Status of Health

January 2010
## Garrett County Demographics

<table>
<thead>
<tr>
<th>Total Population</th>
<th>2000</th>
<th>29,846</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2008</td>
<td>29,698</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Males</td>
<td>14,646</td>
<td>(49.3%)</td>
</tr>
<tr>
<td>Females</td>
<td>15,052</td>
<td>(50.7%)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>29,211</td>
<td>(98.3%)</td>
</tr>
<tr>
<td>Black or African American</td>
<td>286</td>
<td>(.9%)</td>
</tr>
<tr>
<td>American Indian &amp; Alaska Native</td>
<td>24</td>
<td>(.--)%</td>
</tr>
<tr>
<td>Asian &amp; Other Pacific Islander</td>
<td>72</td>
<td>(.2%)</td>
</tr>
<tr>
<td>Hispanics</td>
<td>205</td>
<td>(.6%)</td>
</tr>
</tbody>
</table>

Source: Maryland Vital Statistics Administration
Demographics (cont.)

People of All Ages in Poverty (13%)

Percentage of Persons below 200% of Fed. Poverty Index (45.5%)

Persons under 18 years of age (22%)

Persons 65 years old and over (16.6%)

Median Household Income 2008 $45,084
Median Household Income 2008 (MD) $70,005

Sources: U.S. Census Bureau, Population Estimates Program
Percent of total population in poverty, Maryland 2007

Source: Bureau of the Census, Small Area Income and Poverty Estimates
Maternity and Child Health Data
Number of Garrett County Births

Average Number of Births
1990 – 1999 = 380
2000 – 2008 = 316
Births to Adolescents
Ages 15-17

*Total births per 1,000 women ages 15-17
Percentage of Births Delivered by C-Section

- 2000: 15.9%
- 2001: 17.7%
- 2002: 22.7%
- 2003: 20.2%
- 2004: 26.9%
- 2005: 28.7%
- 2006: 21.9%
- 2007: 28.6%
- 2008: 26.4%
- MD: 24.3%, 25.6%, 27.7%, 28.7%, 30.6%, 31.6%, 32.6%, 33.6%, 33.6%
- Garrett: 22.7%, 20.2%, 26.9%, 28.7%, 28.6%
Infant Mortality Rate
Per 1,000 Live Births

2 Deaths
5 Deaths
# WIC Participation

<table>
<thead>
<tr>
<th>Year</th>
<th>Average Monthly Participation</th>
<th>Unduplicated Participant Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>1999</td>
<td>1,005</td>
<td>1,033</td>
</tr>
<tr>
<td>2000</td>
<td>1,017</td>
<td>1,344</td>
</tr>
<tr>
<td>2001</td>
<td>998</td>
<td>1,305</td>
</tr>
<tr>
<td>2002</td>
<td>938</td>
<td>Not Available</td>
</tr>
<tr>
<td>2003</td>
<td>936</td>
<td>Not Available</td>
</tr>
<tr>
<td>2004</td>
<td>994</td>
<td>1,378</td>
</tr>
<tr>
<td>2005</td>
<td>935</td>
<td>1,451</td>
</tr>
<tr>
<td>2006</td>
<td>904</td>
<td>1,391</td>
</tr>
<tr>
<td>2007</td>
<td>964</td>
<td>1,451</td>
</tr>
<tr>
<td>2008</td>
<td>1016</td>
<td>1,337</td>
</tr>
<tr>
<td>2009</td>
<td>1018</td>
<td>2,157</td>
</tr>
</tbody>
</table>
Mortality Data
Comparison of County Age-adjusted Death Rates* for All Causes with the Maryland State Average, 2006-2008.
Comparison of County Age-adjusted Death Rate for All Causes for MD, 2006-2008

Source: Maryland Vital Statistics
Age-adjusted Death Rates Per 100,000 Population
Diseases of the Heart –2006-2008

Source: Maryland Vital Statistics / DHMH
Comparison of County Age-adjusted Death Rates* for Heart Disease with the Maryland State Average, 2006-2008.

*Rates are shown on Table 6G.
Comparison of County Age-adjusted Death Rates* for Malignant Neoplasms with the Maryland State Average, 2006-2008.

