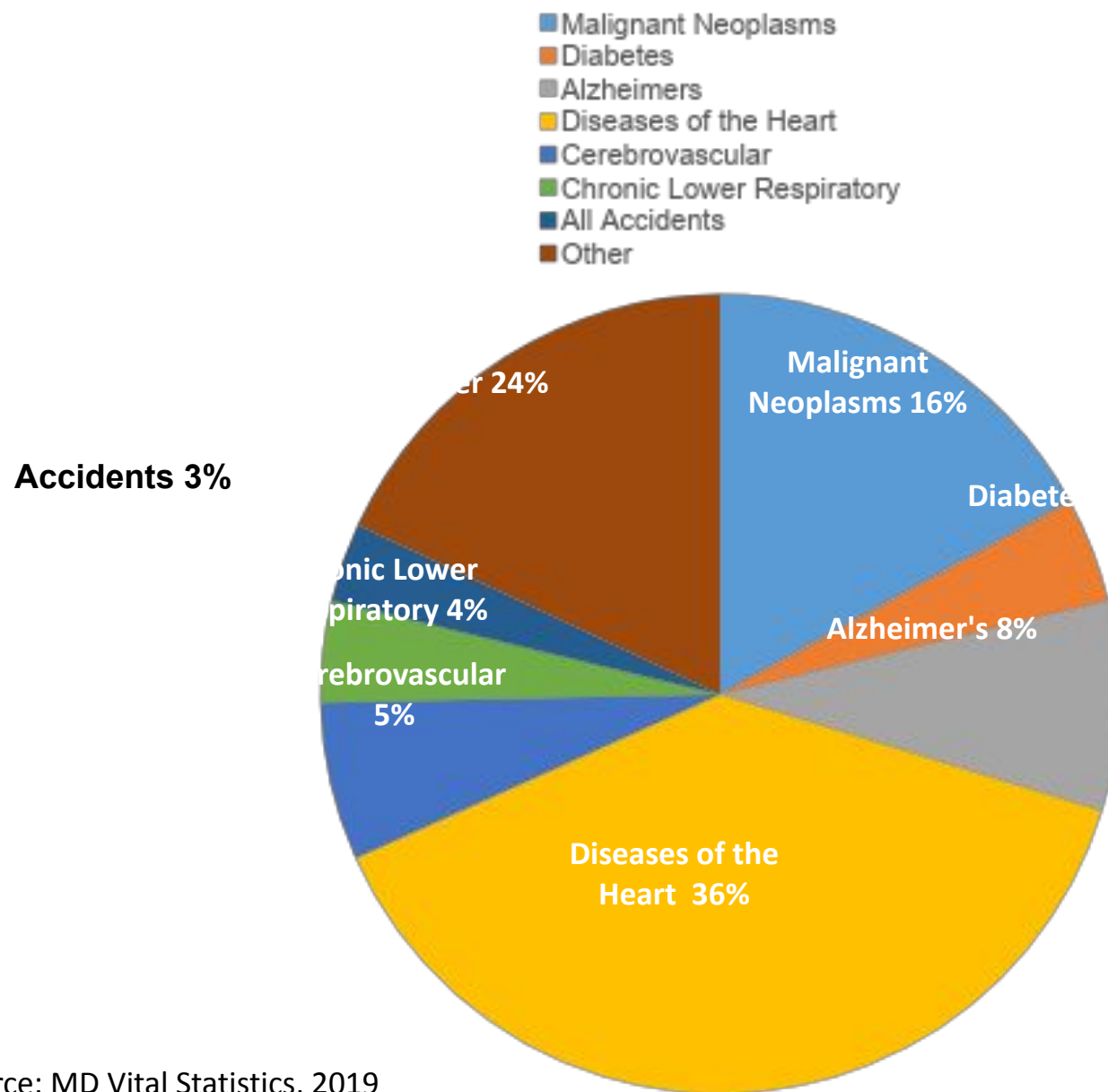


Source: U.S. Census, Garrett County Quick Facts, 2022

## Births and Deaths in Garrett County



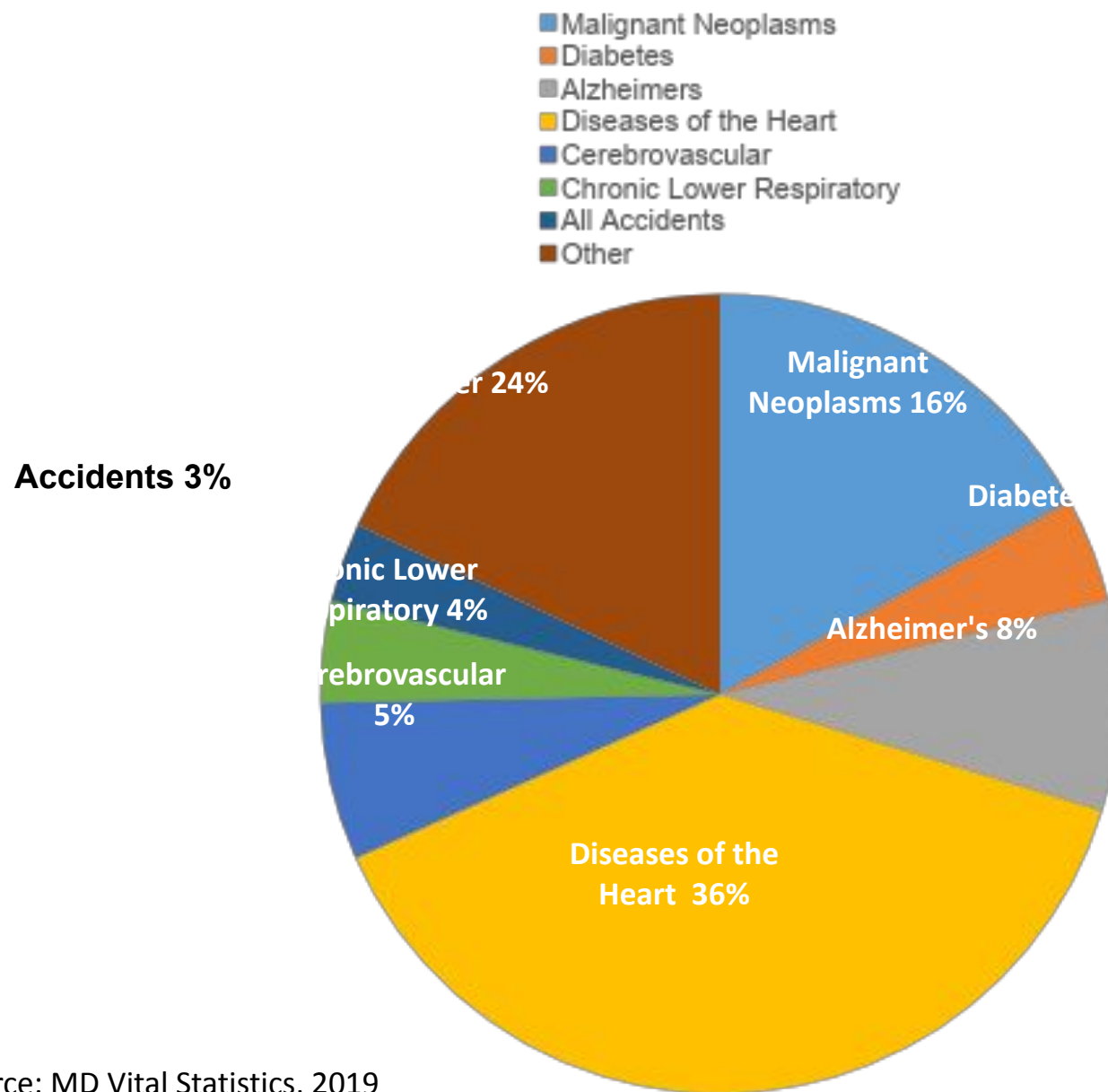
## Deaths in Garrett County 2017-2019



Source: MD Vital Statistics, 2019






## Deaths in Garrett County 2017-2019



“Other categories include: Nephritis, Suicide, Homicide, Poisoning (OD), Peptic Ulcer, Parkinson's, Influenza/Pneumonia, etc., and have fewer than 3% in each.

Source: MD Vital Statistics, 2019










	Garrett (GA) County	Trend ⓘ	Error Margin	Top U.S. Performers ⓘ	Maryland
Health Outcomes	15				
Length of Life					
Premature death	ⓘ 7,500		6,300-8,800	5,600	7,500
Quality of Life					
Poor or fair health	ⓘ 18%		16-21%	15%	14%
Poor physical health days	ⓘ 4.0		3.7-4.4	3.4	3.2
Poor mental health days	ⓘ 5.0		4.6-5.4	4.0	4.0
Low birthweight	8%		7-9%	6%	9%
Additional Health Outcomes (not included in overall ranking) +					
Health Factors	14				
Health Behaviors					
Adult smoking	ⓘ 21%		17-24%	15%	13%
Adult obesity	ⓘ 35%		33-37%	30%	32%
Food environment index	7.7			8.8	8.7
Physical inactivity	ⓘ 27%		24-29%	23%	23%
Access to exercise opportunities	45%			86%	88%
Excessive drinking	ⓘ 17%		16-18%	15%	16%
Alcohol-impaired driving deaths	31%		23-40%	10%	28%
Sexually transmitted infections	196.5			161.8	624.9
Teen births	21		17-24	11	15

# GARRETT COUNTY HEALTH RANKINGS 2022

Note: Blank values reflect unreliable or missing data


# GARRETT COUNTY HEALTH RANKINGS 2022

Note: Blank values reflect unreliable or missing data

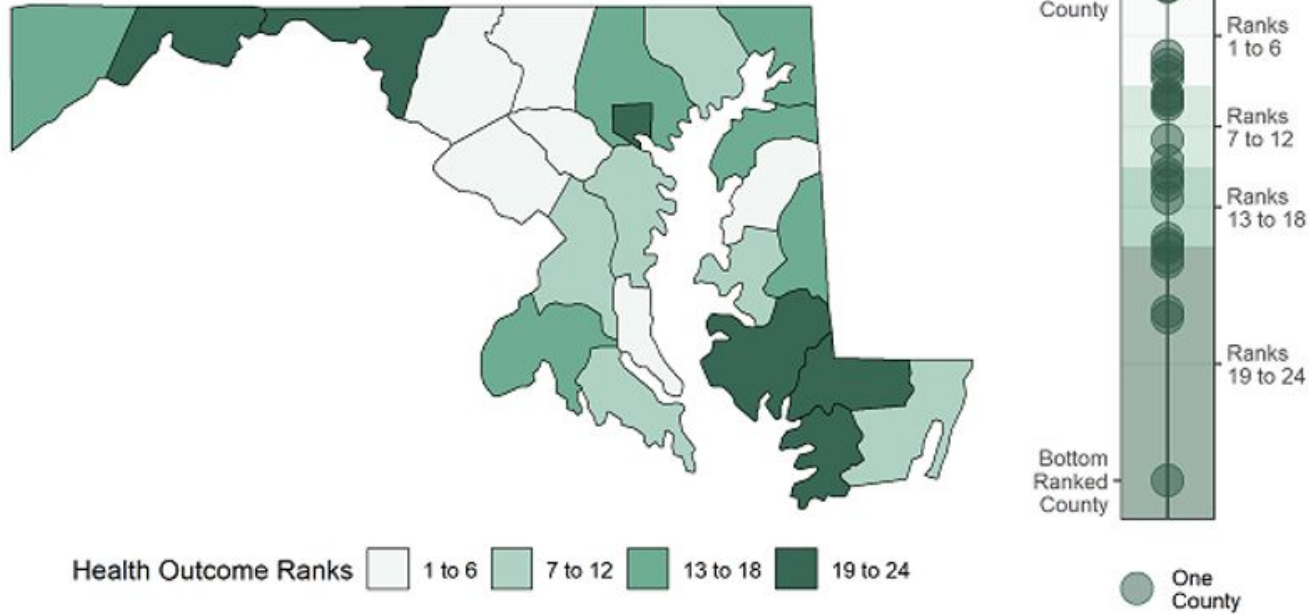
	Garrett (GA) County	Trend ⓘ	Error Margin	Top U.S. Performers ⓘ	Maryland
Clinical Care					
Uninsured	8%		6-9%	6%	7%
Primary care physicians	1,930:1			1,010:1	1,120:1
Dentists	2,220:1			1,210:1	1,260:1
Mental health providers	610:1			250:1	330:1
Preventable hospital stays	3,228			2,233	3,568
Mammography screening	45%			52%	42%
Flu vaccinations	41%			55%	51%
Social & Economic Factors					
High school completion	90%		88-92%	94%	91%
Some college	55%		48-62%	74%	71%
Unemployment	6.6%			4.0%	6.8%
Children in poverty	<b>17%</b>		10-23%	9%	11%
Income inequality	4.0		3.6-4.5	3.7	4.5
Children in single-parent households	21%		14-27%	14%	26%
Social associations	12.1			18.1	9.0
Violent crime	223			63	459
Injury deaths	86		71-101	61	88



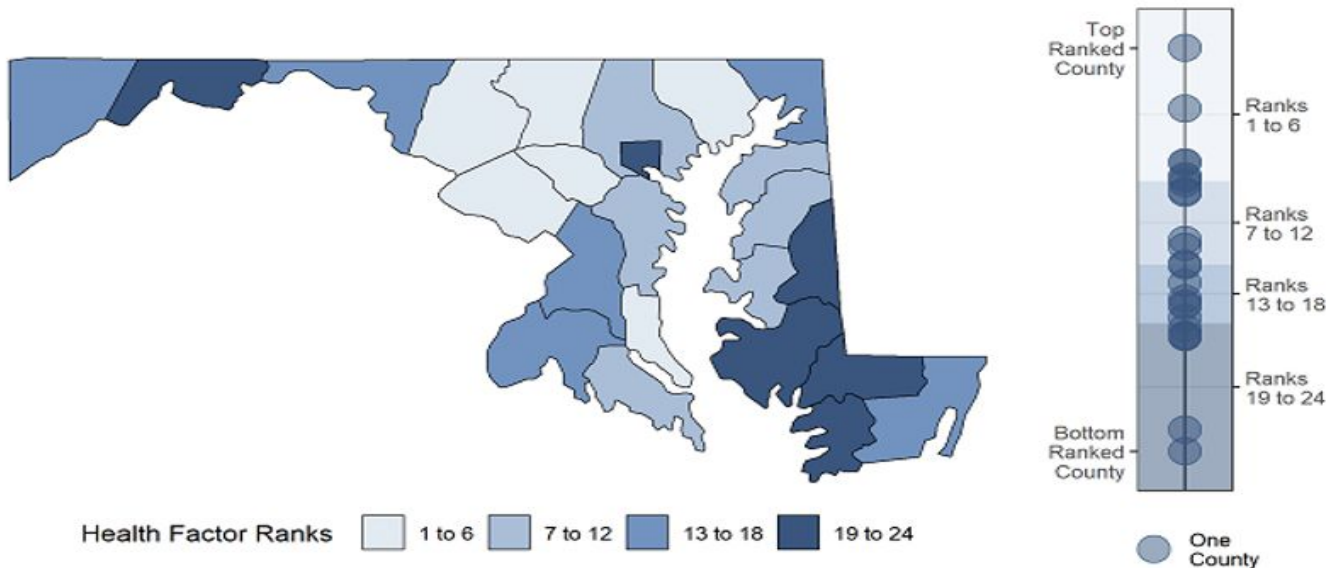
# 2022 GARRETT COUNTY HEALTH RANKINGS

Physical Environment	Garrett		Top Performers	Maryland
Air pollution - particulate matter	5.6		5.9	7.4
Drinking water violations	No			
Severe housing problems	12%	10-14%	9%	16%
Driving alone to work	79%	76-81%	72%	72%
Long commute - driving alone	31%	26-35%	16%	50%
Additional Physical Environment (not included in overall ranking) +				

