For more information about this program please call: 301-616-1893 or 301-334-7680

Garrett County Behavioral Health Center

Older Adult Outreach Program

What People Are Saying:

I’m so glad to have the company! - Participant

Information is always timely and presented in such a way as to be easily understood.
- Partner Agency Staff Person

I appreciate you trying to help me. - Participant

Program is funded by:
Garrett County Behavioral Health Authority
The Maryland Department of Health/Behavioral Health Administration
Who is served by the outreach program?

Individuals aged 60 and over who are Garrett County residents. The outreach worker can meet with the individual and/or family members to provide behavioral health support, information, assistance with coordination of services, planning, and referral.

Geriatric Outreach Worker:
Maryland licensed social worker trained/specializing in older adults’ behavioral health and community resources.

Outreach Services for Older Adults

- Meeting with the older adult in the person's home.
- Meeting with the older adult and his or her family to assist with resources, providing support, offering mental health information and referral.
- Encouragement of social engagement.
- Coordination and collaboration with health care providers.
- Providing phone contact if the older adult is not interested in a home visit.
- Spend time with the older adult in positive behavioral health activities such as reminiscence - encourage to enjoy living your life by sharing your memories or pictures.
- Outreach to area senior centers to provide education.
- Optional depression screening available.

This Program is voluntary and there is no fee for this service.