Average age-adjusted death rate per 100,000 population
- Rate significantly lower than Maryland average
- Rate not significantly different from Maryland average
- Rate significantly higher than Maryland average

*Rates are shown on Table 50.
Age-adjusted Death Rates Per 100,000 Population
Malignant Neoplasms, 2006-2008

Source: Maryland Vital Statistics / DHMH
Accident Related Death Rate
2004-2006

Source: DHMH, Vital Statistics
ADULT HEALTH SURVEY DATA

Behavioral Risk Factor Survey Scale
2005
Hypertension

Are you currently taking meds. for high blood pressure?

Source: 2005 BRFSS
Cholesterol
Have you ever had your blood cholesterol checked?

Source: 2005 BRFSS
Cholesterol

Had blood cholesterol checked in past 5 years?

Source: 2005 BRFSS
Immunization

During the past 12 months have you had a flu shot?

2005 BRFSS
Immunization

During the past 12 months have you had a flu shot?

Source: 2005 BRFSS
Immunization

Have you ever pneumonia shot

Source: 2005 BRFSS
Immunization

Have you ever had a pneumonia shot?

Source: 2005 BRFSS
Tobacco
Adults who are current smokers

Source: 2005 BRFSS
Alcohol Consumption: During the last 30 days have you had at least 1 alcoholic drink

Source: 2005 BRFSS
Binge Drinking: Percent of adults having 5 or more drinks on one occasion in the past month.

Source: BRFSS - 2006
Heavy Drinkers: Adult men having >2 drinks/day and women having > 1 drink/day

Source: BRFSS - 2006
Heavy Drinkers: Adult men having >2 drinks/day and women having > 1 drink/day

Source: BRFSS - 2005
Oral Health

How long has it been since you visited a dentist?

Source: 2005 BRFSS
Indoor Air Quality

During the last 12 months, how many days have you used a wood, coal or kerosene heater inside your home?

Source: 2005 BRFSS
Percentage Reporting **Any** Exercise in the Last Month

Source: 2005 BRFSS
Youth Survey Data
Percent of students who **ever used** any form of alcohol

Source: Maryland State Dept of Education
Maryland Adolescent Survey

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey
Percent of students who used any form of alcohol in the **last 30 days**

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey
Percent of students consuming **five or more** servings of alcohol on the same occasion in the **last 30 days**

1992 question was for beer and wine only

Source: Maryland State Dept of Education
Maryland Adolescent Survey
Percent of students consuming **five or more** servings of alcohol on the same occasion in the **last 30 days**

Source: Maryland State Dept of Education
Maryland Adolescent Survey

1992 question was for beer and wine only
Percent of students who **ever used** any drug other than alcohol or tobacco

Source: Maryland State Dept of Education
Maryland Adolescent Survey
Percent of students using any drug other than alcohol or tobacco in the last 30 days

Source: Maryland State Dept of Education
Maryland Adolescent Survey

1992 question not asked
Percent of students using Marijuana (pot, grass) or hashish in last 30 days

Source: Maryland State Dept of Education
Maryland Adolescent Survey

1992 question not asked
Percent of students using Heroin in the last 30 days

Source: Maryland State Dept of Education
Maryland Adolescent Survey

1992 question not asked
Addictions Treatment Data
Opiate Admissions to Treatment Programs (Garrett County)

*Other include but is not limited to prescription opiate abuse

Maryland Alcohol and Drug Abuse Administration
Outlook and Outcomes
FY 2009 ADAA Funded
Admissions by Primary Problem

- Benzodiazepine: 1
- Cocaine/Crack: 2
- Heroin: 6
- Marijuana/Hashish: 13
- Other Opiates and Synthetics: 22
- Alcohol: 56
- Amphetamines: 184
- Inhalants: 16

Source: SAMIS
Status of Health Data

- State Generated Data - Vital Statistics
- Local Data
- U.S. Census Data
- Community Surveys and Focus Groups
- Behavioral Risk Factor Survey
- Youth Behavioral Risk Survey
- Maryland Adolescent Survey
- MHCC
- Maryland Youth Tobacco Survey
- Cancer Registry