## Health Outcomes

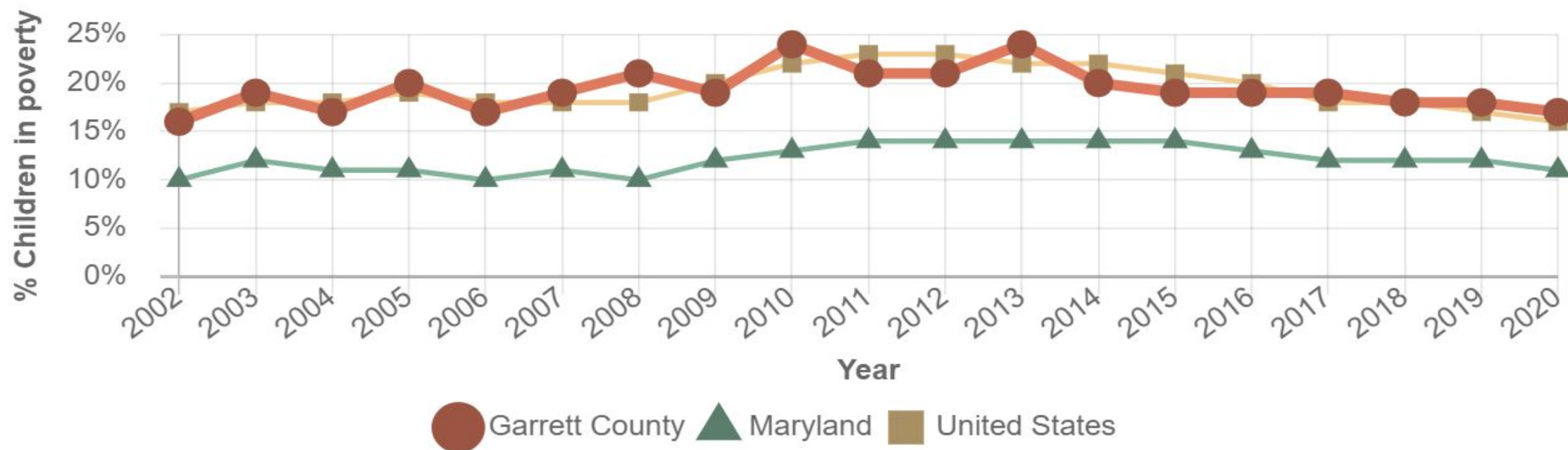


## Health Factors



## Children in poverty in Garrett County, MD County, state and national trends

No significant long term trend was found in Garrett County for this measure. However, in recent years the trend has improved.



**Notes:**

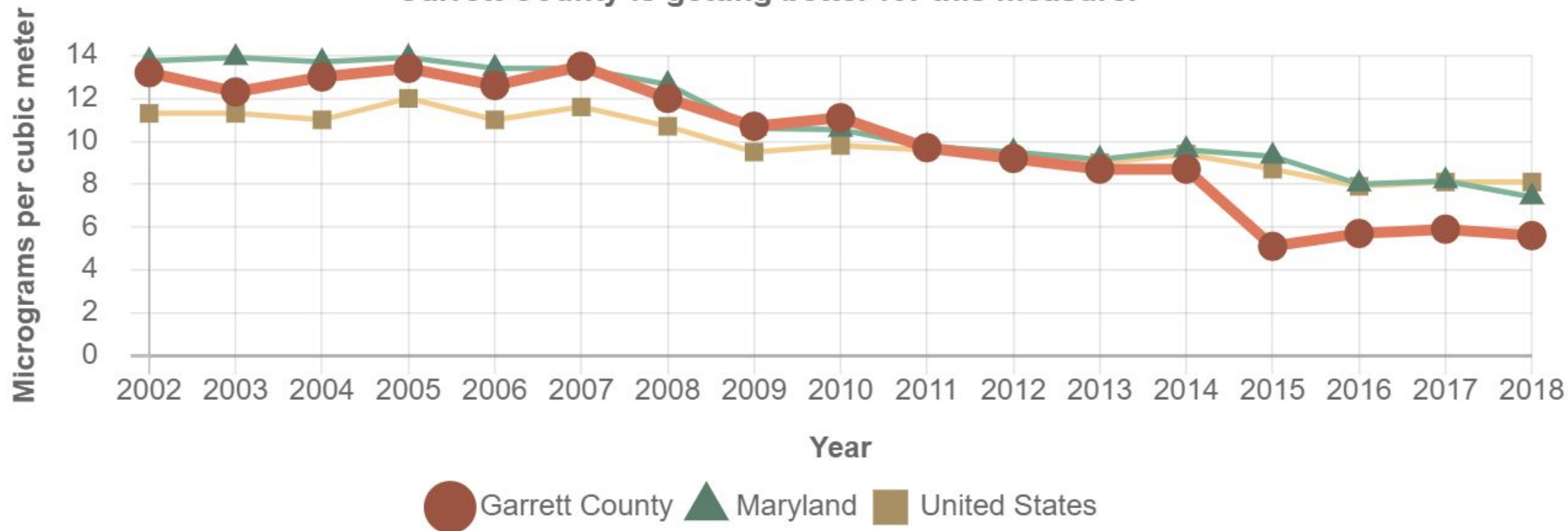
Prior to 2005, Children in poverty was based on the Current Population Survey; beginning in 2005, it was based on the American Community Survey.



## Air pollution - particulate matter in Garrett County, MD

### Average density of fine particulate matter: county, state and national trends

Garrett County is getting better for this measure.



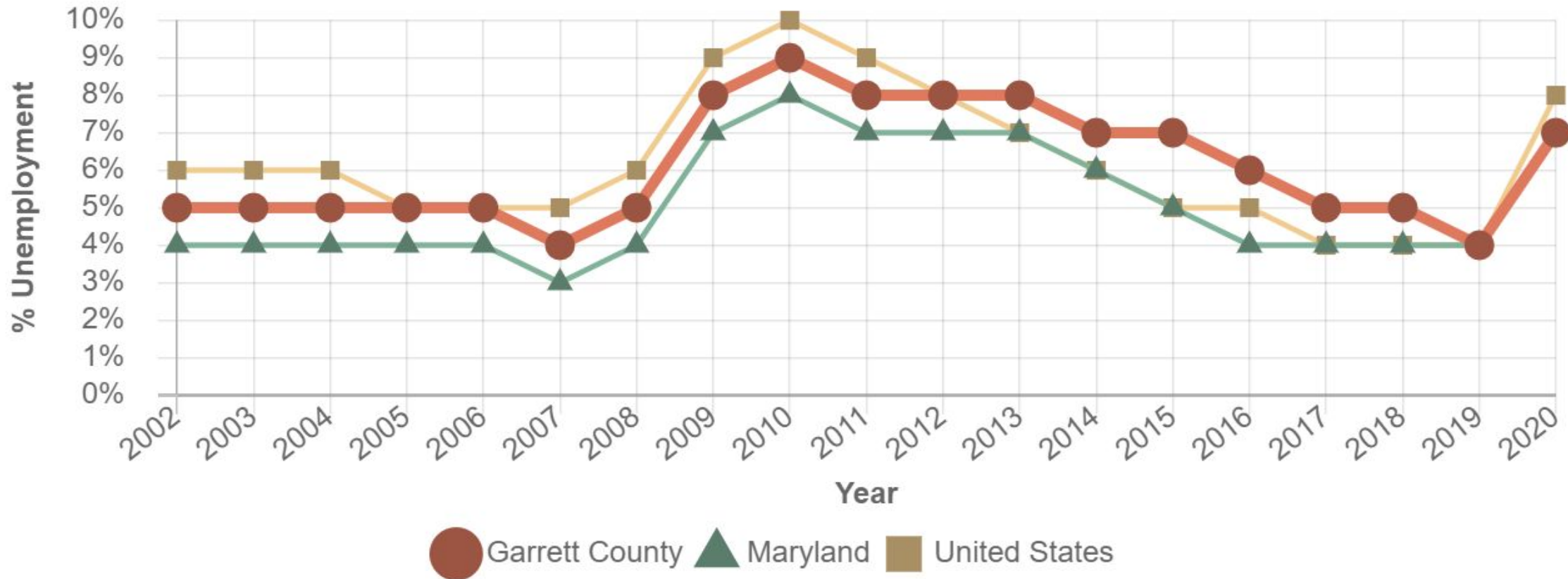
**Notes:**

Data in this trend graph are taken from the Environmental Public Health Tracking Network, and will not match data used in the 2014-2016 Rankings.

County Health Rankings and Roadmaps

## Unemployment in Garrett County, MD County, state and national trends

No significant trend was found in Garrett County for this measure.



County Health Rankings and Roadmaps

## Garrett (GA)



### Health Outcomes

Garrett (GA) is ranked in the lower middle range of counties in Maryland (Lower 25%-50%)



### Health Factors

Garrett (GA) is ranked in the lower middle range of counties in Maryland (Lower 25%-50%)



# State Health Improvement Process






*SHIP provides a framework for continual progress toward a healthier community.*

Including 39 measures and 5 focus areas

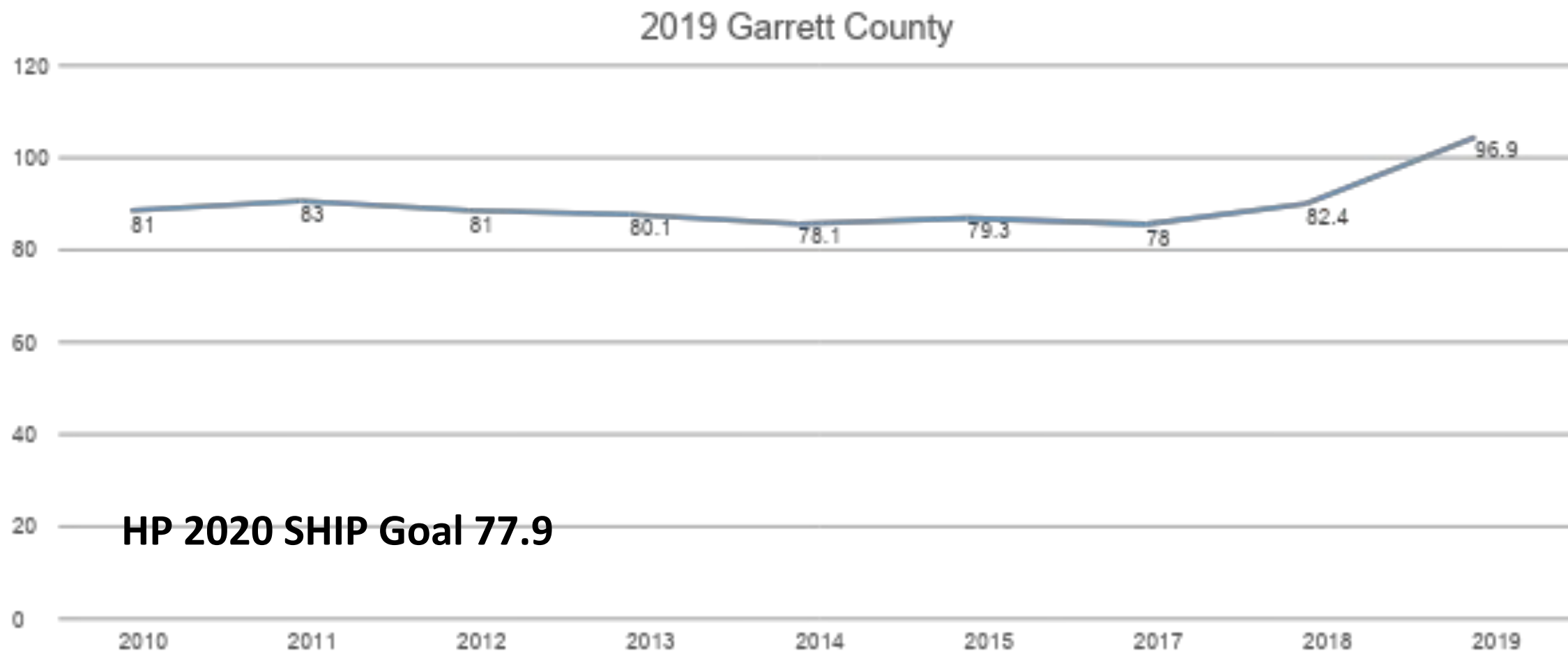
## Focus Areas:

- Healthy Beginnings
- Healthy Living
- Healthy Communities
- Access to Health Care
- Quality Preventive Care

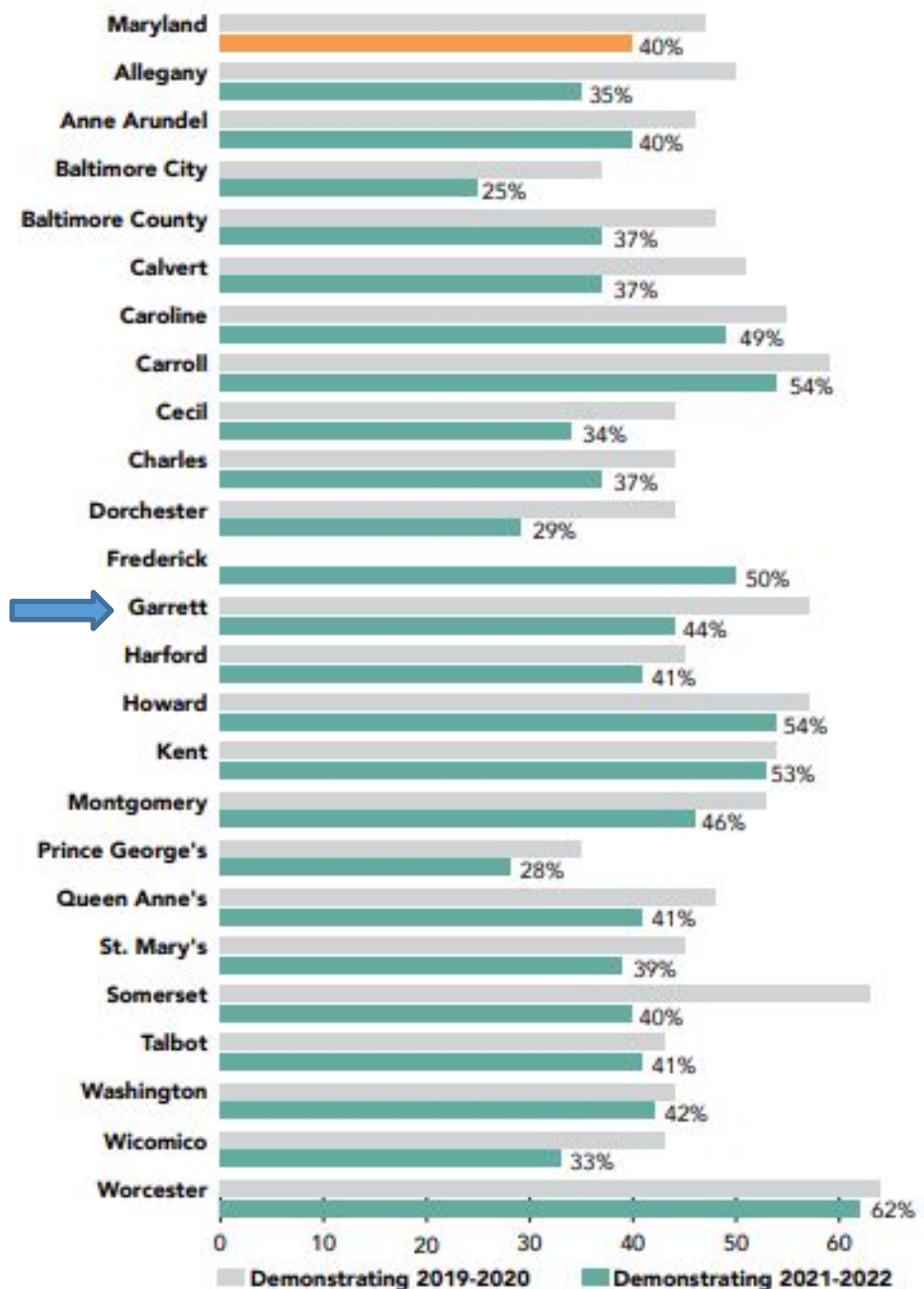
# Healthy Beginnings

	Meets or Exceeds State Goal	Needs Improvement
6 Measures	Early Prenatal Care 	Children Receiving Blood Lead Screening
	Students Entering Kindergarten Ready To Learn 	Babies with low birth weight 
	High School Graduation Rate 	Teen Birth Rate 

# Mothers Who Received Prenatal Care



# SCHOOL READINESS



This year, children across the state received the highest average scores in physical well-being and motor development and social foundations. This is consistent with scale scores from the previous KRA administration in 2019–2020.

## READINESS BY JURISDICTION

The 2021–2022 KRA data show:

- All 24 jurisdictions reported lower demonstrating readiness scores than in 2019–2020.
- Ten jurisdictions, representing over 29,000 kindergarteners, scored below the statewide average for demonstrating readiness.
- Howard, Kent, Talbot, Washington, and Worcester Counties demonstrated a decline in overall readiness of 5% or less, the smallest declines statewide.

Ready by 5



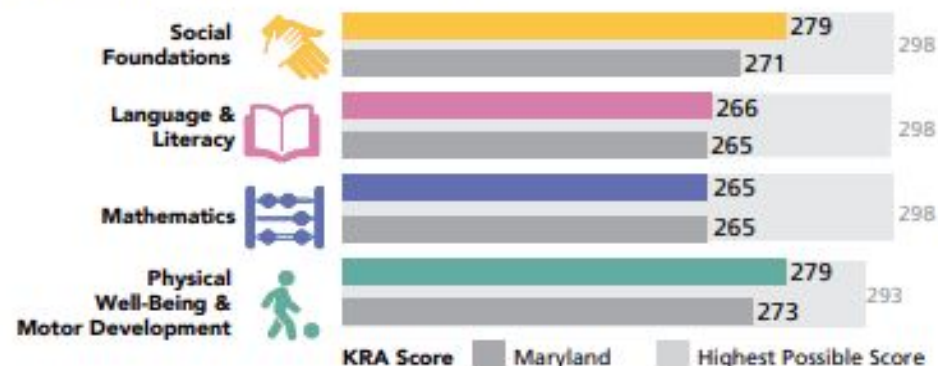
## Overall READINESS



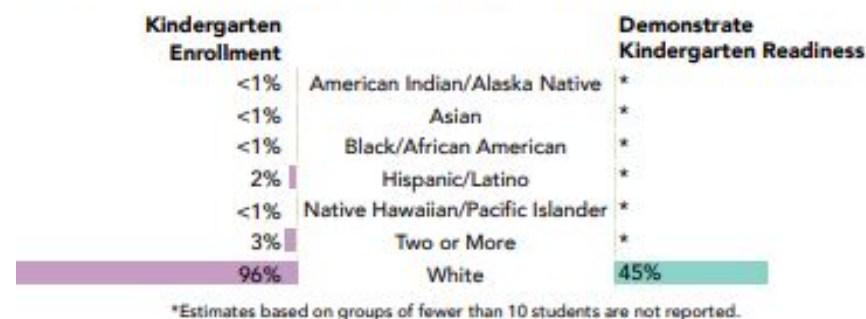
## Subgroup READINESS



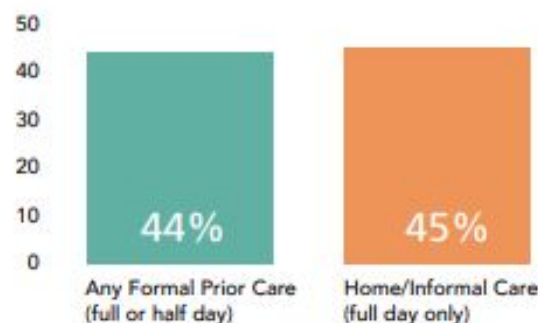
## Domain AVERAGE SCALE SCORE



## Race/Ethnicity DEMOGRAPHICS & READINESS



## Parent-Reported Prior Care READINESS



# 44%

DEMONSTRATE  
READINESS

# 251

KINDERGARTENERS

# 33%

OF KINDERGARTENERS  
ARE DIRECT CERTIFIED

# 7%

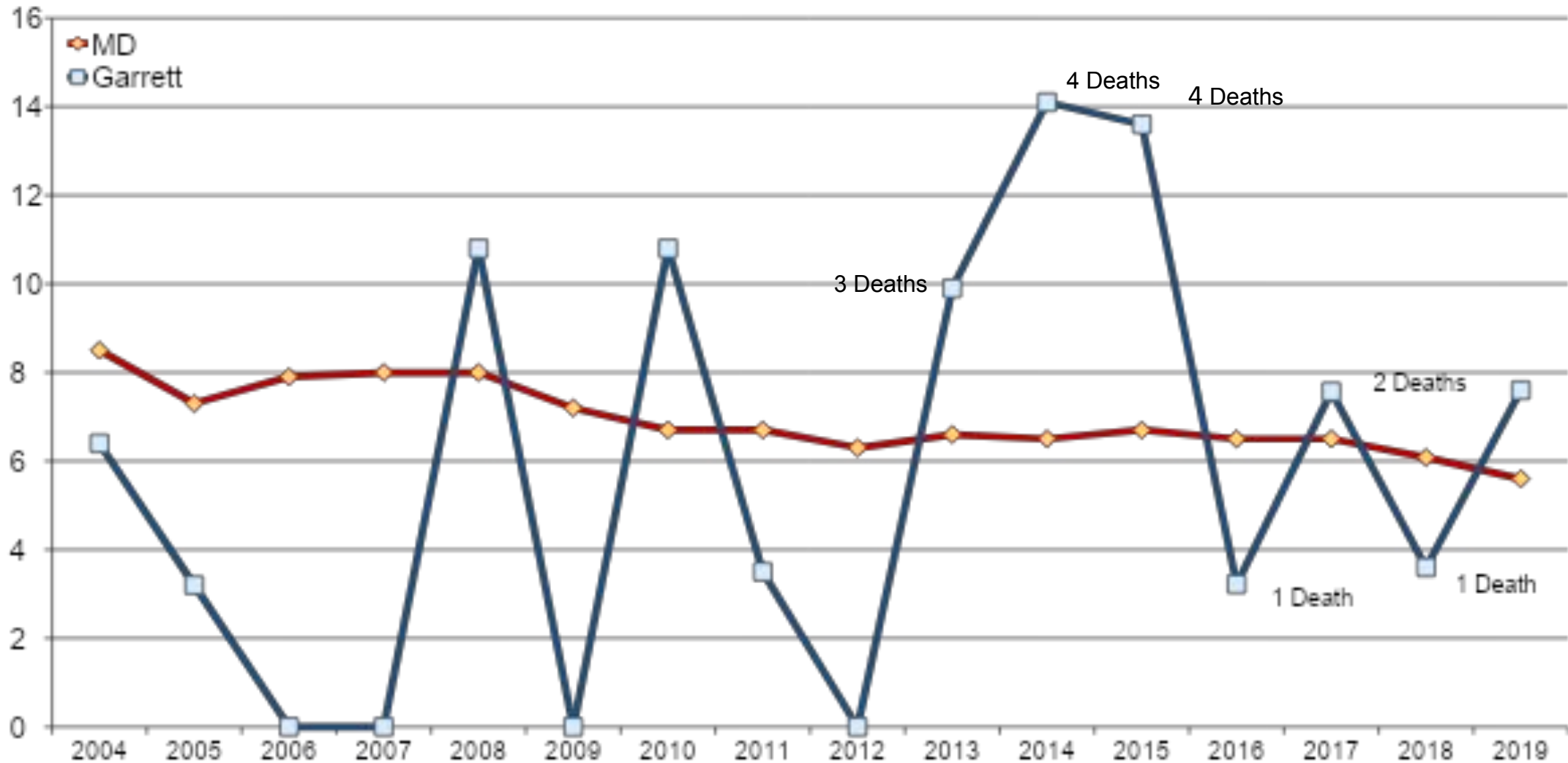
OF KINDERGARTENERS  
HAVE IDENTIFIED  
DISABILITIES

# 0%

ARE ENGLISH LEARNERS

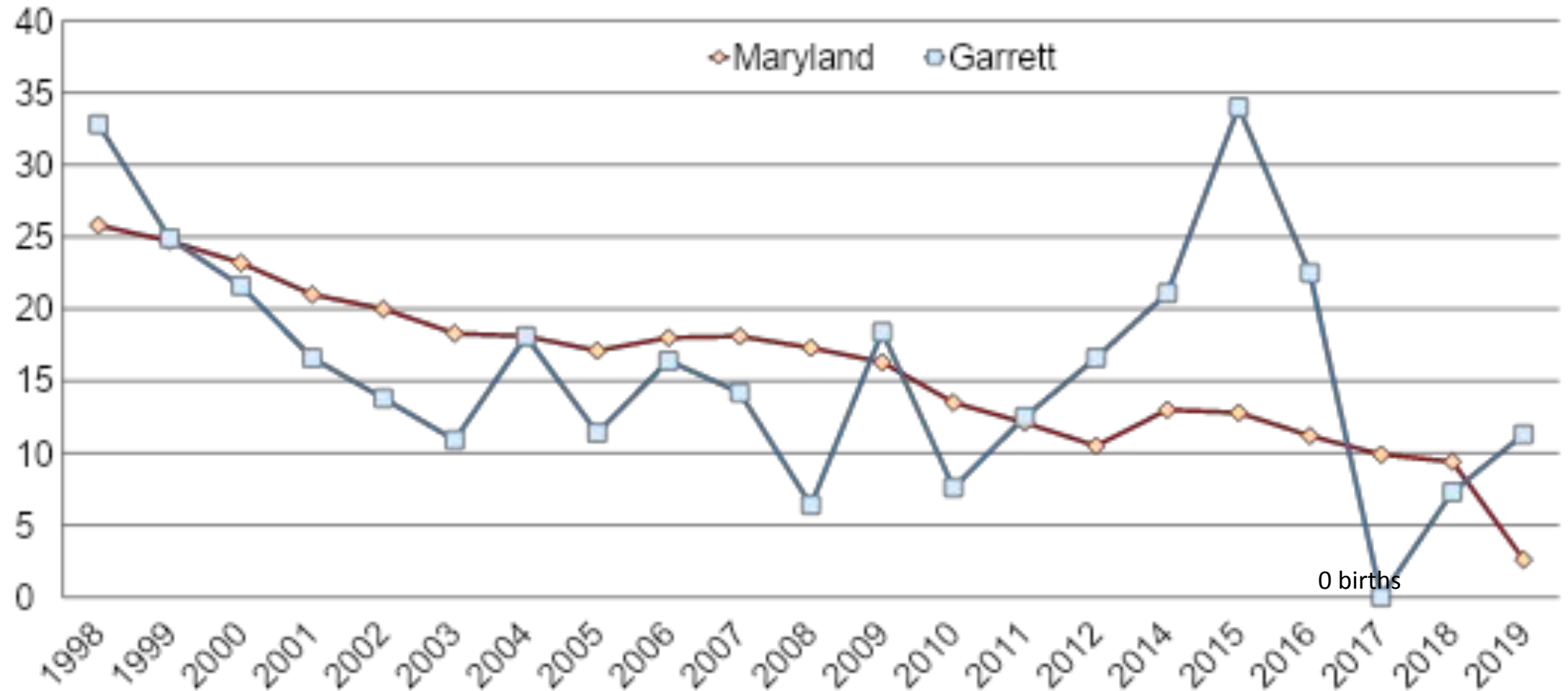
# GARRETT

# Infant Mortality Rate Per 1,000 Live Births







Source: Maryland Vital Statistics Administration  
<https://health.maryland.gov/vsa>

## Births to Adolescents, All Races Rates per 1,000 Females, Ages 15-17



Source: Maryland Vital Statistics Administration  
<https://health.maryland.gov/vsa>

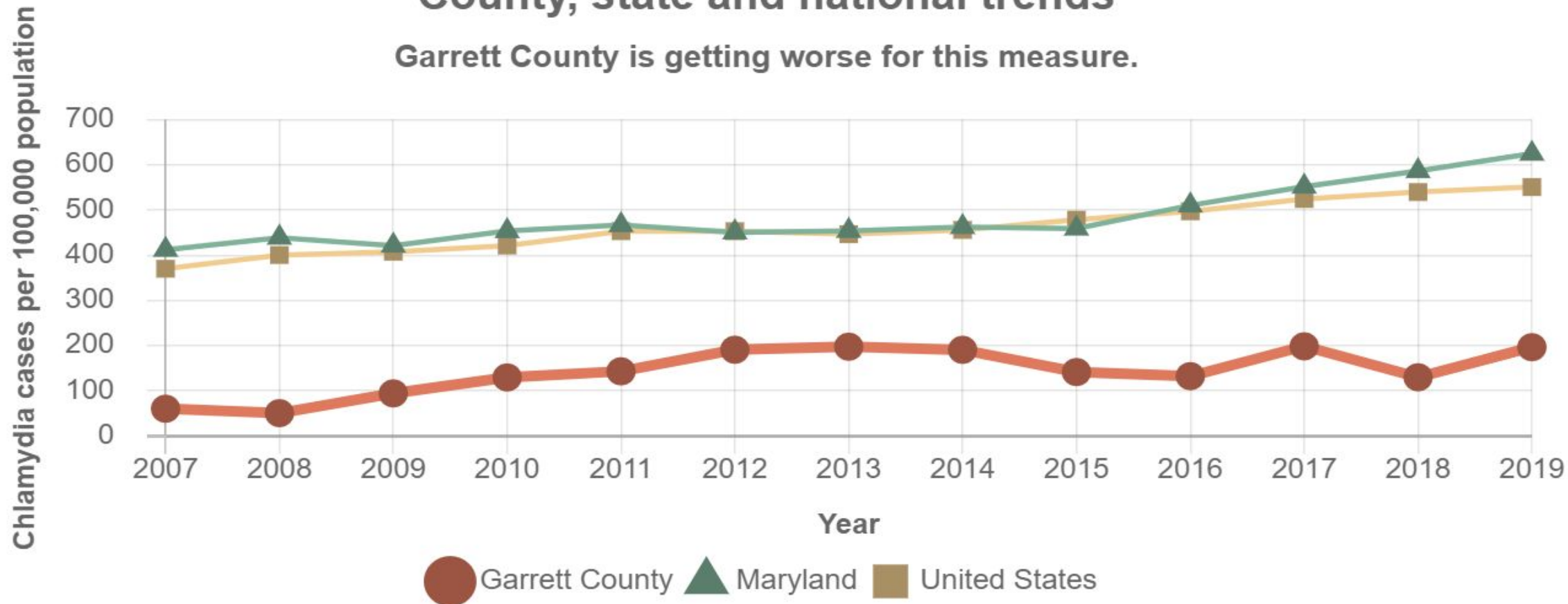
# Healthy Living

	Meets or Exceeds State Goal	Needs Improvement
8 Measures	HIV Incidence Rate	Life Expectancy
	Chlamydia Infection Rate	Increase Physical Activity 
		Adolescents Who Use Tobacco Products 
		Adults Who Currently Smoke 
		Adults Who Are At A Healthy Weight 
		Children & Adolescents Who Are Obese



# Sexually transmitted infections in Garrett County, MD County, state and national trends

Garrett County is getting worse for this measure.

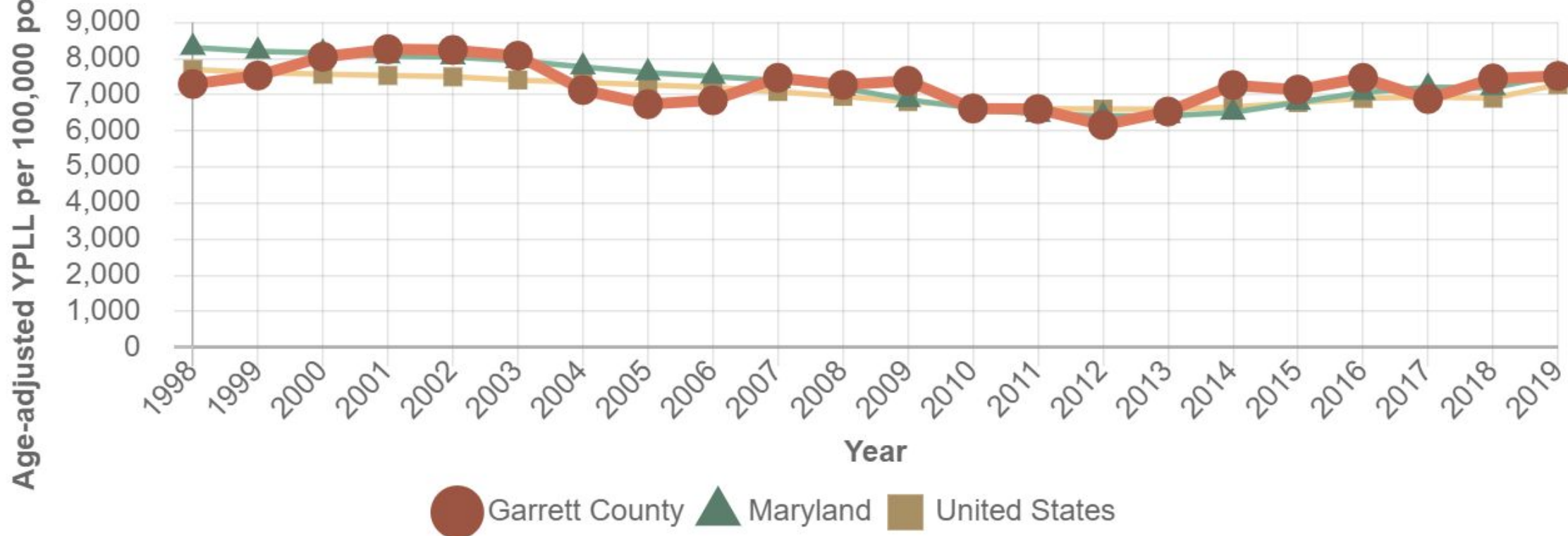


Notes:  
Sexually transmitted infections should only be compared across states with caution.

## Premature death in Garrett County, MD

### Years of Potential Life Lost (YPLL): county, state and national trends

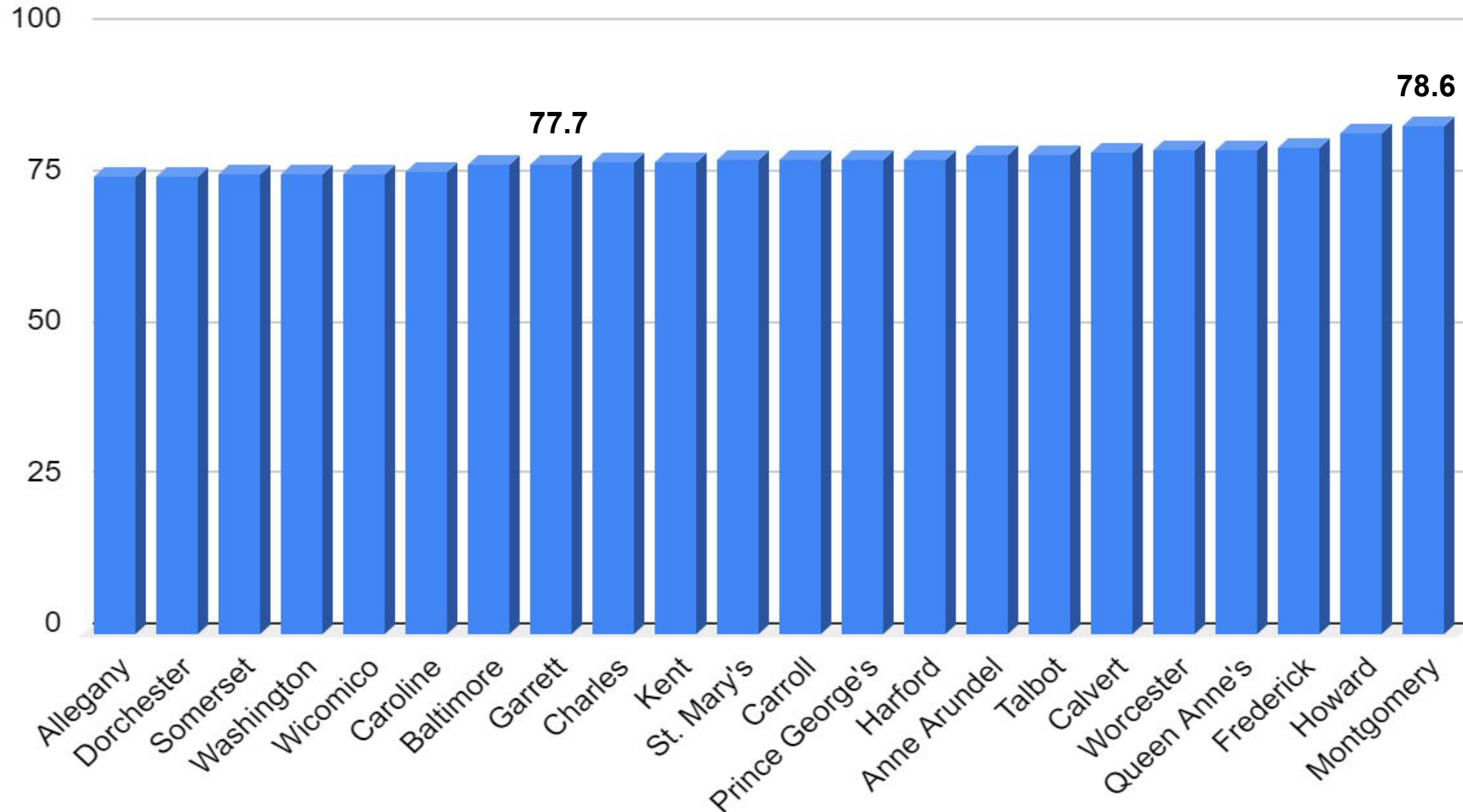
No significant trend was found in Garrett County for this measure.



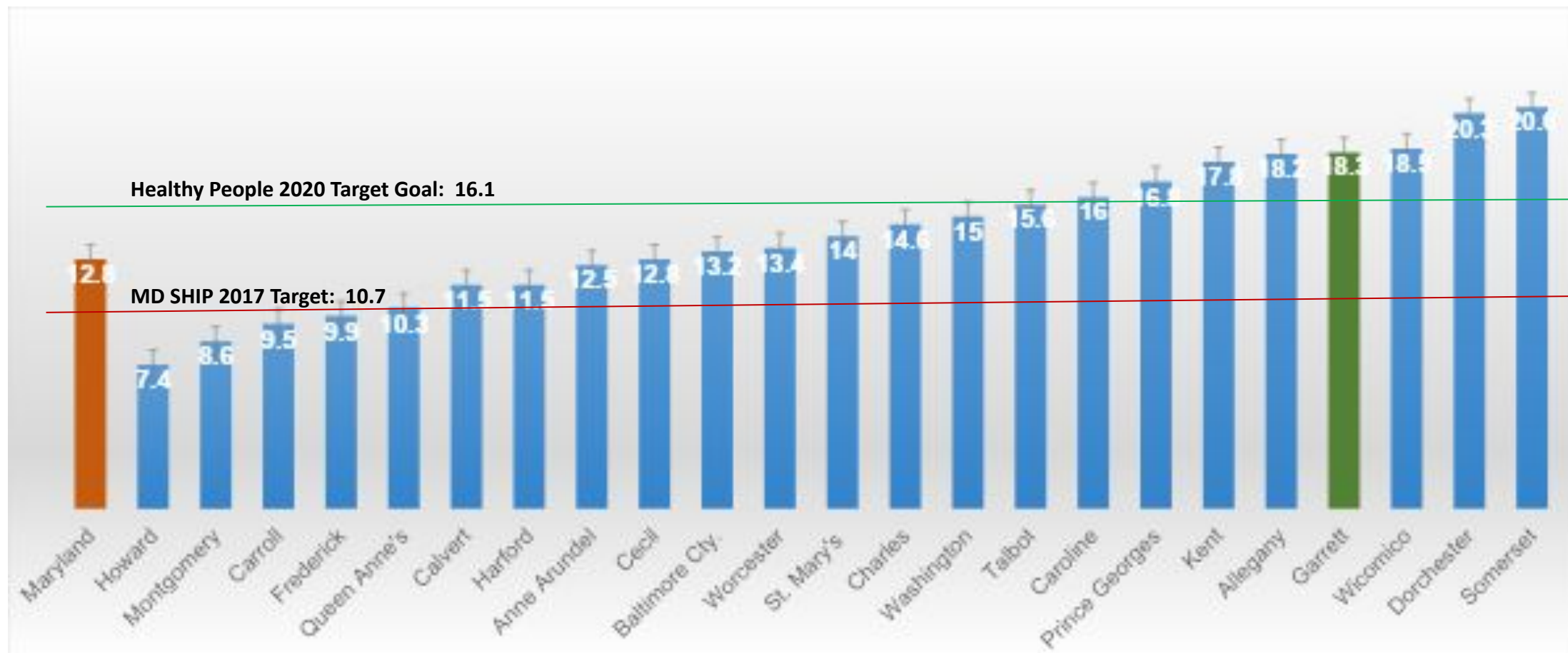
Notes:

Each year represents a 3-year average around the middle year (e.g. 2015 is the middle year of 2014-2016).

## LIFE EXPECTANCY - 2019

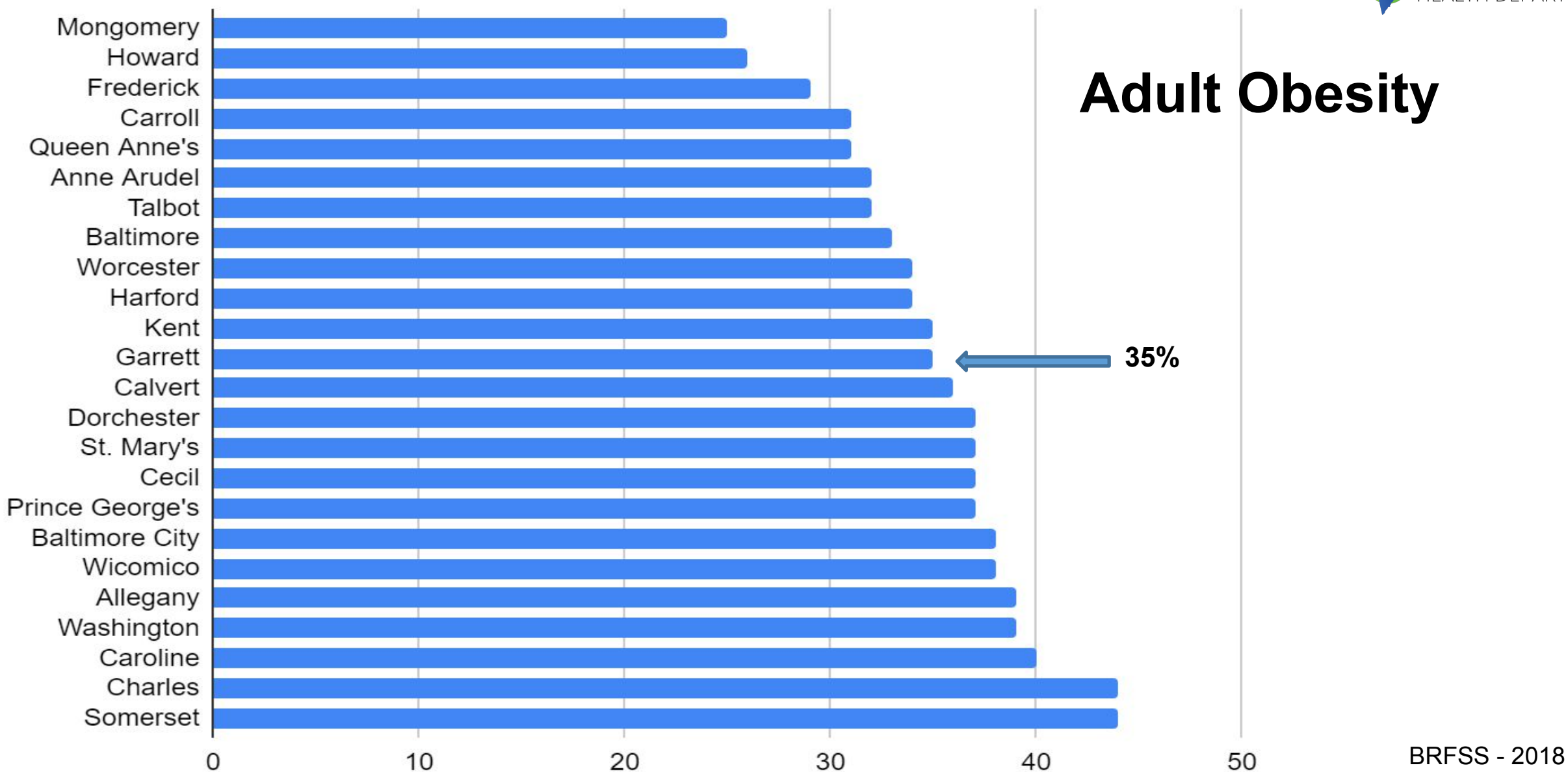


## Percentage of students who were obese (> 95th percentile for body mass index, by age and sex)

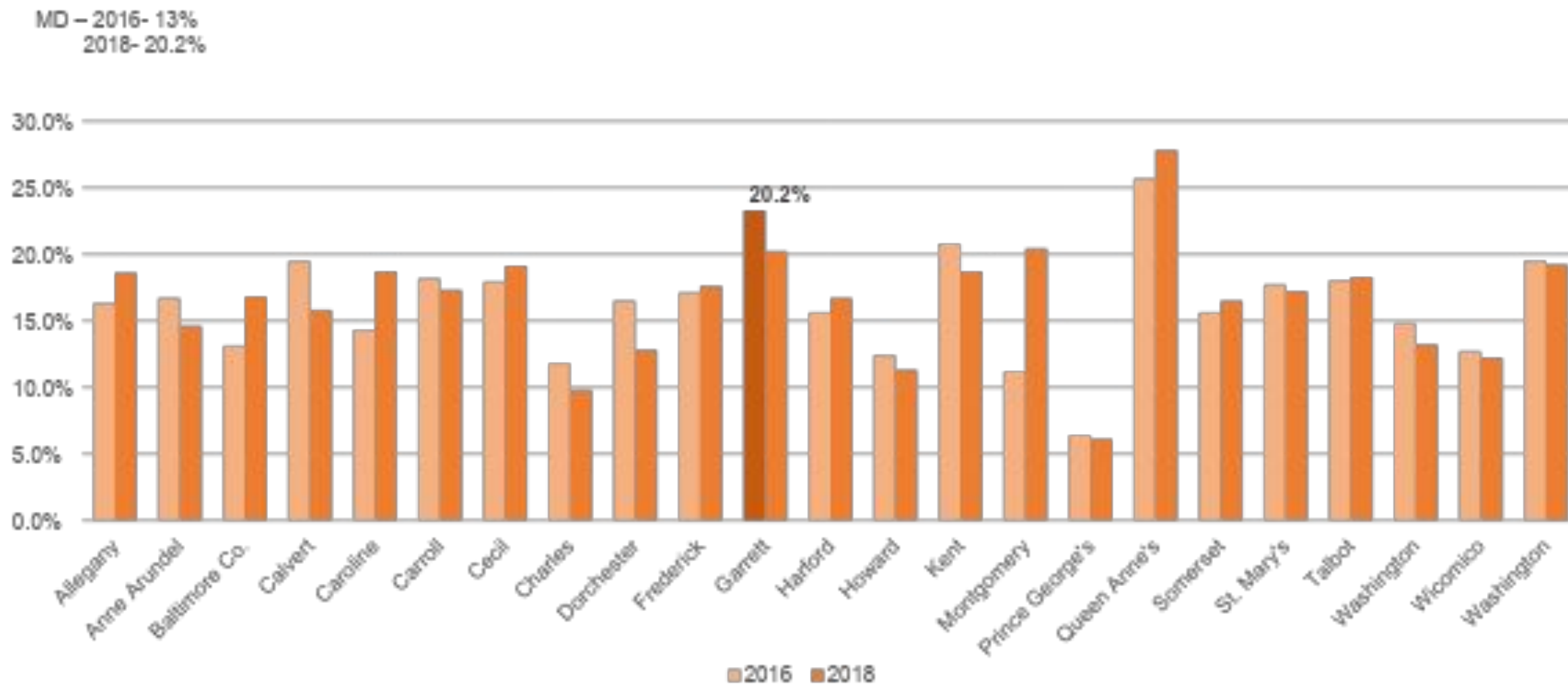




# Adult Obesity



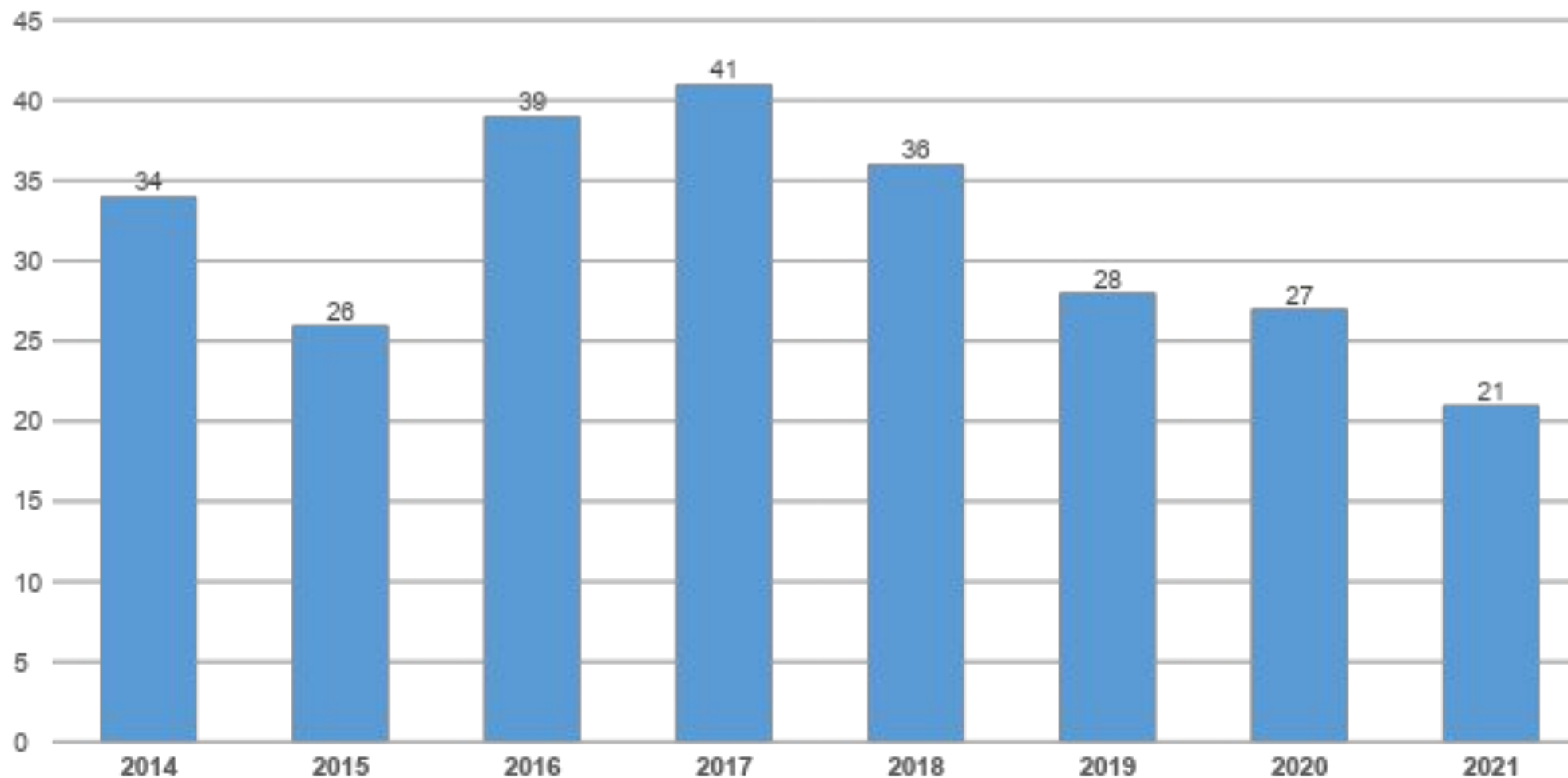
# Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



# Overdose Deaths by Year

By Year	Total OD Deaths	Rx Opiate	Fentanyl	Heroin	Any Opiate	No Opiates
2012	0	0	0	0	0	0
2013	6	2	0	1	2	4
2014	2	2	0	1	2	0
2015	5	4	0	4	4	1
2016	1	0	0	0	0	1
2017	8	4	0	1	5	3
2018	3	2	2	1	3	0
2019	10	1	6	1	7	3
2020	8	1	5	1	5	3
2021	6	0	6	1	6	0
Total	49	16	19	12	34	15
Average: 2012-2021	4.9	1.6	1.9	1.2	3.4	1.5

## Substance Exposed Newborns (SEN) delivered at GRMC or Collected in FP/OB Offices (Includes WV patients) by Fiscal Year.





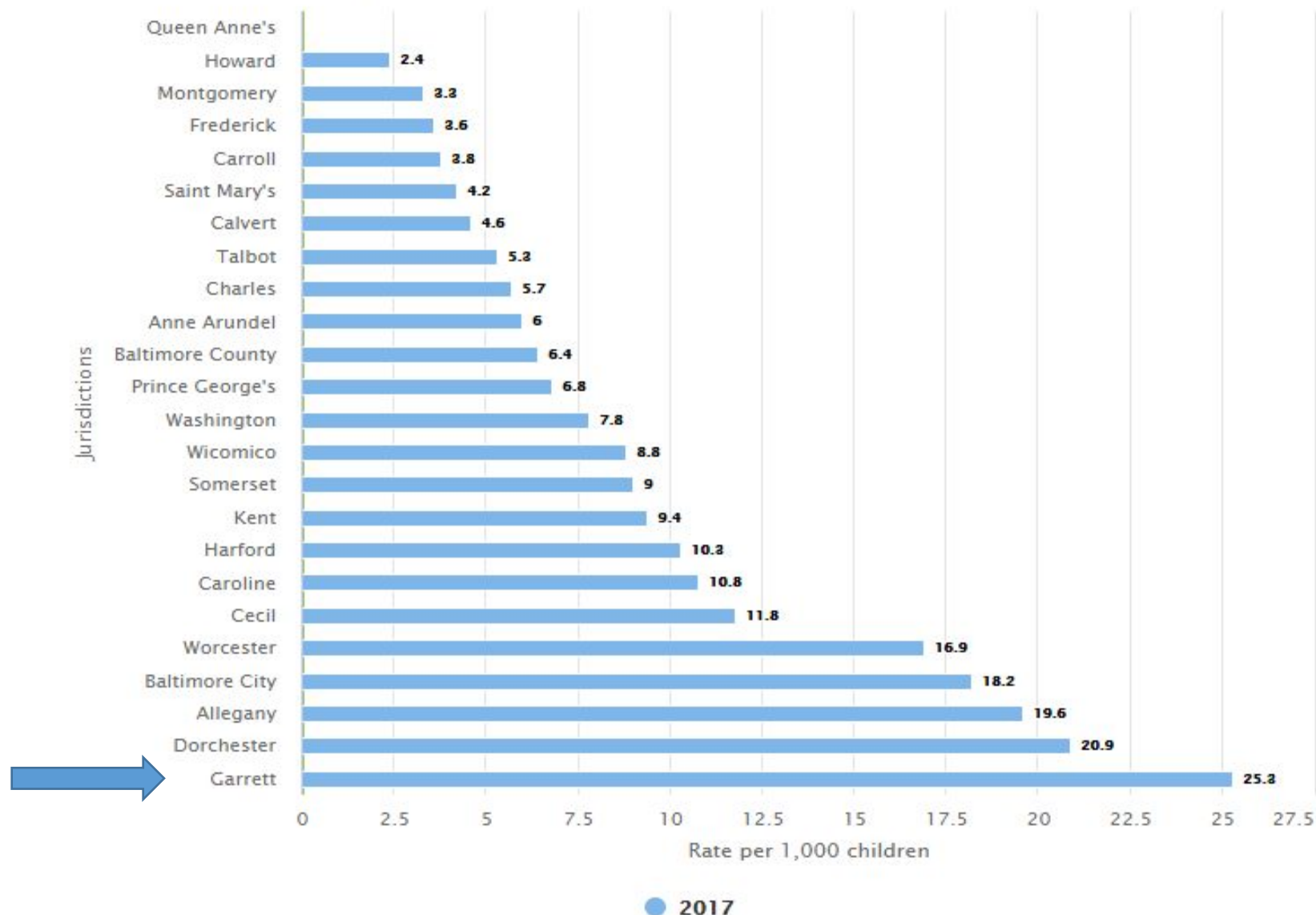
# Healthy Communities

	Meets or Exceeds State Goal	Needs Improvement
4 Meas ures	Pedestrian Injury Rate On Public Roads	Children Maltreatment Rate
	Affordable Housing	
	Domestic Violence	

# CHILD MALTREATMENT

This indicator shows the rate of children who are maltreated per 1,000 population under the age of 18. Child abuse or neglect can result in physical harm, developmental delays, behavioral problems, or death. Abused and neglected children are at greater risk than other children for delinquency and mistreatment of their own children

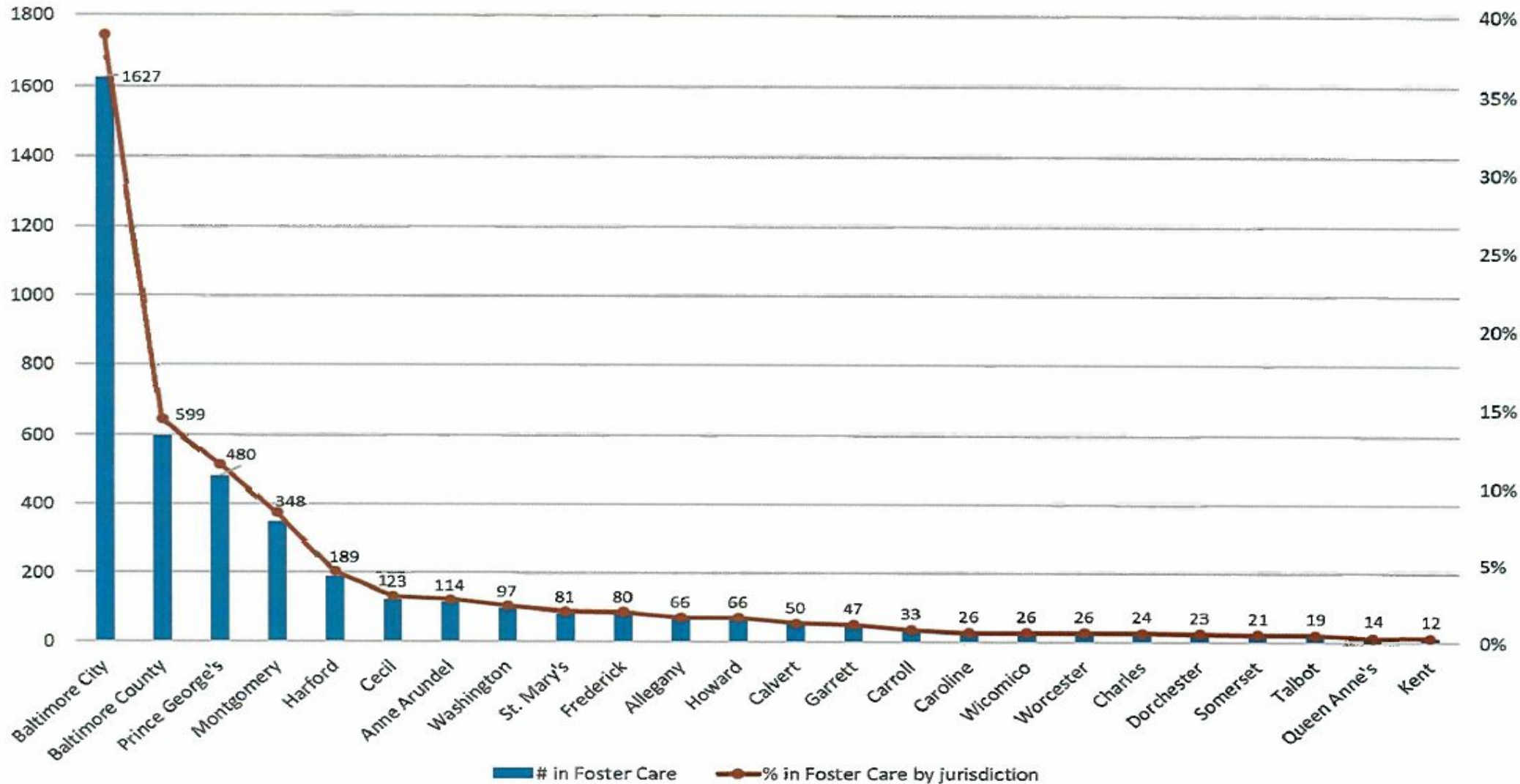
County Data (Most Current)



# in Foster Care

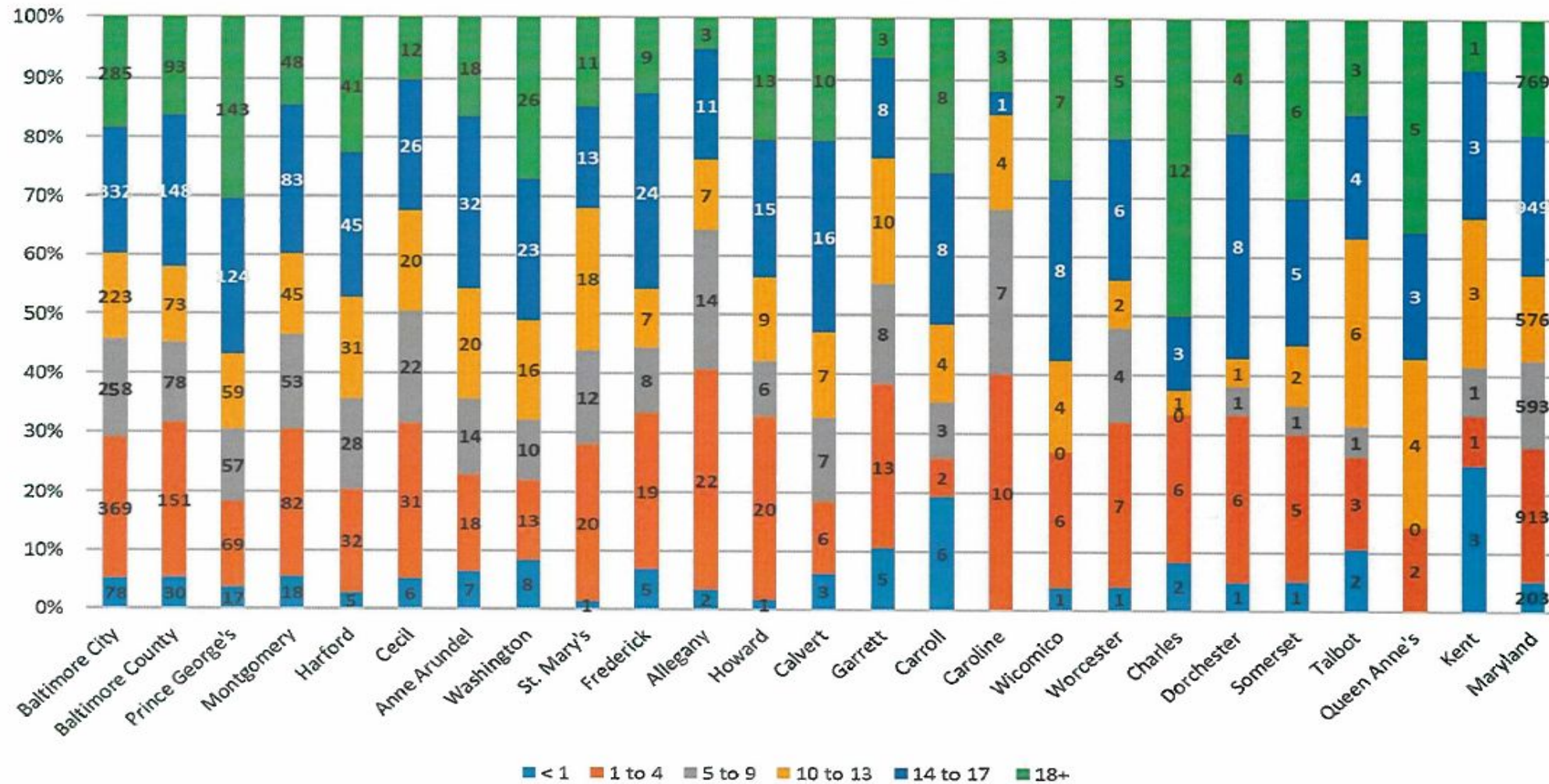
## Foster Care population count/percentages as of May 16 2022

% in Foster Care  
by jurisdiction



Source: FC Milestone as of 5/16/2022

## Foster Care population by age group






Maryland %	5%	22%	14%	14%	23%	18%
Age	< 1	1 to 4	5 to 9	10 to 13	14 to 17	18+

Source: FC Milestone as of 5/16/2022

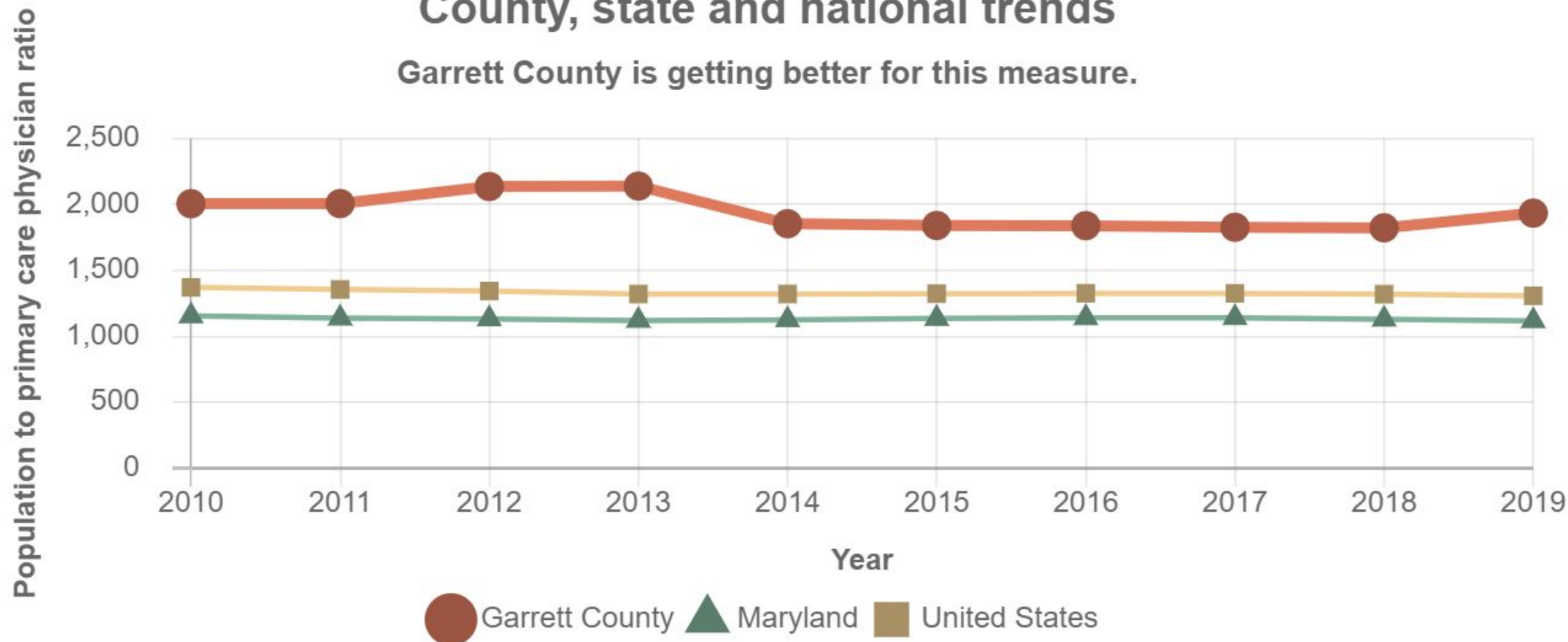


# Access To Care

	Meets or Exceeds State Goal	Needs Improvement
4 Measures	Uninsured ED Visits	
	Children Receiving Dental Care in The Last Year 	<b>*WORST IN THE STATE*</b> <b>Adolescents Who Received            A Wellness Checkup In The            Last Year</b> 
	Persons With A Usual Care Provider 	

## Primary care physicians in Garrett County, MD County, state and national trends

Garrett County is getting better for this measure.

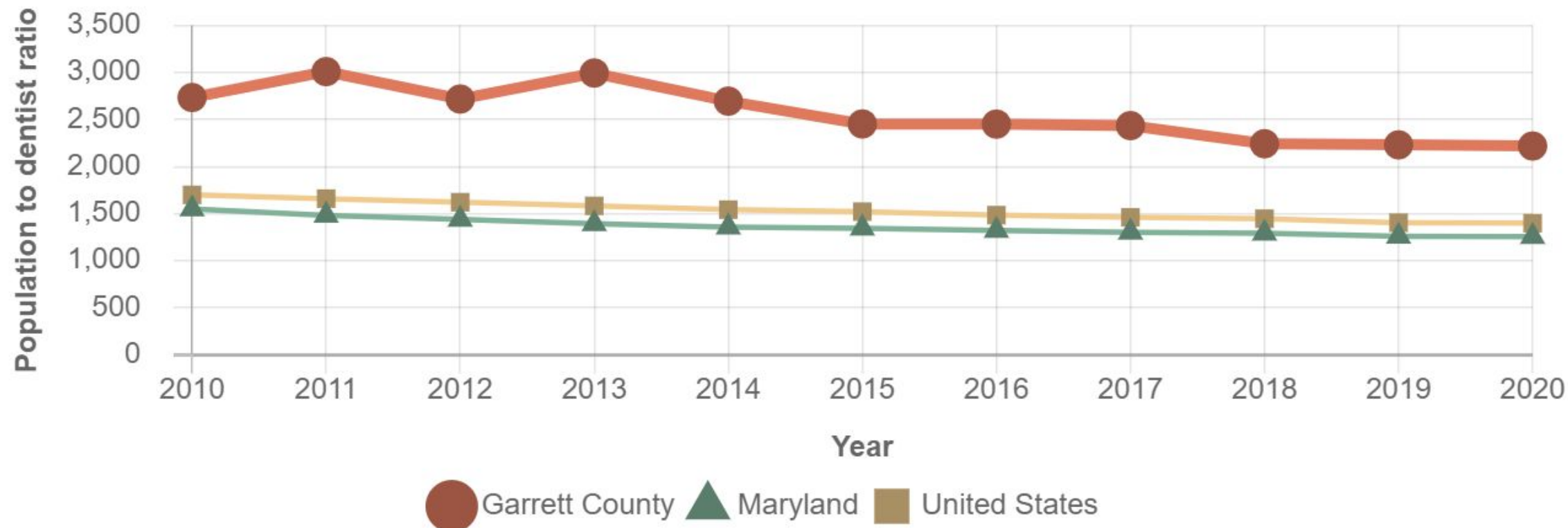


Notes:

The data in this table reflect the average population served by a single primary care physician.

## Dentists in Garrett County, MD County, state and national trends

Garrett County is getting better for this measure.

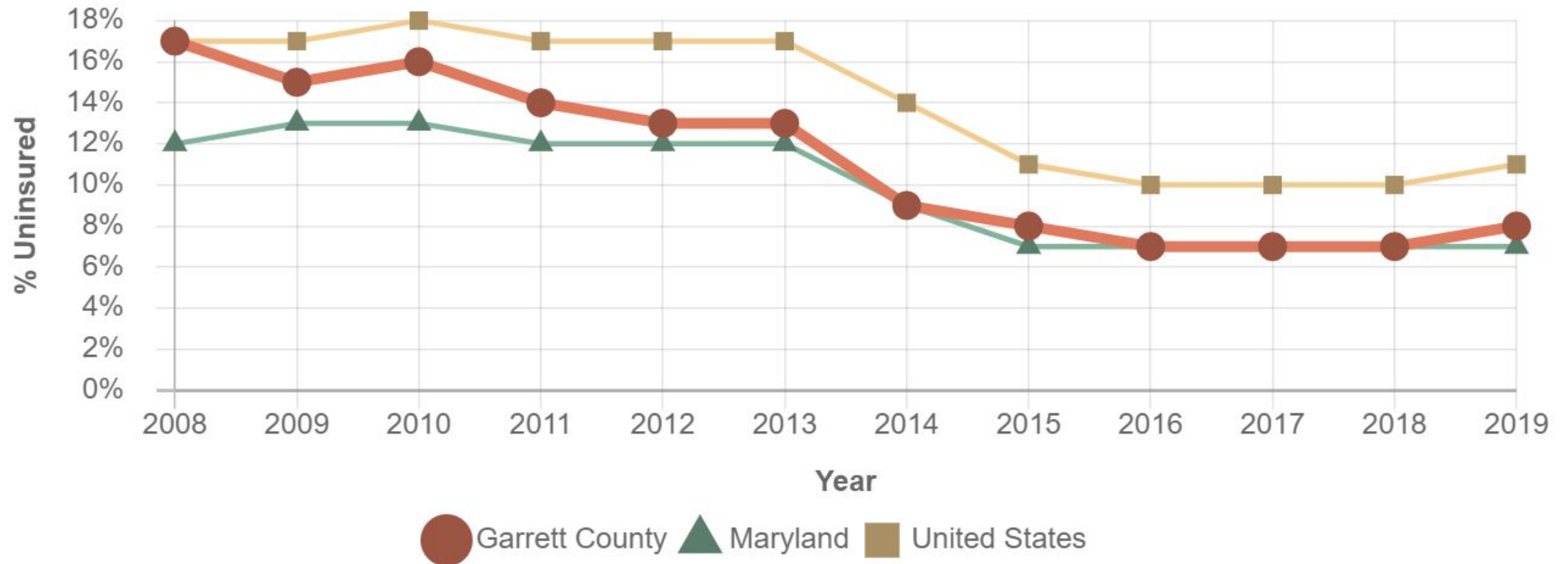


Notes:

The data in this table reflect the average population served by a single dentist.

## Uninsured in Garrett County, MD County, state and national trends

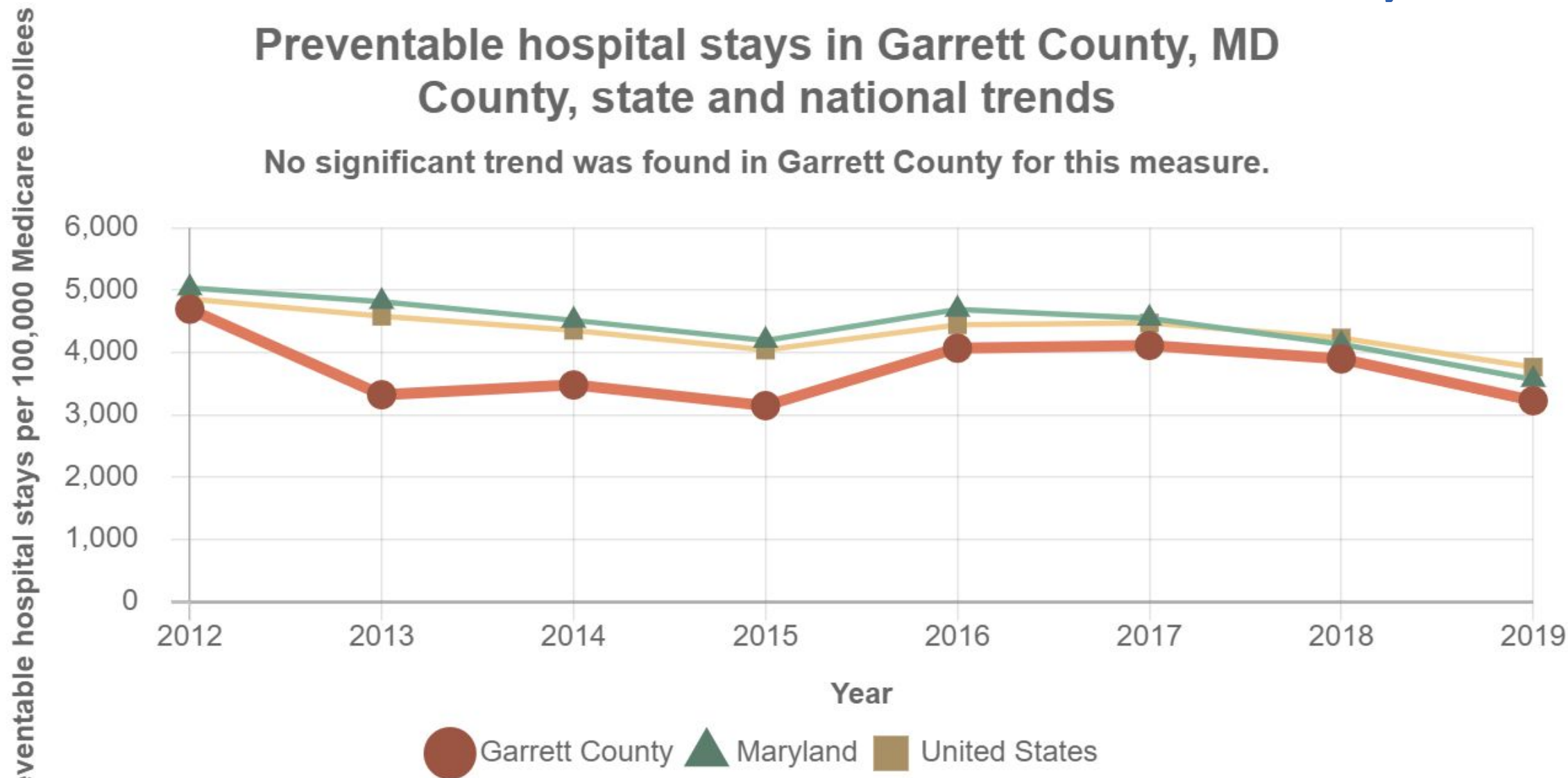
Garrett County is getting better for this measure.





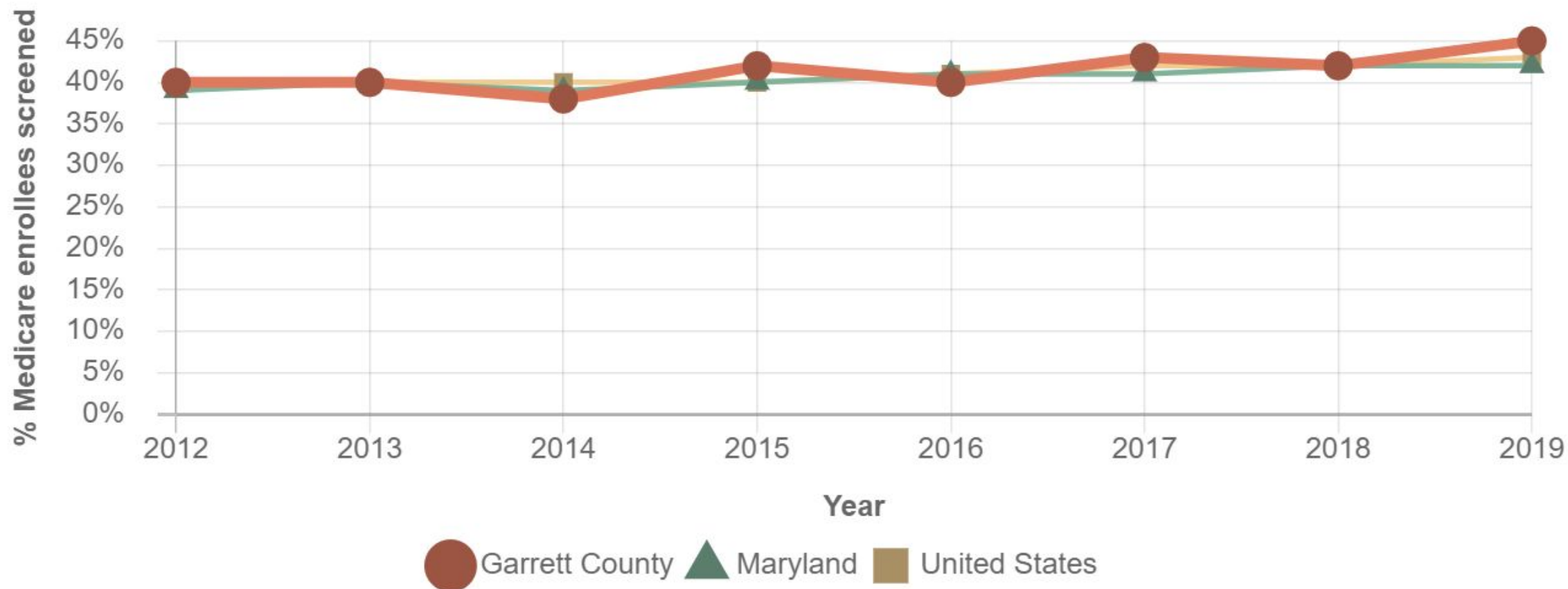
## Preventable hospital stays in Garrett County, MD County, state and national trends

No significant trend was found in Garrett County for this measure.



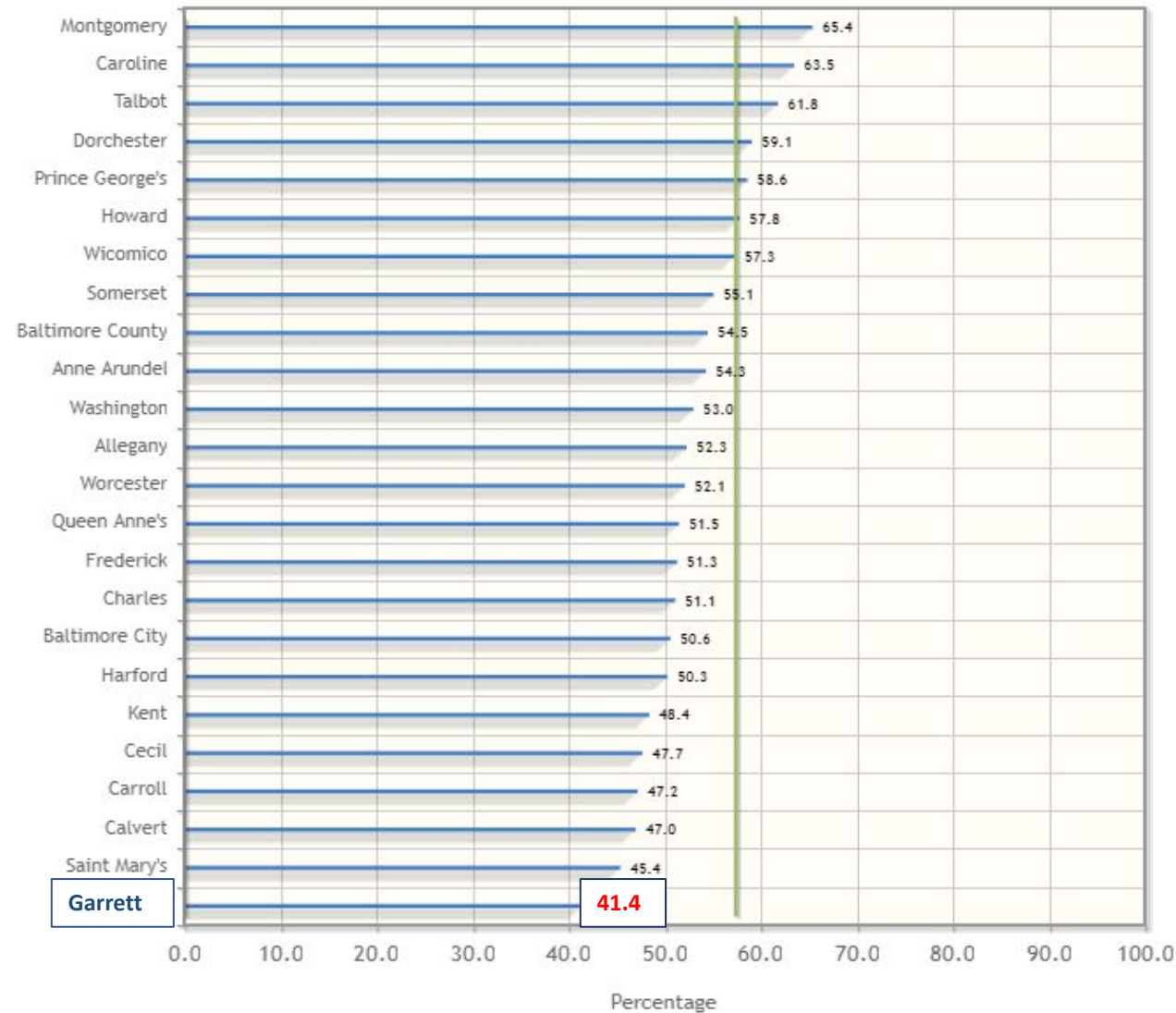
## Mammography screening in Garrett County, MD County, state and national trends

Garrett County is getting better for this measure.

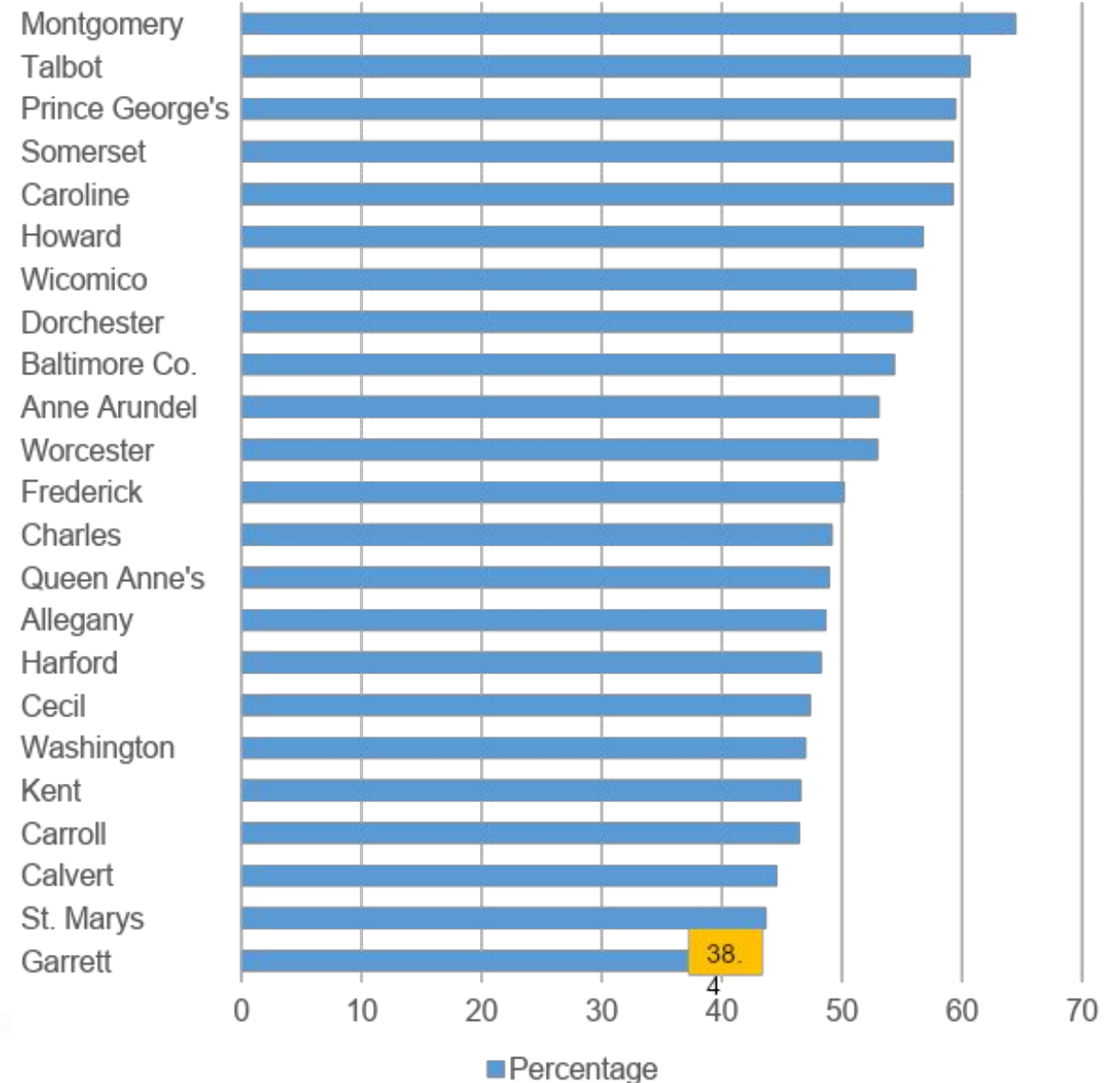


# Adolescents who received wellness checkup in last year





Measurement Period 2016



Measurement Period 2017



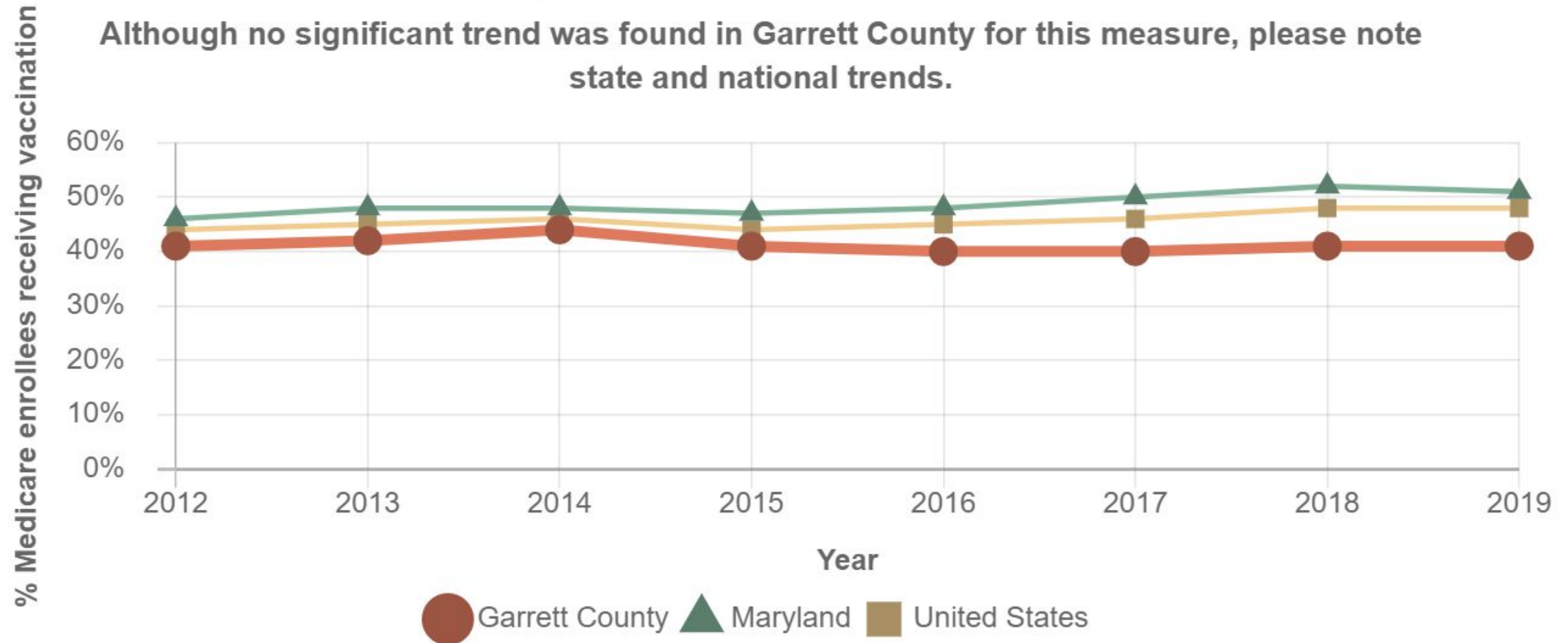
# Quality Preventive Care

	Meets or Exceeds State Goal	Needs Improvement
10 Measures	*4th Best In The State* Age-Adjusted Mortality Rate From Cancer	Hospitalization Rate Related to Alzheimer's or other dementias 
	ED Visit Rates Due to: I. Hypertension (3 <sup>rd</sup> Best in State) II. Addiction Related Condition	ED Visit Rates Due to: I. Mental Health Conditions II. Asthma III. Heart Disease IV. Diabetes 
	ED Visit Rate Due to Dental Care 	Annual Seasonal Flu Vaccinations 



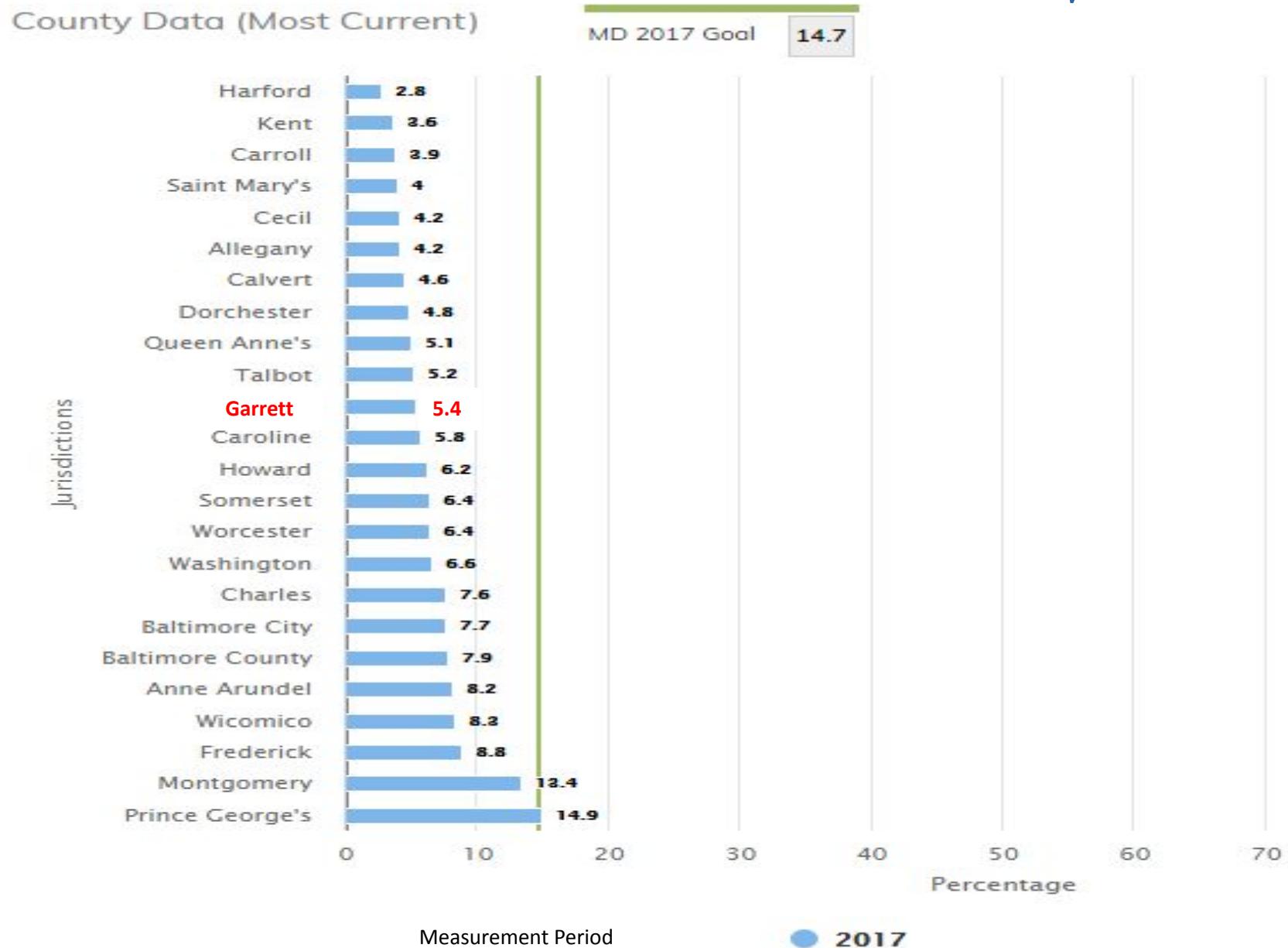
## Flu vaccinations in Garrett County, MD County, state and national trends

Although no significant trend was found in Garrett County for this measure, please note state and national trends.



# UNINSURED EMERGENCY DEPARTMENT VISITS

This indicator shows the percentage of persons without health (medical) insurance.



# COVID 19 Current Data

## MARYLAND

- Rate/100,000 37.6
- Vax 12+: 83.1%
- Deaths: 14,314
- Hospitalized: 70,413

## GARRETT

- Rate /100,000: 12.8
- Vax 12+: 57.2%
- Deaths: 115
- Hospitalized: 346

# 678,846

PAGEVIEWS SINCE LAUNCH

# 70+%

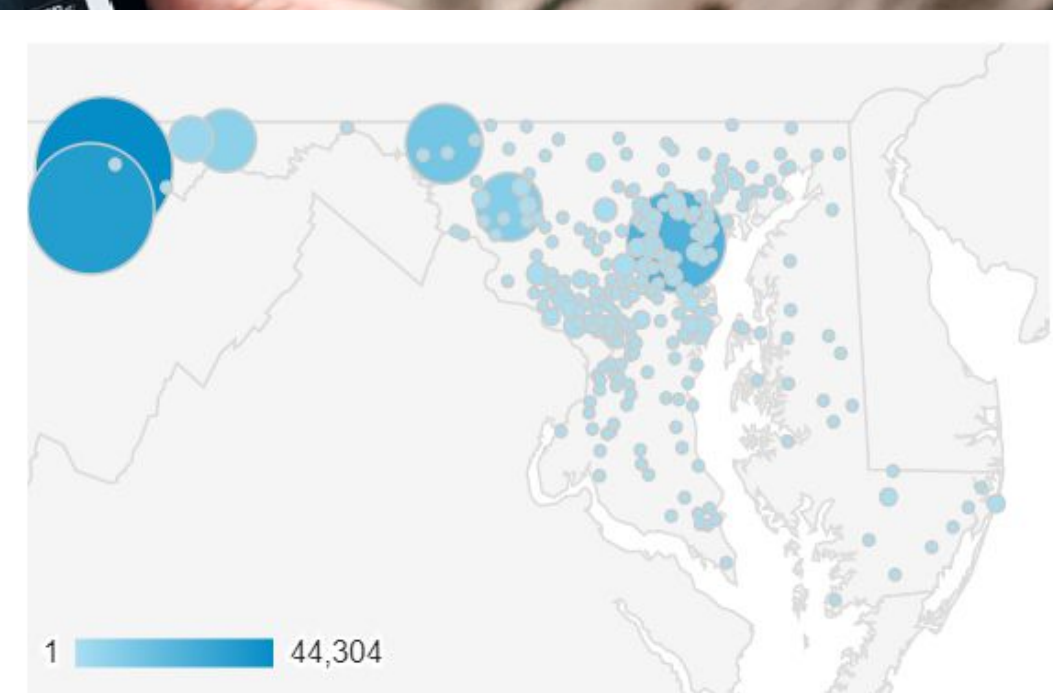
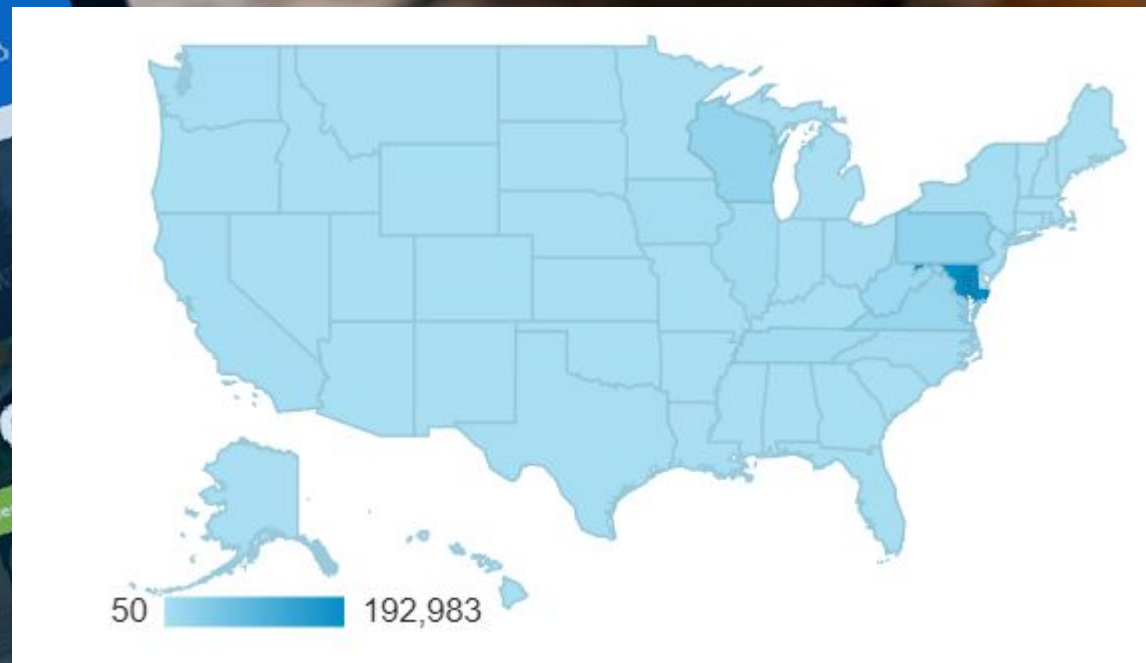
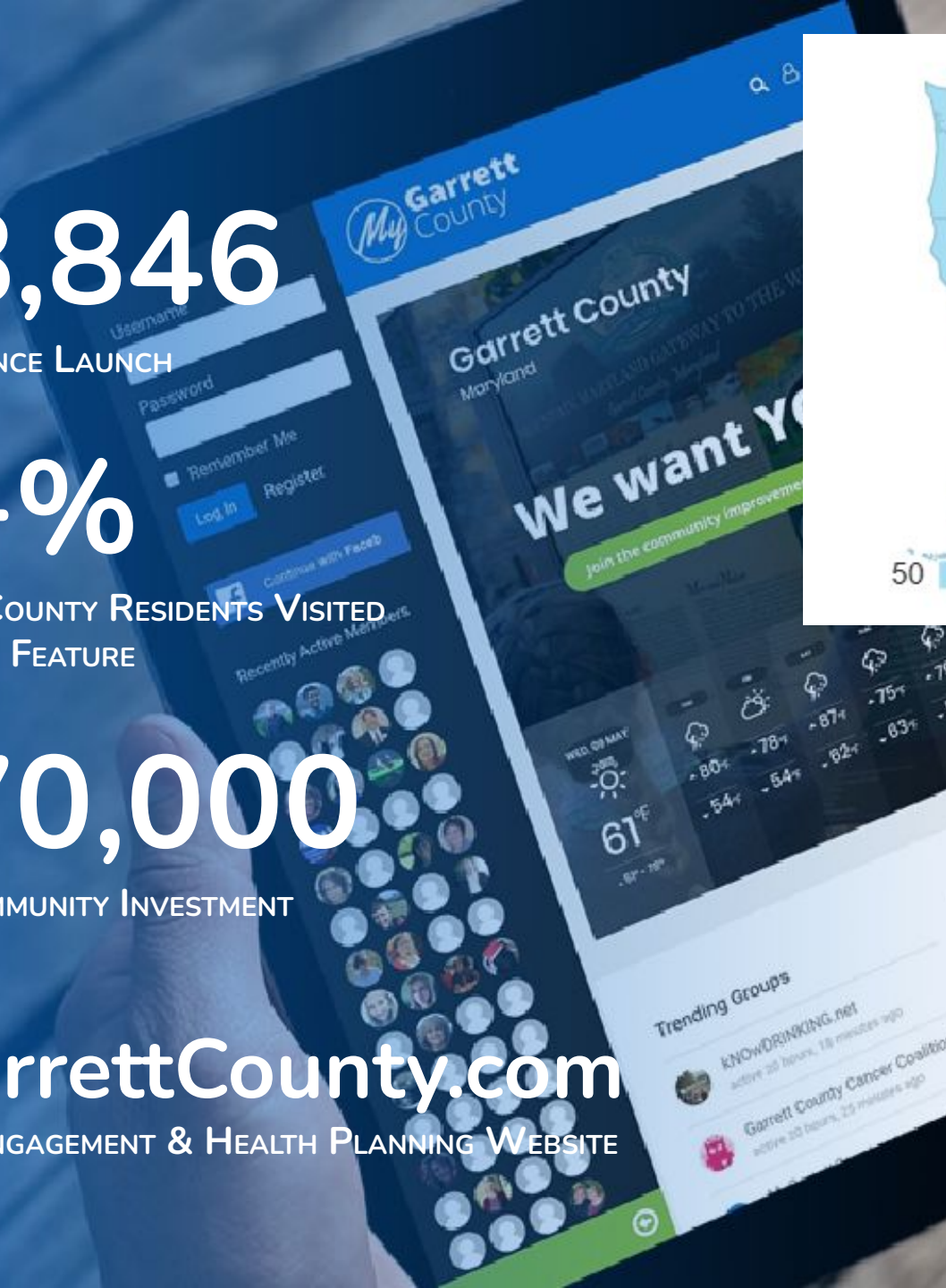
OF GARRETT COUNTY RESIDENTS VISITED  
AT LEAST ONE FEATURE

# \$270,000

EXTERNAL COMMUNITY INVESTMENT

## MyGarrettCounty.com

COMMUNITY ENGAGEMENT & HEALTH PLANNING WEBSITE





## May 2022 Utilization

<input type="checkbox"/>	Name	Count	Categories
1	Garrett Regional Medical C...	4152	hospitals-and-health-servic...
2	Garrett Orthopedic Physica...	3431	physical-therapy
3	Lakeview Integrative Welln...	3191	mental-health-services
4	Sincell Publishing Compan...	2874	newspapers
5	Hammond Heights	2734	aging-populations;housing
6	Garrett Medical Group Urg...	2689	hospitals-and-health-servic...
7	Garrett County Center for B...	2682	youth-services;counseling;ah
8	Mary Browning Senior Cent...	2665	
9	Garrett County Weekender	2661	newspapers
10	Veterans Service and Benef...	2591	veterans
11	WVU Medicine/J.W. Ruby ...	2568	hospitals-and-health-servic...
12	Maryland State Police McH...	2511	police;emergency-services
13	Adult Evaluation and Revie...	2485	alzheimers;aging-populatio...
14	GC CARC	2414	wellness-programs
15	The Children's League- A C...	2398	children;disabled-populatio...
16	Substance Use Disorder Pr...	2396	counseling;ah
17	Garrett County Local Mana...	2202	government;ah
18	Garrett Transit Service (GTS)	2195	community-action;transpor...
19	Dental Care	2125	oral-health;public-health;w...
20	GRMC Urgent Care	2093	hospitals-and-health-servic...

## May 2022 Utilization

1	Resource Recommended	Users
2	Garrett Regional Medical Center	8
3	Adult Evaluation and Review Services - AERS	6
4	Dr. Paul Daniel Miller's Office	6
5	Sincell Publishing Company/The Republican Newspaper	6
6	Garrett Medical Group Urgent Care	6
7	Garrett County Center for Behavioral Health	6
8	Garrett County Weekender	5
9	Rotary Club of Oakland, MD	5
0	Area Agency on Aging	5
1	WVU Medicine/J.W. Ruby Memorial Hospital Nurse Residency Program	5
2	Maryland State Police McHenry Barracks	5
3	Mary Browning Senior Center	5
4	Hospice of Garrett County	5
5	Garrett County Department of Social Services	5
6	Garrett County Sheriff's Office, Sheriff Rob Corley	5
7	Ruth Enlow Library of Garrett County - Oakland Branch	5
8	Garrett Orthopedic Physical Therapy and Rehabilitation (GoPT)	5
9	WMHS Outpatient Behavioral Health Services	5
0	The Oakland Community Center	5
1	Grantsville American Legion Post 214	5
2	Garrett Treatment Center	5
3	Clerk's Office	5
4	Division-Parole & Probation	4
5	Oakland-Mt. Lake Park Lions Club	4
6	GC CARC	4
7	Personal Health Garrett County Health Department	4
8	GRMC Urgent Care	4
9	Allegany County Health Department Dental Clinic	4
0	Substance Use Disorder Program	4





\$222,986

EXTERNAL FUNDING TO SUPPORT CHRONIC DISEASE INITIATIVES



FREE Maryland State Park Passes



FREE CARC Gift Cards to Use for Passes, Day Access, Etc...



FREE 30-Day Passes to Wildwood



# Priorities for 2022

- Prevent local outbreaks of SAR CoV-2 (COVID-19)
- Chronic Disease, focusing on risk factors-nutrition, physical Activity and tobacco
- Access to Care & Linkages to Community Resources
- Behavioral Health: Mental Health & Substance Use
- Family Structure with emphasis on maternal, child and adolescent health
- Social Determinants of health, specifically economic inequities and poverty